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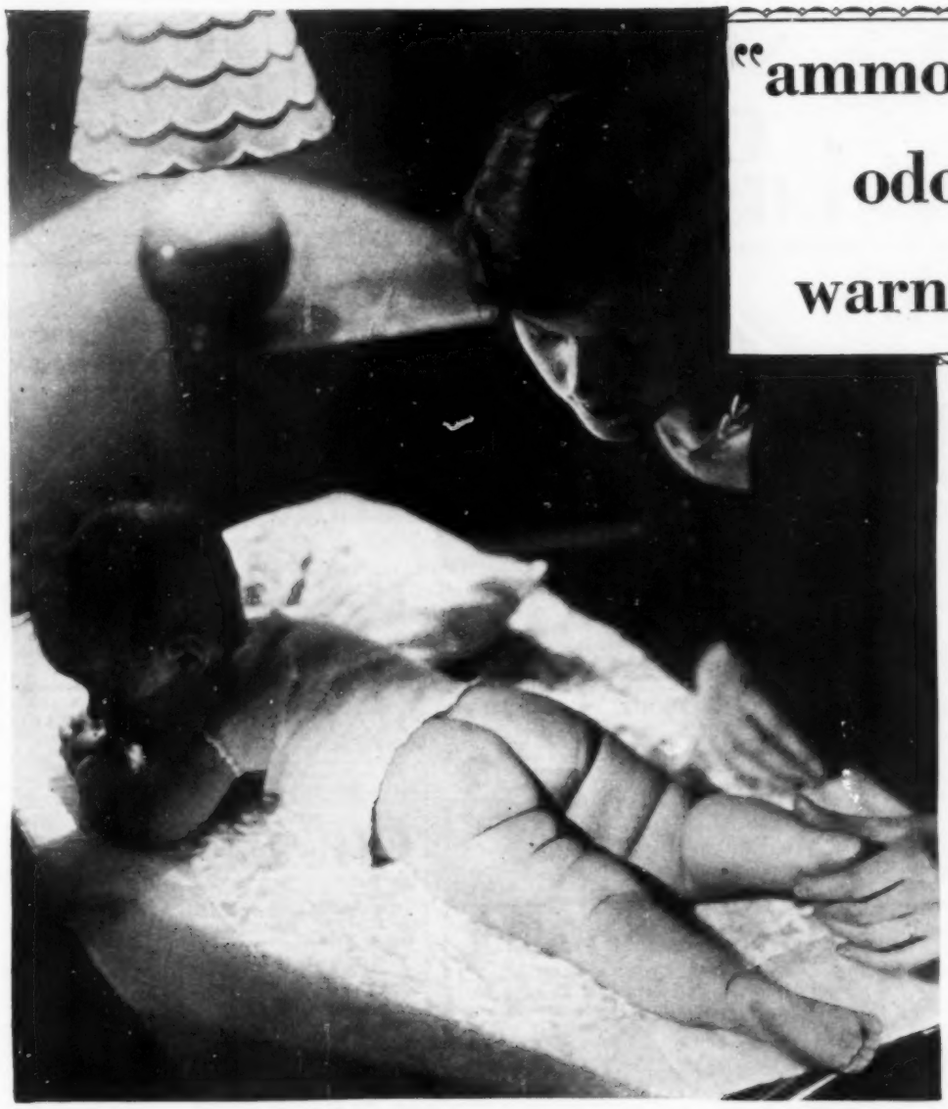

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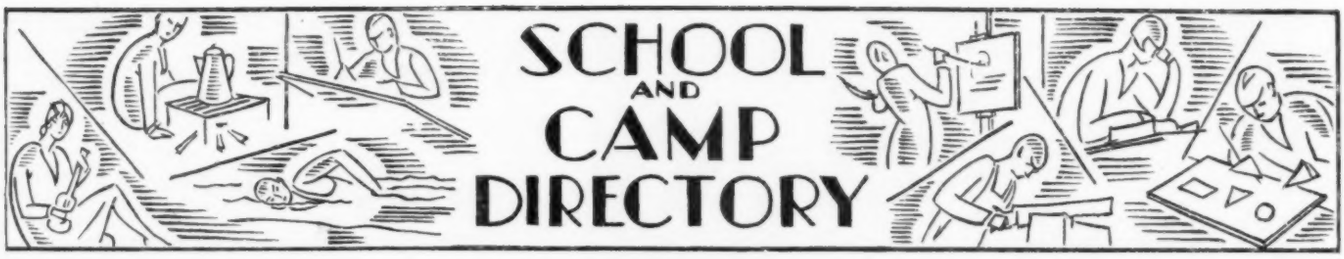

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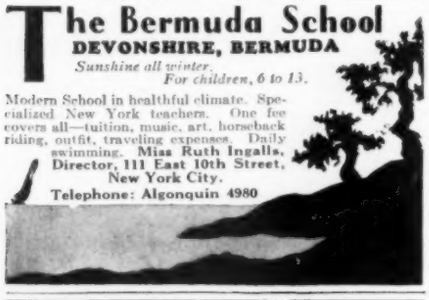

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Parents Face the Censor

An Editorial Message

By Clara Savage Littledale

Managing Editor, Children, *the Parents' Magazine*

WE have frequently recommended to you, our readers, a pamphlet entitled, "The Sex Side of Life, An Explanation for Young People," by Mary Ware Dennett. We did so because in our opinion it is one of the finest, most straightforward, most complete statements concerning this side of life that has ever been written.

We still recommend this pamphlet to you. But it can no longer be sent through the mails. On April 24th a jury in the Federal Court, Brooklyn, N. Y., pronounced it "obscene" and Mrs. Dennett faced the alternative of going to jail or paying a fine.

The editors of this magazine were not alone when they expressed their enthusiastic appreciation of "The Sex Side of Life." They were in good company. Thousands of copies of it had been put into the hands of adolescent boys by the Y. M. C. A. It had been distributed by the Y. W. C. A., the Child Study Association of America, the Union Theological Seminary, by church groups, social and child welfare organizations and other kindred agencies, as well as by men and women of outstanding reputation in this country and abroad. This is eloquent testimony to the fact that those who stand highest in educational, religious, and welfare work found Mrs. Dennett's pamphlet of great value to youth.

But seated there in the courtroom with a grown son on either side—those sons for whom, as boys of eleven and fourteen, she had written "The Sex Side of Life"—Mrs. Dennett heard the foreman of the jury give the verdict "Guilty." Guilty of what? Of trying to the best of her ability to tell boys and girls who are beginning to grow up not merely the physical facts concerning sex, particularly as expressed in the marriage relation, but to show them the deeply spiritual and esthetic values of this relation, to make clear to them the goodness, beauty and joy that are concomitants of this side of life when rightly understood and rightly lived.

But this pamphlet of Mrs. Dennett's is not the only book or pamphlet which states the facts concerning the sex side of life. There are many others. How will the verdict in Mrs. Dennett's case affect them? How will it affect this whole question of the sex instruction of our children? If this verdict becomes a precedent, other pamphlets and books on sex education may likewise be barred from the mails. And yet wholesome knowledge in this field was never more needed! The question, then, which we would raise here above all others is this: How far shall censorship be allowed to go? Shall you as parents be able to decide for yourselves what information, what point of view, regarding the sex side of life you will give your sons and daughters? Or shall a censor decide this for you?

"The future of the race marches forward on the feet of little children"—*Phillips Brooks*

As quick to restore energy as sleep itself

KEEP HER ENERGY ALWAYS BUBBLING

HUNGRY. Hungry. *Really hungry!* Little legs have scampered many happy miles since breakfast. Now little appetites are anything but little—though it is only 11.00 o'clock.

No wonder! So much energy scattered to the winds. Energy that must be built up again—*quickly*.

Of course sleep would do it. But 11.00 A. M. is no time for healthy youngsters to stay indoors. They need every bit of outdoor exercise and sunshine you can give them. And they need—greatly—in the middle of these strenuous mornings, a light nourishing pick-me-up to replace the gay energies spent in play.

They need just such a food as Borden's energy-developing Chocolate Malted Milk. Healthful, delicious. Easy to digest. A glass of it effectively yields new energy—just as does a restful sleep!

For it is practically a complete meal in itself. Made from nourishing wheat and barley grains and *whole* milk with all the rich cream left in, it contains the vital food elements that growing bodies need. Tissue-building proteins, energy-making carbohydrates, bone-producing lime salts, precious vitamins.

Borden's Chocolate Malted Milk is an energy-making food that children love and need

Borden's Chocolate Malted Milk is especially useful for children who are growing fast. No matter how abundant their regular meals, these children need *extra* between-meal nourishment. Without it they may grow fretful, languid, tired-all-the-time. No zest for play.

To grow too fast is an enormous drain on young vitality. You will find doctors frequently prescribing Borden's Chocolate Malted Milk daily for these children. Energy-food makes energy.

Goodby to the old-fashioned, horrid-tasting tonics that could not even be coaxed down little throats!

But whether your child is sturdy or a bit underweight and irritable—Borden's Chocolate Malted Milk is always good. Mid-morning, mid-afternoon and at bedtime—when legs and nerves are weary—as well as with regular meals. You will find it at your grocer's or your druggist's.

☆ *If your child has suddenly started to grow like Jack's Beanstalk, adding ha'f-inches almost under your eyes, ask your family doctor whether a glass or two of Borden's Chocolate Malted Milk won't help tremendously to make young strength keep pace with the fast-growing frame. The Borden Company, 350 Madison Ave., New York City* ☆

BORDEN'S CHOCOLATE MALTED MILK

Photograph by Bachrach

Lovely in youthful comeliness,
Lovely all her life long in comeliness of heart

—TENNYSON

The Common Sense of Sex Education

Some parents go too far, others not far enough, in handling this problem. This authority outlines a sane, practical approach to the whole matter

By LAWSON G. LOWREY, M. D.
Director, Institute for Child Guidance, New York City

THERE seem to be two major types of pernicious attitudes displayed by parents toward the whole subject of sex. These must be understood before it is possible to reach rational conclusions regarding what the attitude and activities of parents should be in regard to the sex instruction of their children.

The first type of attitude is that which leads the parents to deny the need for any sort of activity on their part in relation to the sex problems of their children. For this, many different reasons are advanced by various parents. A common reason is that they believe the children, being "young and innocent," have no curiosity that might be called "sex curiosity," and display no interest in the sexual or reproductive side of life and therefore need no instruction or guidance.

Many people think this type of attitude has long since disappeared. But one needs only to work for a short time with the parents who bring their children to a clinic because of behavior problems to discover that it has by no means been abandoned, but is in fact one of the most widespread of all the parental attitudes encountered.

Other parents do not believe in discussing such things with their children because they can not. They find the subject so embarrassing that it is impossible for them to talk about it. Their number is also large. They, however, frequently go to various people with questions as to what may be done, or to get someone to talk to their children about sex. Sometimes they go to the doctor, sometimes to the minister and sometimes to someone else who seems to have a grasp of the topic as well as contacts with children and their problems.

Other parents, a little different from this last group, are so seriously distressed by the problem that they insist on ignoring it. They are unwilling to admit that a sex problem could possibly exist either for them or their children or, indeed, for any children. These people are extremely difficult to work with because of their very profound emotional reactions on this topic. They frequently present other types of neurotic difficulties which make for trouble in adjusting themselves in their homes and with their friends, neighbors and children.

These groups of people who cannot or will not discuss sex matters either among themselves or with their children sometimes wake up with a considerable shock and discover that all their ideas, good resolutions, and good intentions have merely blinded them to happenings which disturb them greatly, once they are discovered.

In these modern days, with life as complex and as hurried as it is, with the opportunities for recreation as much diminished as they are, with outdoor play-life for children restricted as much as it is, it not infrequently happens that types of play of which a parent is unaware creep into a neighborhood. Only when something happens that is rather serious is there any recognition of the point that what is called "sex play" may come into a neighborhood, as well as any other type of play.

I remember very well a mother who came to see me, extremely indignant over the fact that when her small daughter was brought to a clinic for help with a behavior problem, a story came out about certain sex play in the neighborhood. The child was very much frightened at the possibility of having to tell her mother, as the doctor had advised her to do. When she did confide in her mother she made it appear that the doctor had accused her of a wide variety of things and that she, out of sheer terror, had untruthfully admitted them. In point of fact, the details had come out after very little questioning, and the doctor had dealt with her very gently, accusing her of nothing and doing his best to convince her that she need not be afraid to discuss the matter with her mother.

The mother lived in a good neighborhood. She was herself what I would call a good mother, in the sense that she actually took a great deal of interest in what the child did, and believed that she knew where the child spent all of her time when she was at or around home. The facts were, however, that a (*Turn to page* 50)

For My Daughter

By EUNICE TIETJENS

THE memory of your face is a flower in the mind,
A warm sweetness in a craggy place.

The country of my mind is full of doubts and dangers.
It has quicksands of evasion and dusty plains of drought. Precipices of terrible truth are there, and chasms of darkness that must be leaped.
I cannot escape from the country of my mind.

But your face is a flowered sweetness, a fertile cranny where beauty dwells—and peace.

I warm myself in the memory of your face.

Illustrated by
H M. Bonnell

After High

College or work? A well-known psychologist tells of tests that should help you and your son or daughter to make the right choice

EVERY June thousands of boys and girls emerge from American high schools, either by graduation or by decision to leave school for work. The high schools of today are attended by more than three times as many pupils in proportion to population as was the case when the parents of these adolescents were of similar age. The question of what is to follow high school is on the minds of a greater percentage of people this year than ever before.

What do we know of the pupils attending American high schools at the present time? Can educators offer any general truths that may help young people and their parents to answer the question, After high school, what?

Although high-school pupils are, as a group, unusually intelligent wherever surveyed, nevertheless the group is now almost surely less unusual than was the case twenty or thirty years ago. Many of those who enter nowadays are not well enough adapted to intellectual effort to care to remain there. Those who graduate are still more highly selected, and even of these, *by no means all should go to college.*

Parents should face the fact that a large percentage of pupils today attending American high schools are not by nature suited to the work of colleges. This unsuitability may be based on various kinds of ineptitude, such as ill health, or nervous instability; but the kind of ineptitude which stands out most clearly in studies of college students is based on incapacity for abstract thinking. The good liberal arts college is so organized as to require a superior order of ability to work with symbolic relations. Only those who test far above average in this respect are adapted for happiness or success in college.

Thus, parents should carefully avoid the practice of committing a child to a particular college as soon as the child is born. No public declaration of intentions should be made until several years later, when parents have been convinced by the reports of teachers, by scholastic aptitude tests, or by other sufficient evidence that a son or daughter is actually suited to college. Few are more pitiable than those adolescents who have in babyhood been committed to college, and later find themselves unable to "make the grade." The blind struggles arising from such dilemmas sometimes lead to the most tragic results. Organized society helps the gifted youth whose parents cannot or will not educate him beyond high school, by means of scholarships and other bounties; but there is no organized aid for the child of powerful and ambitious parents, to release him respectably from the obligation to attempt college entrance for which he may be entirely unsuited.

Are there any general symptoms of intellectual aptitude for college, which a parent may recognize? It may be said, safely, that one who has stood consistently in the top quarter of his or her class through high school is likely to be successful at a good college. In the highly selected "prep" schools, the top three-quarters of a class are likely to qualify. (A few of the "prep" schools have such strictly selected pupils that to succeed in passing through one of these schools is in itself a certain sign of suitability for college.) Also, a boy or girl who has quite consistently been youngest or next to youngest in his or her class throughout school days, is very likely to be well adapted to college training. To these observations we may add that one who wants a college education enough to be willing to earn some part of what it costs, would probably benefit from college.

If an adolescent has rather consistently had trouble with high-school work, especially with algebra, Latin, geometry or physics; has tended to be among the older members of the class; and is not sufficiently eager for college to earn for it, the parent should consider it probable that no thought of college should be entertained. The adolescent should instead enter upon a vocational career, either by attending a trade school, or by "taking a job." In regard to this choice the psychologist is already able to offer a few suggestions of some value.

The idea that anybody can do any kind of work, if his "will-power" can be sufficiently aroused, is no longer advanced by those who know at first hand the results of psychological researches made in recent years. When tests of aptitude are given to workers in different occupations, it becomes clear that there are very great differences among the scores made by typical members. For instance, in tests of mental alertness, and of ability to deal with abstract symbols such as words and

We Change Our Name

BEGINNING with our August issue, the name of this magazine will be THE PARENTS' MAGAZINE. We are making this change for two reasons:

(1) *Because* with the name, CHILDREN, THE PARENTS' MAGAZINE, our publication has been generally referred to as "The Children's Magazine," which gives the impression to persons unfamiliar with it that it is a juvenile periodical.

(2) *Because* the word CHILDREN suggests that the magazine deals only with young children, while our scope is "from crib to college."

We feel, therefore, that the new name will make the purpose of our magazine clearer. Look for our new title:

The PARENTS' MAGAZINE
Formerly called "CHILDREN, The Parents' Magazine"

School—What?

By LETA S. HOLLINGWORTH

Associate Professor of Education, Teachers College, Columbia University
Author of "The Psychology of Adolescence"

numbers, the highest scores are made by members of the learned professions; the lowest scores are made by those doing unskilled manual work. Members of the skilled trades fall into a median position between these extreme groups.

Furthermore, it is shown that those vocations which retain in them persons making the highest scores, are much more restrictive in their requirements than the manual occupations are. A very intellectual person may become a day laborer, if he wishes to, or is compelled by circumstances; but no wishing or compelling can bring minds which are below a certain high level of alertness into engineering. A mind may and often does work far below its real ability to perform, but it cannot possibly accomplish tasks which exceed its scope.

In providing training or expectations for a youth, it is therefore of special value to realize clearly that the learned professions and modern business management tend strongly to exclude all but a few, that is, all but about fifteen to twenty per cent of the adolescents who are at any given time ready to begin vocational preparation or experience.

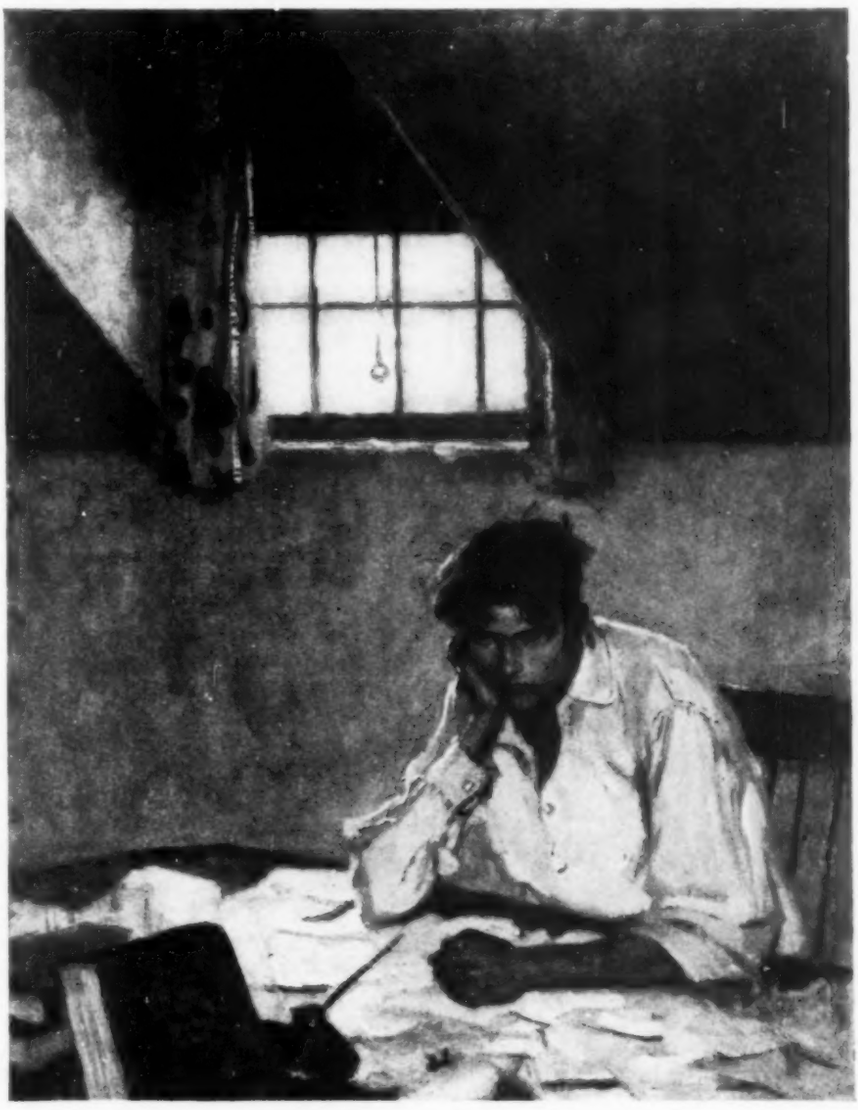
It is thus of great value to know that average adolescents (who by definition constitute the great bulk of the adolescent population) are well adapted by nature to the kinds of work which the world most demands—work concentrated upon the provision of food, clothing and shelter. This is the work of carpenters, bricklayers, tailors, cooks, agriculturists, weavers, truck-drivers, etc.

Just a word should be added here to guard against the implication that intelligence is the only factor of importance in determining vocation. It must be remembered that many other traits, such as emotional disposition, special talents such as that for music, physical appearance, health, sensory defects such as color-blindness, are of great importance, also. For instance, a boy who stutters will probably not make a good lawyer or preacher, no matter how bright he may be.

In the earlier periods, when human toil was only beginning to be differentiated, occupations were largely hereditary. The sons of a cobbler became cobblers. As time passed, the inheritance of occupation broke down, largely because children are not exactly like parents, though resembling them, in abilities.

Children, it is true, resemble parents strongly. When we test the children, however young they may be, of lawyers, clerks, carpenters and day laborers, for instance, we find that these children on the whole arrange themselves in the same order as their fathers do, in aptitude. This is true both for the United States and England, although equality of opportunity is believed by us to

(*Turn to page* 60)



¶ *These children of ours—just out of high school—must make decisions that will affect their whole lives*

Intelligence Is Affected by Food

By JOHN MUNROE, Ph.D.

Professor of Educational Psychology, Long Island University

Everyone Concerned With the Feeding of Children Should Know the New and Astounding Facts Revealed in This Article

A BOY'S or girl's intelligence is undoubtedly affected by the food he eats. I make this statement, revolutionary as it may seem, as the result of careful scientific research extending over a period of sixteen years. The facts disclosed by this research are now being made public and it is particularly important that they should be brought to the attention of all who are concerned with the care of children.

Sixteen years ago, in the town of Faribault, Minnesota, the children of the public schools were submitted to a set of intelligence tests then just beginning to be accepted by the leading educational authorities of the country. Three or four years later it was noticed by some of the teachers of the Faribault schools that the mental behavior of many of their pupils was not consistent with the results of these examinations. Children who had passed with fairly high ratings seemed to be dropping behind in their school work, while others, initially low, were showing unmistakable signs of advancement.

To assume, at that time, that intelligence could grow or decline was unpardonable heresy, but my curiosity was aroused to the point of prompting a second set of tests, resulting, quite to my surprise, in a substantiation of what I had but remotely suspected. The intelligence of many of the children had undergone changes. Some had dropped as far as eight points during the intervening years, while others had made corresponding gains.

Thus began sixteen years of investigations elaborating on the theory of the growth of intelligence and devoted to an analysis of its causes. About five thousand school children were measured and remeasured, nearly seven hundred of them, now grown to manhood and womanhood, remaining in the experiment from the beginning to the end. Three different kinds of tests were checked against each other to preclude the possibility of error in measurement. There were slight scale discrepancies at various levels, but the tendencies were consistently and obviously the same. In sixteen years' time it was found that intelligence quite often gained as much as thirty-five points. In nearly all seven hundred cases some gain or loss, however slight, was evident.

The next step was obviously to find out what factors had contributed to the gains and losses and why. Was environment the explanation, and if so which of the many influences coming under the general heading of environment was most responsible? Was it neighborhood surroundings, sanitation in the home, books, religious influences, or food?

Probably the most astounding result of the whole experiment was the discovery that intelligence is undoubtedly affected by food. A direct relationship was found to exist between nourishment and mentality. Where food was wholesome, intelligence had thrived, and where, as the result of poverty or slovenliness, food was inadequate and carelessly prepared, intelligence had declined. This conclusion was not hastily reached. Ten or more people had passed on an appraisal of the home surroundings of each child, grading each according to the education of his parents, the morals and religion in the home, the size and furnishings of his home, including library and musical equipment, the cleanliness and health conditions in his family, the food and cookery, and the occupation and income of his father. Each report was filed separately and the results compiled before any attempt was made at generalization.

Among the many side experiments on the relation between food and intelligence conducted during the sixteen years, perhaps the most illuminating was the following feeding test: Ten children were selected from families of average heredity and good environment. Every girl chosen for the group came from a family where there was a sister who could be used as a check. Similarly, each boy in the group had a brother who did not receive the benefits of special feeding and could be used as a check. The ten children in the test were fed chocolate-egg milk-shake twice a day for seven months, during the fall and winter seasons, when, according to prevailing opinion, (*Turn to page* 61)

Your Child Needs These Foods Daily

His mental and physical health depend upon them

- At 1 of the 3 daily meals:
  - An egg or meat
  - A cooked vegetable other than potato
- At 2 of the 3 daily meals:
  - Milk (at least a pint, better a quart)
  - Fruit:
    - At one meal fresh fruit (or raw green vegetable such as lettuce, or canned tomato)
    - At one meal fresh, canned or dried fruit
- At each of the 3 daily meals:
  - A half-inch pat of butter
  - A whole-grain cereal breakfast food
  - or
  - Whole-grain bread
  - or
  - Baked or boiled potato

Bureau of Home Economics, U. S. Department of Agriculture

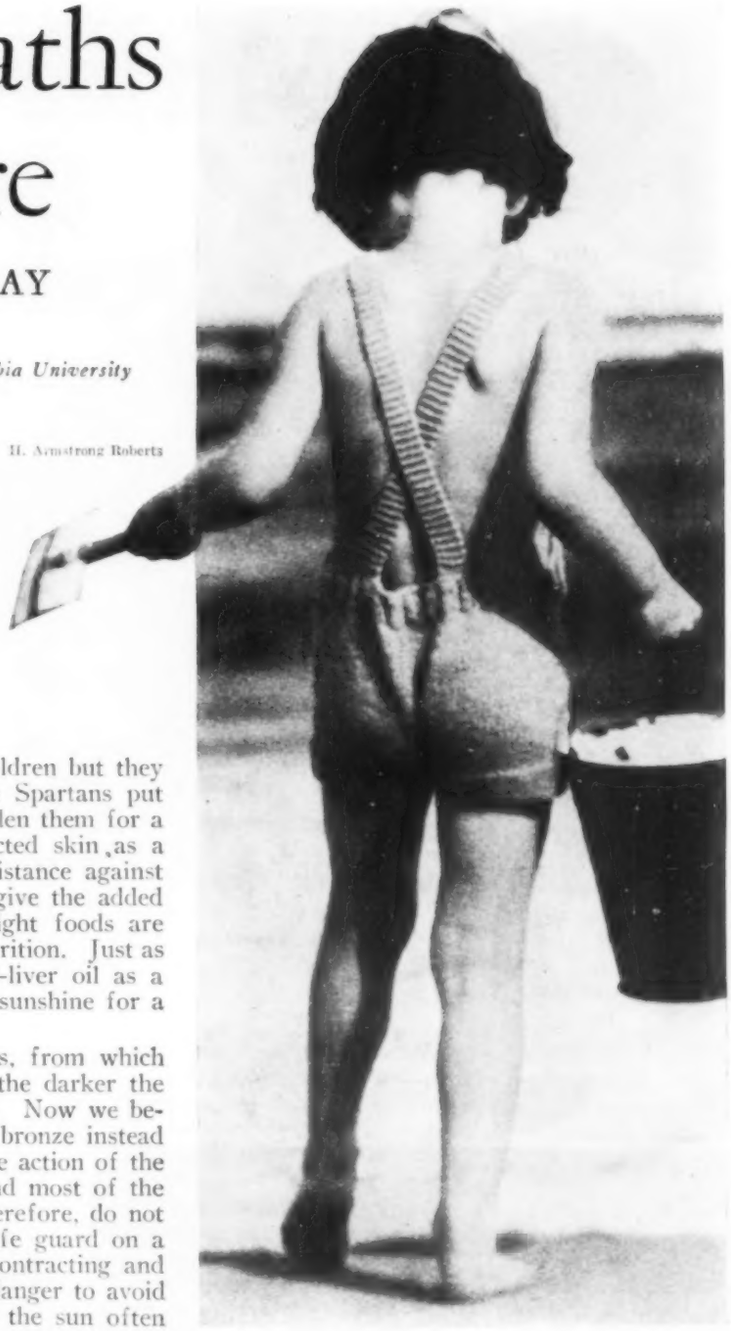
If rightly chosen and prepared, the foods named are suitable for children 1½ years and older. More of these foods may be used. This is the least that a child should have for health.

Give Sun Baths With Care

By JOSEPHINE HEMENWAY KENYON, M. D.

Associate in Health Education, Teachers College, Columbia University

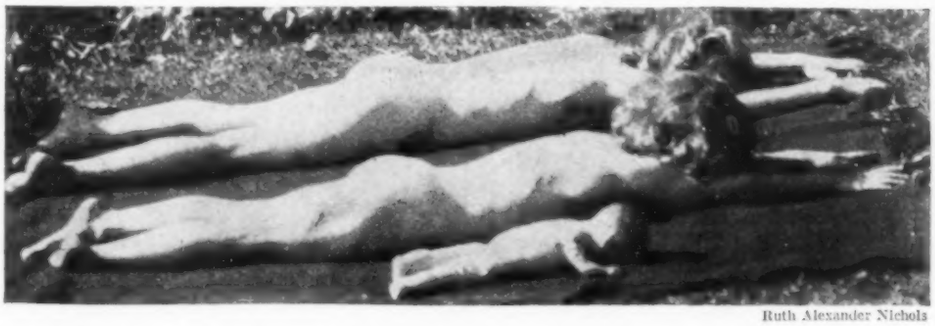
One of the first well-known doctors in this country to advocate sun baths for children, Dr. Kenyon tells in this article just why, when and how they should be given



H. Armstrong Roberts

DAILY sun baths are excellent tonics for children but they should be given with discrimination. The Spartans put their children out in the sun and air to harden them for a strenuous life. We use sunlight on the unprotected skin as a preventive of anemia and rickets; to increase resistance against disease; to make for better muscle tone; and to give the added stimulus which, as the appetite grows and the right foods are given for a child to choose from, will combat malnutrition. Just as mothers now give their perfectly well babies cod-liver oil as a routine measure, they are putting them out in the sunshine for a brief period every day.

There is one misconception regarding sun baths, from which many mothers and children suffer. This is that the darker the skin becomes the more effective the sun treatment. Now we believe that it is a mistake to have the skin become bronze instead of light brown: the deposit of pigment prevents the action of the sun's rays, the skin will become dry and tough and most of the value derived from the sun bath will be lost. Therefore, do not aspire to have your child look like a miniature life guard on a beach. The skin is an organ that functions by contracting and expanding, it is not merely a covering. Another danger to avoid in giving your children sun baths is fatigue. As the sun often tires Americans in tropical countries, so too long sun baths weary some children. If your child seems languid and listless after his sun bath, discontinue the treatment for a few days and when you start again decrease the length of time he is exposed.



Ruth Alexander Nichols

Where sun and sea together keep a child in the pink of condition

It is best to exercise during a sun bath, which should be of stated length. Two little sisters and a doll are here shown resting for a minute after exercises in a secluded corner of the garden

The method of handling your child's sun bath depends largely upon his coloring. The dark skinned child can stand much more sun on his body, even at first, while the fair blond child will burn quickly. A real sunburn is always to be avoided, as, aside from the pain and discomfort involved, the skin must heal completely before it can again be exposed, and the effects of your early sun bath will be neutralized. It is believed that the ultra-violet rays act upon a material (*Turn to page 62*)

Make Vacation

The mother of five children tells will yield big dividends in health,

By MAUDE DUTTON LYNCH

Vacation should give the child with a musical urge a chance to exercise it

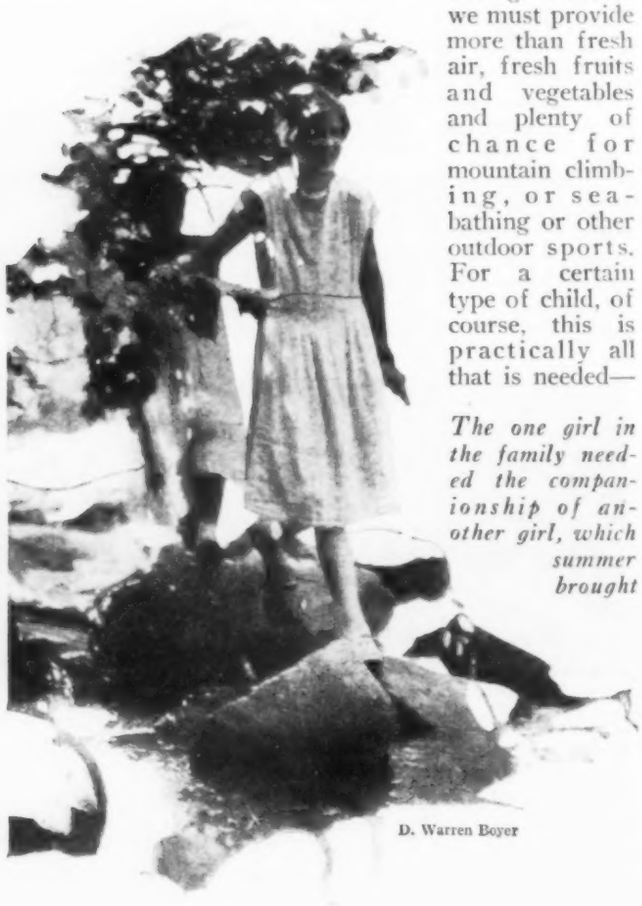
D. Warren Boyer

WHERE shall we go this summer? What shall we do this vacation? Many of us plan to go away. In any case, since school vacations have gradually stretched from two to nearly four months in many cases, we must provide definitely for the family to have something to do. The summer months therefore set themselves up as a very definite problem before parents, particularly if the children are to be home all of that time and we are to assume the entire responsibility for them.

We are accustomed and proud to have our children greeted in the fall with such exclamations as "How you have grown," and we expect to find that last year's winter clothes will not fit this fall's children so that the success of the summer comes to be measured by the number of pounds and inches that our children have added to their stature. But thoughtful parents today realize that growth in true meaning is far more than a physical thing and that if our children are really to grow during vacation we must provide more than fresh air, fresh fruits and vegetables and plenty of chance for mountain climbing, or sea-bathing or other outdoor sports. For a certain type of child, of course, this is practically all that is needed—

H. Armstrong Roberts

Fishing was Ralph's particular hobby and vacation provided the opportunity

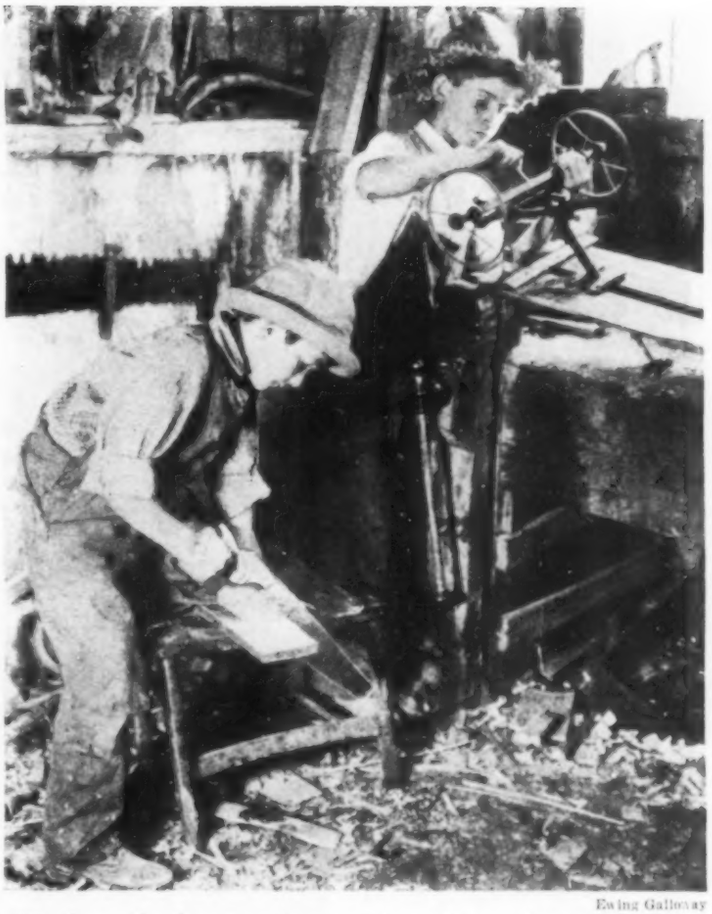


The one girl in the family needed the companionship of another girl, which summer brought

D. Warren Boyer

a Success

how to plan a summer that character and happiness



Ewing Galloway

The boy who loved tools was given plenty of opportunity to use them during vacation

that type of city child who lives during the winter an over-stimulated life and has absorbed more mentally than he can properly assimilate. Such a child needs to be starved mentally and fed up physically to round out his proper growth. But fortunately these children do not predominate, albeit there is a strong swing towards that type owing to our congested mode of living, our enriched curricula in school, and the tendency to crowd into the child's winter schedule many outside activities.

Probably most parents agree that vacation should mean living more simply, less hurriedly and as much as possible out of doors in spacious places. Woods, mountain sides, lakes, sand dunes, rivers, secluded villages—wherever the air is clean of city dust, the ground soft beneath our feet, the days and nights blessed by quiet, and great sweeps of open lie between us and the horizon, there is the background for a real vacation.

It may be that we have inherited or discovered just such a spot, and made it doubly ours by the precious sense of possession and of linked memories of many summers spent there. Or it may be that we are more adventurous-minded and find that half the fun of a vacation is in the seeking out of a new home each year and meeting the new experiences there. With our family one of the great joys of the winter is talking over where we are to go next summer.

I suppose in a really well ordered modern family, a "round table" or a "town meeting" would be called to make the final decision, but with us family life has a tendency to move away from any such formality and be guided more by the intuitive method. So all through the spring months mother collects all sorts of literature about interesting ways of spending the summer. Circulars of camps for boys and girls, announcements of horseback trips, and countless letters and pictures of cabins, cottages and small hotels scattered all over the country lie in an untidy heap on the corner of mother's desk. There in turn the various members of the family find it, seize it joyfully, and usually stretched at full-length upon the floor, devour it, while mother, darning or writing near-by, has little trouble in tabulating the reactions of each small person by his half unconscious comments—"Oh, we don't want to go there! Gee, but this is where I want to go!" By the time the family have all gone through the file mother has a fairly definite consensus of the family desires. To this, of course, she must bring certain restrictions. The length of father's vacation, whether he is to have merely week-ends or a whole month, determines how far from home the family can go. Certain health (*Turn to page* 66)

H. Armstrong Roberts

The lure of the ol' swimmin' hole is as perennial as it is beneficial

A Doctor Prescribes the Baby's Clothes

By BARBARA BEATTIE, M. D.

Illustrated by Jean Miller

Place the baby's garments one upon another, sleeves within sleeves, then slip him in

"WHAT shall my baby wear?" is a question asked by every prospective mother. And in most instances, the answer to the question is a layette which satisfies the esthetic taste of the mother, but pays little attention to the health and comfort of the baby.

Physicians are pretty much in agreement as to how the baby should be dressed in his first year of life. The one general principle to be followed is that the amount of clothing he wears should correspond to the temperature and not to the season. Whether he is warm enough can be readily ascertained by the amount of perspiration and the temperature of his hands and feet. His comfort, not the whims of his mother nor the date of the calendar, should determine the kind and quantity of his clothes.

Almost all babies are overdressed. Whether it be indoors in winter or outdoors in summer, they are swaddled in enveloping blankets and wrapped in layers of woolen garments until it is no wonder that they eventually land in the doctor's office with one complaint or another.

One woman brought a baby to me with severe eczema of the face which had resisted all treatment for four months. She came on a hot June day, and her baby was so bonneted, sweatered and blanketed that I wondered how he escaped having eczema all over his poor little sweltering body. And how I had to fight to get rid of those clothes! It took a week to make her leave off the blanket, another to take off the sweater, but by the end of a month that baby was having a sun bath every day with all his clothes off and there was no more eczema.

If mothers would only realize how much harm overdressing can do a baby they would throw the old ideas away along with the other cast-off notions about the way a baby should be brought up. An over-dressed child is often a sick child. Skin troubles are only one of the many bad effects. The discomfort, with its accompanying fretfulness and nervous exhaustion, may lead to indigestion, to say nothing of ruined disposition.

Probably the most far-reaching damage is done by lessening the resistance of the baby to infections, chiefly infections of the air passages, which include those conditions so commonly found in children, the common cold, discharging ears, bronchitis, pneumonia. We now know that over-heated houses and too much clothing indoors make us susceptible to these infections. After strenuous exercise we put on extra wraps to prevent chilling of the warm body surfaces. But we wear heavy clothes in steam heated rooms in winter, and then go out with comparatively little more on into the frigid winter air. Or a draft blows on us and we begin to sneeze. Our ultracivilized ways of living will make weaklings of us if we are not careful.

Skirts are worn short now—even by babies

Just what is, then, the sane and sensible way to dress a baby? The answer is very definite and simple. Summer and winter, rain or shine, the baby wears:

A flannel band, which should be replaced after the first month by a cotton and wool or silk and wool knitted band with shoulder straps.

A diaper, which should be folded oblong rather than triangular and tied or pinned at the sides and then tied or pinned to the flannel band at sides and front, thus making a pant-like garment. It is more comfortable and less bungling when applied in this maner.

A knitted shirt with sleeves, either silk and wool or cotton and wool. All wool is much less desirable.

(*Turn to page* 57)

Fold the diaper lengthwise, adjust, and pin to each side and to the middle front of the band

Bringing Up the Little Bromfields

A famous novelist who is also a young father talks of his children and of parents past and present

Photographs courtesy of Frederick A. Stokes Company

By Louis Bromfield

Author of "The Green Bay Tree," "The Strange Case of Miss Annie Spragg" and "Awake and Rehearse"

Here is the latest picture of the Bromfields, snapped as they started for a walk en famille. Below, the two children and their pet dog

I AM the father of two small daughters. They are at present four years old and eighteen month old, and already they have begun to display characters which are quite different and which are decidedly their own. They are as different in temperament as they are in physical externals. The one possesses a calm nature stamped by an extraordinary self-possession under any circumstances. She sets out to accomplish what she wants by being quiet, charming and apparently acquiescent, and beneath this agreeable surface there is a will very like a piece of flint. She knows by instinct, for it is scarcely a thing that could have been learned consciously at her age, that there is no power greater than that of charming and agreeable persistence. The other (even at the age of eighteen months) possesses the same wilfulness but she sets about to accomplish her will by tactics directly opposed to those of her sister. When she is forbidden something she wants, there is a wild and passionate outburst during which she gives tragic cries of great violence, and then as soon as her mind is turned toward something else the cries cease and the smiles return instantly. Her sister, however, does not forget. For one hour, for two hours, for a whole day, she goes, working persistently but sweetly toward the thing she desires. She will stick at it until the idea bores her. All the while the desire is there in the back of her small mind, and with it the determination to accomplish the desire.

As a novelist, I am willing now to wager that later in life, when she has grown up, the older child will get exactly what she wants, and never will she be hurt very profoundly by life; and if she is hurt no one will ever know of it unless her instinct tells her that it is expedient to exhibit the wound. I will wager too that the other child will have an intense, perhaps a dramatic life, filled with storms and hurts, probably a life that is muddled and not properly directed, but always exciting.

The more closely I watch these two (and they are a perpetual and fascinating source of interest) the more I am inclined to believe what many psychologists now teach—that the character of a person takes form during the first six years of his life. Some place upon the formation period an even shorter limit of time. It all sounds astonishing to a good many of us; yet I am inclined to believe the theory save for its exclusion of the things which influence, mar, mold or make for character during the period of adolescence.

As a novelist, I have looked long and somewhat profoundly into the memories of my own childhood, with a great deal more interest in its psychology than would probably be displayed by many other persons who are not novelists. I was looking beyond the simple pleasure of sentimental memories or the pain of bitter ones to discover the why and the wherefore of the weaknesses and the strengths in my own character. People seldom ask themselves, "Am I shy because something happened to me in my childhood that produced an incurable shyness?" "Do I hate old people because when I was a child, I was tormented by an old person?" "Would I not be happier or more successful if my mother had not treated me thus or my father thus?"

As we learn more and more regarding the strange obscure places of the human mind, and therefore of the human soul and character, the responsibility of a parent toward a child grows at the same time more and more heavy and more and more delicate in its character. Those things which have to do with the relationship

between children and parents and which have been investigated so extensively by Mr. Freud and his followers are of no concern to me here. We are all entitled to our own beliefs regarding those things The side of the parent-child relationship which interests me is perhaps less profound, but also I think no less important to the happiness of the child, not alone in childhood but in after years.

The weight of this responsibility can be frightening. I say to myself, "My children will profit by my experience. I will seek to avoid for them all the things which I know make for unhappiness in childhood and affect the adult character badly. And the voice of doubt says, "But may you not fall into new errors? Your children are not the same as you were in childhood. How do you know what is good for them?" I don't know. I can only try desperately to be intelligent about it and as sensitive as possible. Above all else, I must be sensitive. There is something terrifying in the thought that in the body of your small child is lodged that mysterious and volatile thing known as personality, which is different from the personality of every other creature alive. It is a tender, delicate, fragile thing, pliant and hopelessly mysterious. And so much of the child's present and future happiness depends upon its treatment. No parent can give the matter enough thought, and no parent can be sensitive enough in trying to understand that mysterious thing known as personality.

MY own generation and the generation which immediately preceded mine were, I think, very frequently the victims of misplaced tenderness, of ignorance, and often of cruelty, and brutality disguised as something pretty or virtuous or dutiful. There is a sad phrase used to children: It is "for your own good, my dear." A great deal of cruelty is practiced beneath the cover of that phrase. Because, from the parents' point of view, it covers a multitude of evils, eases their conscience and their offended feelings and seems to place them right with society in general. Behind the phrase lurk visions of hurt and helpless children, rendered miserable and unhappy.

It is significant that in the Victorian era the word "mother" was treated as something sacred and above criticism. (To be sure it always meant "married mother.") Any wife who gave birth to a child became, regardless of her vices or stupidity, a "mother" and as such surrounded by a halo of sentimentality which obscured stupidities, cruelty and ignorance. It is a superstition which still persists among the stupid and uneducated. The "mammy" songs of vaudeville are a survival of it. Any even mildly intelligent person knows, as he must have known in the Victorian era in spite of the popular code, that there are good and bad mothers, intelligent and stupid ones. The Children's Society knows there are hundreds of mothers from whom it is best to separate their children, for the good of society as well as the good of children. The Children's Society deals as a rule with those families which by reason of poverty and misfortune come within the realm of charity aid. It seldom deals with families in the upper reaches of society. Organizations today exist for the aid of unmarried mothers and for the placing in good families of illegitimate children. We have, I think, progressed a little.

But that which interests me most comes within the treacherous and subtle reaches of psychology. If a parent whips his child brutally or brands it with an iron, the fact sooner or later becomes known and, unlike the Victorian age when women and children were more or less property, society endeavors to do something about it. The hurt upon the soul of a child cannot be used as evidence and the cruelty inflicted mentally is not visible to the eye.

It seems to me that our duty toward our children is incalculable not only because of the child's right to decent attention and happiness, but because in the end it is society as well which has to suffer for our stupidities in the beginning. I am certain that if there were any scientific method applied consistently to the examination of criminals, we should find that countless murderers, thieves and abnormals were marked for such careers in childhood. That, of course, is a statement of the extreme limits of the question. The lesser results are manifold. They lie all about us in our acquaintances, our friends, our relatives.

The personality of a child has its own dignity and its right to survive unscarred. As a novelist, I keep a sort of case book in my head of the lives of friends or acquaintances who for one reason or another are interesting to me. I can think at random of a dozen cases of lives which have been marred or utterly ruined by cruelties or stupidities inflicted in childhood.

One is the case of a boy who from childhood was "difficult and different" (words used all too often by parents to excuse their own laziness and indifference). By a tragic misfortune he was born into a family which, due to many circumstances among which were a recent arrival in "society," placed conformity as its chief principle of existence. The desire of the father in particular was that his children should be attractive in the most conventional sense and that they should belong to all the best clubs.

FROM earliest childhood everything possible was done to this child to make him conform. As he grew older he displayed an interest in music and in books instead of in football—and it is not to football players that we must look for the advancement of civilization, science or the arts. The boy had an elder brother who was good-looking, amiable, charming and stupid and the perfect pattern of his father's desire for conformity. All through childhood and adolescence the brother was held up privately and publicly as a model. In boarding school (which can be far more stupid than any public school with its much smaller opportunity for perverting lives) the boy was not allowed to touch the piano nor to have the books he desired. And in (*Turn to page* 58)

Coming Soon!

Bigger and Better Families

Dr. Fritz Wittels, author and associate of Dr. Sigmund Freud, predicts in this article that women will become increasingly interested in having children and that this will be the salvation of the family

Avoid That After-High-School Slump

Girls and boys are apt to experience a sense of "let down" after graduation unless vacation days are wisely planned

Baby's Second Summer

This was once the "dangerous age" of babyhood. The science of modern child care helps mothers to meet it successfully

The Right Way to Walk

A person may be judged by his carriage. Help your children to cultivate grace and poise in movement

Toys the Year Round

By A. M. and MARGUERITE A. SNYDER

Department of Psychology, New York University

Budget your toy buying carefully and distribute it through the year

Ruth Alexander Nichols

To get a scooter-bike just when "scooter fever" is prevalent in the neighborhood—that's what a youngster calls luck

HAVE you made provision in your family budget for well-distributed toy buying? Do you plan it with a view to satisfying the child's changing interests as they develop as well as to meet the seasonal requirements of play? Or are you one of the great host of parents who deluge their children with toys at Christmas and on birthdays and feel that it is all wrong if the youngsters develop toy-longings at any other time in the year?

With no need of increasing his expenditure, the latter type of parent can get very much better results for money spent if he will work out a sensible, practical plan in this matter of toy-buying and distribute it more evenly throughout the year. Some parents have adopted a system whereby the big presents are given to the child on Christmas, his birthday and Children's Day, which is the fifteenth of June, while well-planned expenditures for play material are made at intervals.

A child develops rapidly, and it can hardly be expected that his toy interests will remain the same for a whole year. He constantly seeks new experiences. Soon the play possibilities of the Christmas toys will have been exhausted or his interest in them will have waned. It is far better to supply toys gradually, so that each one may be thoroughly enjoyed. New toys may also serve to develop a new angle of interest in connection with toys the child already owns. For instance, interest in the discarded doll-house may be revived by the gift of a family of small dolls. Baseball will again keep a boy happy in healthy activity if a new ball, bat, or glove is supplied.

Children's Day is a more logical time to give toys for outdoor play, except, of course, winter sports, than is Christmas, since it comes at the beginning of the summer vacation, when long hours will be spent in the open. It also has the advantage of coming at an interval of six months after Christmas. A child can change greatly in six months. The baby who was not old enough for a kiddie-kar in December can use one now. The girl who would not have been interested in a sewing outfit at that time, has recently found she can make doll's clothes. It is better to give such toy equipment as it is needed rather than to give it all at Christmas. It is also true that such things as tricycles, scooter bikes, and roller skates given at Christmas will have to be stored away and other toy equipment for which the children are not ready may become broken or lost before it is used.

Certainly the allowance for toys should be carefully planned, for it is an important part of the family budget. A toy is not to be thought of merely as something to amuse a child. Toys are necessary to his development. Through play a child learns to live. With his playthings he becomes acquainted with a world of colors, sounds, and shapes, which he learns to *(Turn to page 64)*

The Hard-Boiled Hobo

This story will make you laugh and cry and believe more firmly than ever in human nature

By
ELIZABETH McFADDEN

Illustrated by Robb Beebe

I WENT into the school, where I had been serving as probation officer, one snowy March morning as the long lines of children were passing to their classes. The principal stood in the lower hall keeping order. He pointed out an urchin coming noisily up the iron stairs, as he said:

"You talk about bad boys. There goes one of the worst in school. Incorrigible, completely incorrigible."

My heart stood still. The boy had heard him and looked back. What a horrible thing to have happen! I caught the anger in that pair of sullen, brooding eyes. How could I ever make a friend of him now?

"I'll have him down for you to see," continued the principal.

Bill Tressant came into the office. Ragged trousers adorned him, obvious hand-me-downs from the man of the family. They had been shortened by the easy expedient of chopping them off and letting them fray and they were hazardously maintained at their present altitude by one uncertain suspender. A coat, from a different suit, added its touch of warmth and distinction. Let us not talk about linen.

Dirty, defiant, with the air of a hard-boiled hobo, Bill faced me as the principal recited his high crimes and misdemeanors. Small for his age, he was twelve, with eyes as brown and honest as a dog's, with a sensitive exquisite look that turned to marble in its agony, with a mouth as built for laughter as was Puck's, with that invincible blue-steel of spirit that men call courage—so he faced me.

"This young man," said the principal, "has the makings of an outlaw. He obeys none of the school rules. He saunters in habitually at nine-thirty or ten o'clock although he knows that school begins at nine promptly. He eats oranges in school though he has been told not to. We wonder," significantly, "where he finds so many to eat. He does not get his home lessons. When we remonstrate with him, or punish him, he is sullen and intractable.

So far aloud, then the principal turned to me and spoke in a rapid undertone.

"We suspect worse things. He talks to the other boys of expeditions, which he makes at night. On horseback! Of guns! And knives! We have questioned him about these things but can learn nothing."

"Give him to me," I said covetously.

"He's yours!"

It took me the better part of two weeks to break through the ice which our introduction had deposited around the heart of little Bill. I tried to be patient, taking him for walks with me in the wintry sunshine, our pockets stuffed with oranges, virtuously bought. These Bill ate ravenously, to the amusement of passers-by.

At first, he scattered the peel in the street.

"Sullen and intractable," so ran the indictment. We would see.

"Bill, you see that city trash-box at the corner?"

Bill saw. It didn't interest him.

"A homely thing," I admitted, "but it too has its appetites."

Bill cocked an inquiring Brownie eye at me.

"You are hungry for the inside of the orange but that green box fairly yearns for the peel. How it must feel to see you scattering its food in the street!"

Bill studied my face. I looked seriously back at him. Then he grinned a wide adorable Puckish grin that took in the better part of his face. He turned about, gathered

Every morning Bill made the fire, fed his father, washed the dishes and often reached school late. Incorrigible Bill!

up the scattered peel and began to "feed the can."

From that day forth no "white wings" could have performed the duty of helping to keep the city clean with greater enthusiasm than did Bill. Faithfully he rendered unto trash-boxes the peel that was trash-box's, even going so far as to gather up other people's discards, tucking them neatly into the gaping green maws.

"Sullen and intractable?"

Meanwhile I had looked into the social background which had provided Bill with his costume and his reputation.

His father lay dying slowly, a bedridden invalid, a man of such ungovernable temper that his older children had fled his wrath and rooftree. Bill's mother, whose only skirt was an old blanket pinned around her, scrubbed floors from seven to six. Bill held the fort. Each morning he rose in the darkness, which is six A. M., made the fire, set the coffee pot forward on the stove, the stale bread on the table. He fed his father. He washed the family dishes. He went to school—late! Bad Bill!

Along the way to school stood a fruit-stand heaped with golden fruit. To one who has fed for a long time on warmed-over coffee and stale bread there comes an imperative craving for a vitamin or two. The jovial Italian who kept the stand had read the hunger in Bill's brown eyes. He had bambinos at home. Success had not made him judicial. Every morning he tucked an orange into Bill's paw. The boy should have waited for recess to eat it. Have I not told you Bill was bad?

Moreover, what was that talk of guns and knives? I seized a pliant moment.

"Bill, it's a dull world. Don't you ever wish you could do something exciting? Ride a fire-horse down the street crash-bang? Wave a sword or something?"

The brown eyes beamed sympathetically.

"Onct a feller give me a book, all about Indians. Gee! It was great! I tell myself stories out of it nights."

Indians! Of course! He sat in that squalid room at night, lashed by that old man's bitter tongue, and dreamed. Dreamed he was out charging madly through the dark, hunting buffalo. Of course, he should have been doing his homework. Behold the depths of Bill's villany unmasked!

I made my report to school and court on the case of William Tressant. The organized heart of a great city took Bill under its care. His father went to a hospital where he was made more comfortable than he had ever been before in his life. His mother was pensioned to stay at home. The older children were induced to return. The family was clothed and fed. Everything was provided but the Indians. I conceived them to be my job.

We strolled into the public library one day, Bill and I, and drew up before the desk of the children's librarian.

"How!" I began.

The librarian was of the *cogniscenti.*

"How!" he returned without the flicker of an eyelash.

I waved a thumb in the direction of my companion.

"This is laughing Hyena of the Iroquois."

"How!" said the librarian to the Hyena, extending a big warm hand.

The Hyena accepted it with the dignity of a chief.

"Me—Flying Arrow of the Cherokees," explained the librarian. "Me heap big medicine man."

"Hot dawg!" contributed the Hyena with a grin that went from ear to ear.

I interposed once more.

"Laughing Hyena want hunt buffaio. Want ticket hunt here. Happy hunting ground."

"Ugh, ugh!" agreed the Arrow, supplying us with the proper applications.

In one corner of the Flying Arrow's domain, over which he rules with such distinguished success, there is a whole shelf of the most enthralling books about the great West. Lewis and Clark are there, and Parkman, and Roosevelt and many another. Almost any day you can go in there after school hours and find the Hyena charging furiously across the plains—*with guns and knives!* The depravity of Bill!—THE END.

The Trailside Museum

Nature becomes an unsealed book to the child trained to a knowledge of plants, trees, flowers, animal life, geology, and the history of the country

By HERMAN C. BUMPUS

Chairman Executive Committee, American Association of Museums

Seeing the Grand Canyon of the Colorado by telescope

THE purpose of the modern museum is to tell in a forceful way what is already known, and to add to the general stock of what may be known—to collect facts rather than specimens. It is true that in cities the museum is obliged to simulate nature by using models, pictures, preserved animals, plants, but always with the intent of inducing the visitor to betake himself to the out-of-doors and there acquaint himself with nature at first hand.

But the average person, when in the field and surrounded by eloquent material, cannot understand the language of nature. He is conscious that nature is ready to give reasons for her manifestations, but his perceptive powers have not been cultivated. They are dull and need sharpening.

Our public school methods of mass instruction are obviously and necessarily artificial and unsatisfactory. There is but little opportunity for the student to learn by observation, and therefore he must be taught. There is a lot of difference between learning and being taught. When one has had his thinking done for him from the entrance to the kindergarten to the exit from the college, it is not surprising that his observational functions are defective.

The story of the ages is written in mountain, sea and forest

THIS is where the modern museum—interested more in what is without than what is within its walls—has seen and seized upon a great opportunity. The exhibits of the wayside, the views across country, the plants of swamp and upland, the teeming animal life of streams and ponds, all constitute a *real* museum—a museum without confining walls, without an enclosing roof, and filled with specimens not dead but living, a changing program from hour to hour, day to day, and season to season. Such a museum has no crude representations of nature placed on shelves and behind glass. It exhibits nature itself, and it appeals to every sense organ, even if our faulty schooling has left us with defective sight, poor hearing, lack of sensitiveness of touch, and dullness of comprehension.

Educational and stimulating material is abundantly at hand. American youth and adult are abundantly present, and the modern museum perceives that some agency should bring the material and the people together. To this end it has devised the trailside museum, the so-called nature shrine, and the nature trail.

The first is a structure located at a spot (*Turn to page* 79)

By means of a simple label this tree instructs all who pass by

Keep Posted!

News of the Better Parenthood Movement, Child Welfare, Education and Other Matters of Interest to Parents

PACK up the children, take your husband along too—if he will go—and spend your vacation attending the Institute of Euthenics at Vassar College. Formerly only pre-school children from the ages of one and a half to four and a half were invited to accompany their parents on this educational vacation in homemaking. This summer a school for the child up to seven has been added under the direction of a teacher from the

City and Country School, New York City. Classes on all aspects of homemaking and child care—from mental hygiene to the buying of food—are offered to parents.

Or if you happen to be a woman who went to college and then married later, to find housework dreary and intellectual interests disappearing, you may be interested to enroll with the Summer Institute for the Co-ordination of Women's Interests at Smith College. For three weeks—beginning June 26th—courses are offered, emphasizing the principles of mental hygiene as applied to family life; telling specifically how community kitchens and other co-operative household schemes work; describing the methods of the nursery school; giving theories on the psychological development and the behavior of children, the general principles of nutrition and outlines of parental education.

New Cure for Rickets

SCIENCE has in its possession a new drug which is said to be "many thousand times as potent as the well-known cod-liver oil." When exposed to ultra-violet rays it creates Vitamin D, and is empowered with a remarkable property which both prevents and cures rickets, according to Dr. Alfred F. Hess, Professor of Pediatrics at Bellevue Hospital, New York City. Dr. Hess states that when it is eaten in connection

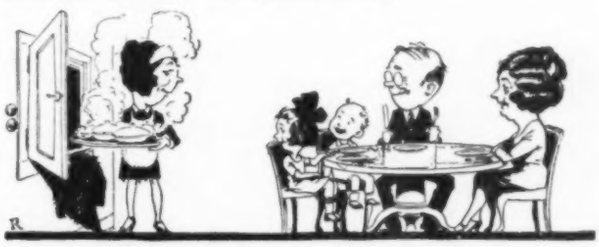
with oils, milk and cereals it is equivalent to taking ultra-violet rays internally. The powerful substance is called ergosterol and is extracted from the fungus "ergot." Dr. Hess declares that although until recently little interest was taken in it and almost nothing was known regarding its occurrence in the vegetable and animal kingdoms, today the drug is considered to be a constituent of perhaps every animal and vegetable cell. However, as it is in the experimental stage it is not available as yet to the general public.

Weather Influences Weight

SEASON'S in which children are born influence their growth, according to the American Journal of Physiology. By examining groups of children of all ages it has been found that the weights of children of exactly the same age in months varied according to the season in which they were born. The period from January to June is a period of slow growth and from July to December a period of rapid growth. Consequently, two children of sixteen months will differ in weight if born in February and August. The former will be lighter than the latter, having lived through two periods of slow growth.

A School of the Air

THE State Department of Education, Ohio State University, the Payne Fund of New York City and Station WLW have joined forces in bringing the world to the classroom via the radio in Ohio. That educators welcome radio broadcasts for school use, when educational standards are met, is amply demonstrated by the manner in which schools have equipped themselves to listen to this "School of the Air" which broadcasts every school day except Friday, when the Damrosch concerts are broadcast nationally. Schools with enrollments of more than 200,000 are already using these broadcasts in their classroom work.



Everybody Works but Mother

WITH the aim of improving the living conditions of families of moderate means by the elimination of unnecessary household drudgery, an educational committee at Teachers College, Columbia University, has evolved a new plan for family apartments. A project is now under way, according to Dr. Benjamin R. Andrews, Chairman, to build an apartment house or remodel an old one which can be used as an experimental unit. The plan includes conveniences to be made possible by co-operative living. It will relieve the housewife of cooking by means of a central kitchen which will provide service to the individual apartments at moderate cost. It will save the family the burden of hiring a full-time or part-time cleaning woman or laundress by providing a "better type of trained service by the hour than most families of moderate income now secure." It also will make possible facilities for child care through play space and competent supervision.

Some Children I Know

The third of a series of unusual child sketches from the notebooks of famous artists

By PRISCILLA POINTER

Small girls take dolls
And such to bed,
Wee Frankie takes
His hound instead.

Betty is obedient
To all her Mother's wishes.
The only chore she can't abide
Is drying dinner dishes.

At football Archie saves the day.
He's leading man in his class play.
We're all so fond of Archie.
He's awfully popular and gay,
And won't be seventeen till May,
He's also fond of Archie.

As awkward boys go, Tom's the worst,
He enters every room head-first.
When I was young I did that too;
And very likely so did you.

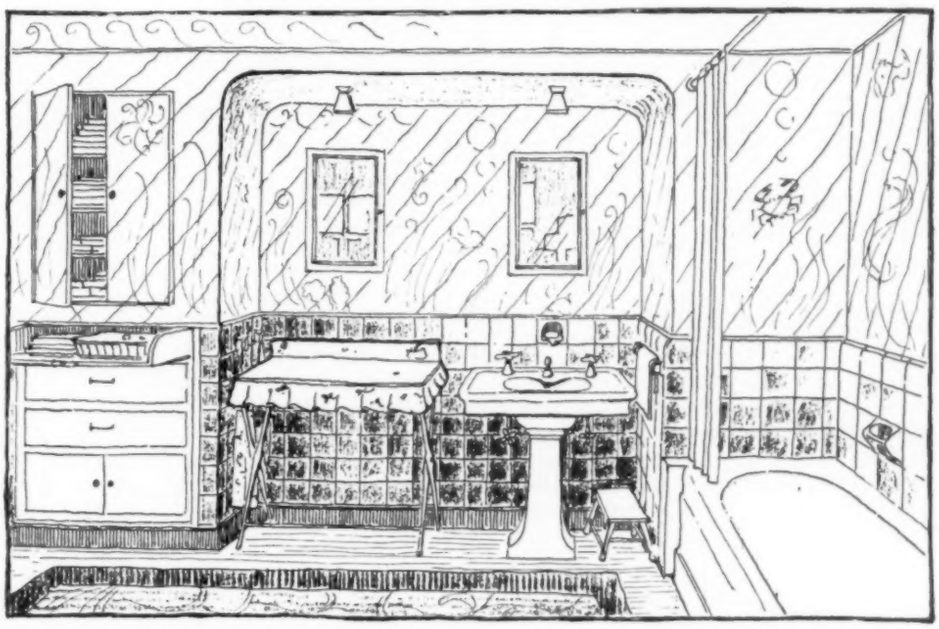
Small sisters, May and Dot above,
Should play, of course, in peace and love.
But sometimes they kick up a fuss—
Which is the way with most of us!

The Whole-Family House

Homes should be so arranged that they help make the care of children easy. Whether you plan to build, buy, remodel or add to the equipment of your house this article on bathrooms will give you new, helpful ideas

By H. VANDERVOORT WALSH

Assistant Professor of Architecture, Columbia University


Shelves for towels or baby supplies
Open-front shelf pulls out and holds articles for baby's bath and his clean clothing
Drawer for diapers or other supplies
Rubber articles and pads
Cleaning materials for bathroom, water-closet seat, etc.
Laundry bag for baby's clothes, and towels on hooks
Folding canvas-top dressing table for baby, or a convenient chair
Step for small children to stand on when using lavatory
•Lavatory with no metal faucets but a hot and cold water mixing inlet under lip at back of bowl. Excellent as baby's bathtub

ONE of the reasons why the cost of building homes has mounted each year is that the American public now wants bathrooms with more conveniences in them than used to be offered to kings. There is no end to the refinements in design of the equipment for the bathroom. Still, in many homes improvements may be made which will help the mother to take care of the toilet of the children more efficiently and aid her in training them to learn how to look out for themselves early in life. While a midget-size water closet is made for children, and special baby baths, it is hardly practical for the average family to install them since they will soon be outgrown. The person of moderate income must keep his expenditures for bathrooms in some reasonable relation to the whole cost of the house. In general, the cost of plumbing in a home ought to be about seven to eight per cent of the total cost. If it runs above this, it is out of proportion. For example, the allowance for plumbing in a $20,000 home should be about $1,600.

In terms of equipment this can be interpreted as follows. The greatest cost is for the first bathroom which, reckoned in connection with the installation of a complete plumbing system, comes to about $800. Additional bathrooms do not cost as much, especially if they can be drained into the same vertical plumbing pipes needed for the first bathroom. In this case, an allowance of about $400 should be made for each one. If, however, they cannot be connected with the same lines of pipe, they will cost about $525 each. A lavatory and water closet on the first floor should be arranged to drain into the same line used for the bathrooms on the second floor. If a plaster wall and linoleum floor is specified, the cost of such a washroom on the first floor will be about $125, a sum so small that no mother should be required to raise a family in a house without this convenience.

Considering the above cost of bathrooms, the number which are economically suited to the whole house is about as follows: A $10,000 house calls for one bathroom on the second floor and a lavatory on the first. A $15,000 house may have two bathrooms and a $20,000 house may have three. Each of the latter two houses may include a first floor lavatory.

The above figures are based upon a selection of reasonably priced fixtures. Of course very expensive ones may be chosen but these will not be properly related to the total cost of the house. As a guide, the following prices represent the allowance for fixtures. Built-in bathtubs cost about $105. A tub on legs will be about $65 cheaper. Water-closets range from $45 to $80, and lavatories from $40 to $60. A built-in shower, tile lined, costs $225.

Except in the most expensive houses, the arrangement of bathrooms and their sizes ought not to vary much from a few accepted standards. There is the bathroom with the tub (*Turn to page* 52)

This combination bathtub and shower is economical of space, has sprays directed inward so the water doesn't splash; has a low seat for use when taking a foot-bath or when taking a sit-down bath. Children will enjoy shower baths here and will require little aid in getting clean

Everyday Problems

And How Parents Meet Them

THE PROBLEM: Helen is nearly four years old and does not sleep any more during the day. But I still have her lie down for an hour, as the rest time is good for her and for me. She never has objected in the least for I let her take her dolls with her and she plays that they are taking a rest too. However, she began to call every five minutes, "Is it nearly time to get up?" This kept her from getting the rest she needed and interrupted my hour too much.

HOW IT WAS HANDLED: Each day I give Helen an old kitchen clock, tell her what time it is, and show her where the hands will be in an hour. She goes to bed happily, and I hear no more from her except her quiet visiting with her dolls, until the hour is up and she comes to show me the clock. She is getting a good rest, I have an uninterrupted hour, she is not forming the habit of teasing, and she is learning to tell time.—*Mrs. M. M., New York.*

My Children Were Untidy

THE PROBLEM: Five lively school boys and girls between the ages of twelve and nineteen seemed to have too many outside interests to allow them to take time to be orderly. Mary's party frock was thrown over the end of the bed, Fred's good suit was left on a chair, Junior's school papers and books were forgotten on the dining-room table, causing Mother to spend her mornings picking up.

HOW IT WAS HANDLED: The shelves and drawers in their bedrooms were plainly marked and allotted to their owners. A plentiful supply of coat-hangers were divided among the five, the fourteen-year-old son painting each group a different color. Daddy then installed a large, clean, smooth-surfaced wooden box in the garage and called it Mother's catch-all. The children were told that all belongings not put away in their proper places would be taken out to the garage and unceremoniously deposited in the catch-all. When dainty garments, home-work, library books, and so on were relentlessly tossed into the catch-all, at every infraction of the new order rules, much to the merriment of all but the one who had to make a trip to the garage, the children saw that Mother meant business. The catch-all has been standing idle for nearly two weeks now.—*Mrs. B. McN., Calif.*

John Began to Be a Cry Baby

THE PROBLEM: John was such a "cry baby." If he fell down he just lay on the ground and cried until I picked him up. If he bumped his head or scratched himself he cried as if he were hurt terribly. Not paying any attention to him when he fell down didn't seem to help, for he'd cry just the same. Punishing him and telling him how other children behaved when they were hurt didn't seem to shame him.

HOW IT WAS HANDLED: I talked to John about being brave. I sang the following rhyme to him:

"Hurrah for Bobby Bumble,
Who never gets a tumble
But up he jumps and rubs his bumps
And never even grumbles."

John and I decided to play a "Bobby Bumble" game. Each time John was hurt he was going to be a Bobby Bumble, jump up, rub his bumps, and smile. This worked very well. I reminded him of it sometimes when he forgot for the moment. Before long he was very proud to have one of the children tell me that "John was a good Bobby Bumble." He taught his playmates the game and seldom do I hear him called anything but "Bobby Bumble" when he gets hurt now.—*Mrs. H. P. S., Wyoming.*

Robert Was Afraid of the Wind

THE PROBLEM: When Robert was no more than eighteen months old he developed fear when the wind blew—particularly at night—until we dreaded the sleepless windy nights we were all likely to experience. Robert's reasoning powers were not developed enough to make much impression at first, but with constant perseverance—before he was two years old—we conquered the situation.

HOW IT WAS HANDLED: Some of the fear was taken away at first by likening the sound to a tune. Robert was very fond of a mouth organ, which he called a tune, and he was rather interested to think of the wind playing a tune too. Later on, when on one particular occasion the wind howled lustily, it occurred to me that this was the Daddy Wind. This suggestion was followed by that of the Mother Wind and Baby Wind when the breezes were not so boisterous. The idea was a magic one. Robert would listen for the big wind and the softer Mother one, and the wee baby whistle, and took delight in distinguishing them.—*Mrs. R. F. S., New York City.*

Shampoos Were Unpopular

THE PROBLEM: My three-year-old daughter took a sudden distaste to having her hair washed. No arguments were of any use. I did not want to force her or do anything which would make her resentful.

HOW IT WAS HANDLED: Skeezix was a character already dear to her heart. One day I said: "I could make you look like Skeezix if I put lots of soap on your hair. Afterwards I would rinse it off well." It worked like a charm. Before wetting her head I placed a mirror within her reach and when well lathered I drew up a lock of hair to imitate Skeezix. She was delighted and we still do it with each shampoo.—*Mrs. E. C. H., New York.*

What Would You Do?

ON this page you will find discussions of problems that any parent is apt to meet in bringing up children. Some parents have found a way to handle them successfully and we pass their experience along to you who may face now or later a similar difficulty.

¶ ***We are convinced that there is no magic formula that will perform miracles of child training. But we do feel that the methods of treatment outlined here contain helpful suggestions and we invite you to consider them carefully. Comment upon them freely, challenge them if you feel so inclined, and send your comments to us.***

We invite all our readers to tell us of problems in child training which they have encountered and which they feel they have handled successfully. Write briefly stating the problem and your treatment of it.

One dollar will be paid on publication for each contribution.

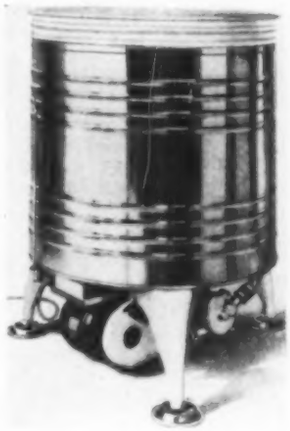
Manuscripts for this department will not be returned. Address Managing Editor, CHILDREN, *The Parents' Magazine*, 255 Fourth Ave., New York, N. Y.

Washing Machines, Big and Little

By MARY ORMSBEE WHITTON

Author of "The New Servant—Electricity in the Home"

Whatever your particular laundry problems, whatever the size of your family, new developments in washing equipment are ready to help you

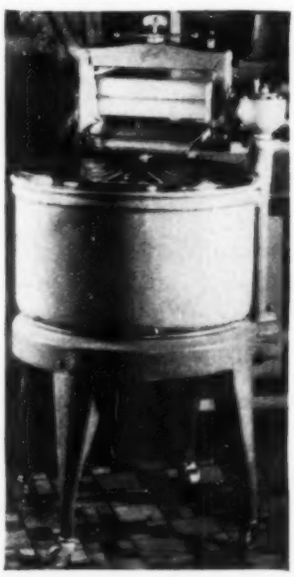


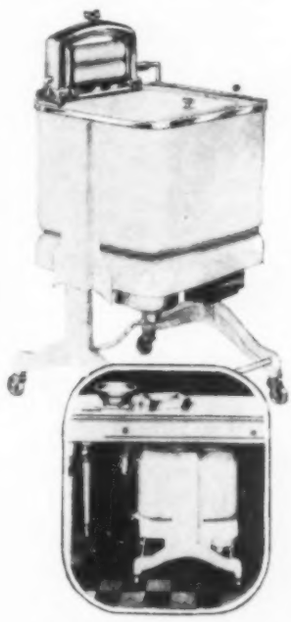
BACK in the "good old days" when woman's time meant nothing, and domestic wages—from the point of view of the employer—were delightfully low, either one had a "nurse" who spent most of her time washing the children's clothes or one employed a hired laundress for as many days weekly as one pleased. In the year of grace 1929, the domestic helper is not so readily obtainable, and the more usual solution of the ever-present problem of the family washing is the installation of such mechanical assistance as will meet the practical demands.

The casual reader, however, should not infer that the hasty installation of any washing machine will instantly provide a satisfactory answer. So numerous and so varied are the types of machine now on the market, that careful analysis is necessary to arrive at a wise selection for the individual household. To put it roughly, washing-machines now available are anything from a tiny nursery washer, hardly larger than a good-sized casserole dish, up to a machine that by a turn of the switch will wash, rinse, and dry, while in some instances the manufacturer will offer apparatus combining the washing and ironing machines in a single piece of equipment. Price ranges are from $50 well up towards $200 and this wide variation in itself indicates the immense field of choice which now confronts the intelligent purchaser. This article will first introduce the types and kinds of mechanical laundry assistants now recommended for the home, and then suggest some of the considerations that govern wise selection.

For the woman who has not kept closely in touch with household mechanics, perhaps the most striking development among the new labor-saving machines is the smallest member of the group, the nursery washer. But even within this class, there is considerable difference of type and capacity, represented by a price range of from approximately $45 to $80. It must be remembered that there is no standard price for any machine prevailing completely throughout the United States, owing to varying distances from the point of production, and varying conditions of marketing expense. The prices named in this article represent a fair average for a large eastern city; in some localities, prices will be a little higher, and in some lower, but those named will be found a fair average figure.

It is only logic to concede at the start that one cannot expect to get as much for a machine costing $45 as one would from one costing nearly double that amount; nevertheless, the person who purchases the smallest nursery washer will get a good machine within that limitation of size and function. The smallest, for instance, is ranked as of "6 shirt" capacity, while





The various washing machines shown on this page range from the nursery size on through apartment size, junior and full size. With such a wide range of choice, any homemaker can select a washer exactly suited to her needs

the largest boasts its ability to handle four single sheets. The smallest will wash and wash well, either infants' wear or garments of approximate size and weight, but it offers no facilities for rinsing or wringing, both of which are left as hand labor. A machine a little larger and more expensive, though still within the nursery group, provides the purchaser with a centrifugal dryer as well, thus taking care of what, for apartment dwellers, is a very pressing item of the laundry problem.

STILL a third form is a new "adjustable" nursery washer, which combines power washing with hand wringing. In other words, on a small but sturdy washer of the "spinner" type, is mounted a wringer, to be turned by hand. The machine itself is of greater capacity than the other nursery models, being rated as of four-sheet capacity, and so approaching the small standard-size machine. The "adjustable" feature lies in the fact that the entire machine, wringer and all, folds down into a space less than two feet high, so that the washer, when not in use, can easily be slipped out of sight beneath a table, thus furnishing what one might call a disappearing model in washing machines. It is this newest type which tops the price list of the nursery washer, at a figure approximately $80.

Before leaving the nursery washer for its larger counterpart, something should be said of the type as a whole. Obviously, this form of machine has been produced to meet different requirements than does the standard household machine. There are evidently throughout the country thousands of families who not only do not have the space for larger equipment, but who also have not yet acquired that permancy of residence that would justify outlay for machinery of a "fixture" type. One has only to visualize the small apartment now gaining ground even in suburban locations, to realize that for this type of household a washing machine must not only be compact, but easily moved from one rented place to another. Furthermore, scantily staffed as most of our full-sized homes now are, the mother who cares for her own baby needs some sort of contrivance in which to wash baby clothes in the bathroom, thus saving herself needless and fatiguing journeys up and down stairs.

It is in this capacity as a saver of time and labor that the small nursery washer finds its reason for being. It will do excellent work within its own class, and will fit in where the big machine cannot. Where the small child's daily or near-daily wash is handled in this way, it prevents complication with the regular weekly household laundry schedule, while at the same time the insistent demand for clean clothes in the nursery is easily met. Often too, when the household linen and larger articles are sent to the commercial laundry, a small machine will be found capable of the remaining work.

Discussion of the present state of washing machines has a curious tendency to throw back to the immortal tale of the three bears, the great, the middle-size, and the wee, wee one. Now the middle-size bear of the washing machine is either the out-and-out small machine of standard design and construction, or the "junior model" of some typical full-sized machine. The difference between the two, however, is not altogether that of compactness, for the small-size washing machine is usually equipped with a power-wringer, instead of the centrifugal dryer, which is the latest attraction for purchasers of the full-size model.

Here and now let us have the debated question of the power-wringer and its rival, the centrifugal dryer. Although the dryer is the latest word on this phase of the laundry problem, it is neither fair nor wise to overlook the record of the power-wringer as a drying device. One would not hesitate to say that at least 75 percent of the muscle-saving in machine washing as contrasted with hand methods, lay in the functioning of the power-wringer, by means of which large sheets and tablecloths can be as easily handled in washing as are face-towels and napkins.

With the power-wringer, splendid as it is, there is always a slight risk of accident, reduced to a minimum in most models by various safety controls and releases. Also, by careless handling, it is possible to wreck a good many buttons in a power-wringer, although with a little care one may just as easily avoid this. Finally, the power-wringer will sometimes crease the articles going through it, so that these have to be shaken out before ironing. Thus in the technic of drying for ironing purposes, the centrifugal dryer represents a shade finer development than does the power-wringer; but when it comes to price, the power-wringer still has a good deal to say for itself, being the simpler device to produce. By adhering to the power-wringer, the manufacturers of the medium-size or "junior" washers are able to offer a fine, sturdy, all-metal machine which retails at less than a hundred dollars, a clear saving to the purchaser of anywhere from fifty to eighty dollars, over the cost of the full-sized machine equipped for centrifugal drying.

Men in the business say that for the city the more expensive machines with centrifugal dryers are in highest demand, whereas in the country the power-wringer still holds sway. The explanation of this is that city-living with its contracted space and lack of out-of-doors drying facilities calls for mechanical relief, cost what it may, whereas, in the country, the thrifty housewife, with the sunshine to aid her, finds the power-wringer plenty good enough, and has the price-difference to lay out elsewhere—perhaps for an ironing machine. Thus the medium-sized machine is probably the choice for the medium-sized family with the medium-sized pocketbook. At least it offers a range and variety well worth considering by the household where the laundry-demands are not too heavy.

For the family, however, with several growing children, and the overwhelming amount of laundry-work which these can produce, the full-sized machine, designed for centrifugal drying, is a rock of strength in a weary land. Broadly speaking, although there are many makes available, mechanically these usually follow two types; in the one, the washing and drying are done in two separate compartments, with the washed clothes being transferred from one to the other with a washing-stick. For drying, clothes can be packed down, so that a comparatively small centrifugal dryer will do a large amount of work. The dryer lid is closed, the switch turned, and the clothes are then whirled to a state of damp-dryness, suitable for ironing. Incidentally, it might be mentioned that centrifugal dryers are so designed that the switch control cannot be turned unless the cover has been secured, so that even a careless operator is guarded against an impromptu shower-bath.

THE second general type of the standard washer arranged for centrifugal drying has but one tub-shaped compartment for all three laundry operations. To achieve this, however, the pierced metal container will occupy two positions—at first, low down in the water, for washing and rinsing, and then in an elevated position for the drying process. Still another refinement found in the full-sized machine is the two-speed washer. Now the present-day washing machine of the gyrator type is a much faster performer than were the old cylinder models that prevailed ten years ago, but experience has proved that with careless handling delicate materials can be "overdone," as one might say, in the fast gyrator

(*Turn to page* 54)

What's What In Washing-Machines

For convenience, the various angles of washing-machine production at present may be summarized:

Size	*Drying Device*	*Price*
Nursery	none	up to $ 50
Nursery	centrifugal	up to $ 65
Apartment	hand-wringer	up to $ 80
Small or "junior"	power-wringer	up to $100
Standard full-size	centrifugal and power-wringer	up to $175

Select your machine to meet your particular requirements. Then give it a fair chance to prove its worth. Patience and practice on the part of the new operator will soon bring her to the point where her machine will do all that the manufacturers promise.

Even diseases of a serious nature sometimes result from bathroom paper that does not absorb readily.

Women, they told us, *are especially susceptible*—

to troubles caused by *harsh* toilet paper

"DELICATE membranes can be severely injured or inflamed by the use of too coarse a toilet tissue." This is the warning of 580 doctors and 223 hospitals recently questioned on the subject.

"Women," they said, "are especially susceptible."

Unaware of these facts, many housewives are innocently exposing themselves and their families to danger by buying inferior toilet paper. Paper that is utterly unfit for bathroom use.

It may be harsh, glazed, or even chemically impure—made from reclaimed waste materials.

ScotTissue and Waldorf are two famous bathroom tissues specially processed to satisfy the three requirements doctors say toilet tissue must have to be safe: absorbency—softness—purity.

Each sheet is made up of millions of hygienically processed fibres. These specially treated fibres are extremely soft and cloth-like. Crumple a sheet in your hand. It feels as suave as old linen.

Dropped in water, it sinks almost instantly—proof of unusual absorbency. Ordinary toilet paper remains floating.

Only the finest fresh materials go into Scott tissues. They are absolutely safe—neither acid nor alkaline.

Why take chances—when it costs no more to buy these fine quality bathroom papers. Scott Paper Company Chester, Pa.

Fit the standard built-in fixtures

The Waldorf
TRADE MARK REGISTERED IN U.S. PAT. OFFICE AND FOREIGN COUNTRIES
Scott Paper Company
CHESTER PA. U.S.A.
SHEETS—4½ X 5 INCHES

Waldorf
3 for 20¢

Soft as old Linen
ScotTissue
The absorbent soft white Toilet paper
Scott Paper Company
Chester, Pa. U.S.A.
1000 SHEETS — 4½ X 5 INCHES

ScotTissue
2 for 25¢

LARGEST SELLING BRANDS IN THE WORLD

These prices for United States only

Copyright, 1929, by Scott Paper Company

Motion Pictures

Which are Suitable and Which Unsuitable for Children?

PARENTS will be glad to know that a new series of one-reel pictures which are especially interesting to young children is being produced. This is the "Children of All Lands Series" (*Pathé*). They are entertaining as well as educational, and are popular with children. Among them are "THE LITTLE DUTCH TULIP GIRL," "THE LITTLE INDIAN WEAVER," "THE LITTLE SWISS WOOD CARVER," and "THE WEE SCOTCH PIPER."

The following reviews of recently released motion pictures are contributed by a committee of the Women's University Club, Los Angeles, Branch of the American Association of University Women. It should be borne in mind that films are frequently cut, retitled and otherwise changed for showings in different states and in various theaters, and may thus be made less desirable for children.

Davey Lee in "Sonny Boy" is delightfully entertaining to both old and young

Below:
From "The Little Dutch Tulip Girl," in which an American boy dreams that he goes to Holland

As only a small number of reviews can be printed in each issue and as the time it takes for pictures to reach different communities and theaters varies greatly, we recommend that readers save the issues of this magazine carefully for reference.

ALIBI, with all-star cast. (*United Artists*) 100% talking. Joan, the daughter of a policeman, revolts from the atmosphere of hunting criminals and sentimentally turns to their side. After bitter disillusionment she realizes the real worth of the service. Interesting as a crook drama but not suitable entertainment for children.

THE BRIDGE OF SAN LUIS REY, with all-star cast (*Metro-Goldwyn-Mayer*)—Part talking. Adapted from the book, the theme justifies the death of five persons who fell with the bridge, on the score that unhappiness was theirs and that God's mercy had not been taken from His people. It is an interesting production but too mature in theme for children or adolescents and not recommended for their entertainment.

CHILDREN OF THE RITZ, with Dorothy Mackaill (*First National*)—Superficial comedy romance where the chauffeur marries the extravagant and selfish daughter of his employer. Not recommended for children.

CHINATOWN NIGHTS, with Florence Vidor (*Paramount*) — With dialogue. The morally questionable story of a "society" girl who falls in love with the leader of San Francisco's Chinese underworld. Unwholesome entertainment for children.

SONNY BOY, with Davey Lee (*Warner Brothers*)—Part talking. A farce comedy which incredibly escapes vulgarity in spite of its theme, and is very entertaining. A delightful child makes the picture for children as well as grown-ups, and amuses them harmlessly.

CLOSE HARMONY, with Charles Rogers (*Paramount*)—With music and dialogue. A simple romantic drama in which a young jazz band director with vaudeville ambitions tries to get a contract on his own merits. Music, romance, and humor recommend it for children.

THE COHENS AND KELLYS IN ATLANTIC CITY, with George Sidney and Farrell McDonald (*Universal*)—Part talking. Racial controversies again form the theme of commonplace and vulgar comedy. Not recommended for children.

COQUETTE, with Mary Pickford (*United Artists*)—100% talking. An intensely interesting drama, beautifully acted, in which malicious gossip leads to misguided justice. It is recommended for adult audiences but is too tense and emotional for children.

THE DUKE STEPS OUT, with William Haines (*Metro-Goldwyn-Mayer*) — An amusing story of a pugilist who withholds his identity and matriculates at a college to be near the co-ed with whom he is in love. Unless there is an objection to prize-fighting, it is amusing entertainment for children.

(*Turn to page* 70)

Nourishing and yet so easy to digest

THERE are few treats more ideal for children than a nice bowl of Kellogg's Corn Flakes with wholesome milk. First of all, those crispy flakes have a flavor that can't be copied. Kiddies love it.

And Kellogg's are just right for tiny digestive systems. So easy to assimilate. Serve for breakfast, between meals and supper. For variety, add fresh or canned fruits and honey.

Kellogg's Corn Flakes are the world's most popular ready-to-eat cereal. Always oven fresh and extra crisp. 12,000,000 people demand them daily.

You can tell genuine Kellogg's Corn Flakes by the famous red-and-green package. Look for it at your grocer's. Served by hotels, restaurants, cafeterias—on diners. Everywhere.

Kellogg's®

CORN FLAKES

Write the Home Economics Department of the Kellogg Company, Battle Creek, Mich., and we will be glad to send free literature and advice on child feeding and diet. Your own physician should be consulted in the event of ill health and sickness—ours is in no sense a medical service.

What's What in Summer Togs

By Crete Hutchinson, *Fashion Editor, The McCall Company*

5404—Child's play or sun suit with sleeveless shirt and trousers. Sizes 1, 2, 3, 4, 6 years. Size five requires ¾ yard of 36-inch material for the shirt and ⅝ yard for the trousers. Size three, the same amount.

3813—Boys' Suit with wide trousers. Sizes 2, 4, 6, 8, 10 years. Size three requires 1⅞ yards of 36-inch material.

5202—Girls' Slip-on dress with two styles of collar and sleeves. Sizes 6, 8, 10, 12 and 14 years. Size 8, with short sleeve, requires 2½ yards of 32-inch material.

5712—Girls' Dress, with or without collar and with two styles of sleeve or sleeveless. Sizes from 4 to 14 years. Size 12 requires 2½ yards of 36-inch material, with ½ yard of contrasting material 36 inches wide.

5713—Girls' Dress, with two styles of collar and with sleeves or sleeveless. Sizes from 4 to 14 years. Size 12 requires 2⅝ yards of 36-inch material, with the puff sleeves, and ⅝ yard of lawn 36-inch wide for the vestee and collar.

5580—Girls', Misses' and Juniors' dress, with or without collar and with two styles of sleeves. Sizes 8 to 20 years. Size 16 requires 3½ yards of 36-inch material and ¾ yard of the same width for cuffs and bindings.

Back views are shown on page 56

SUMMER tan is the vogue for grown-ups this season; the young folks have been fashionably tanned for several summers. Sun-ray cures are very popular in this country as well as in Europe and the costumes worn conform to ideas endorsed by leading physicians. Sun suits for small people permit the full benefit of exposure to the sun and are most attractive as well. Linen, cotton gabardine, eponge and other rather heavy fabrics in the washable group are suitable for the trousers and suspenders. Wool jersey for the trousers and (*Turn to page* 56)

McCall Printed Patterns may be obtained from leading stores throughout the country and from Children, *The Parents' Magazine, 255 Fourth Avenue, New York City, at prices given on page* 70

Other People's Children

By Mary Carolyn Davies

To a parent it's apparent,
In whatever time or place,
That our own and others' children
Are each an alien race.
It may be that you have noticed—
A fact that's widely known—
That other people's children
Aren't so noisy as our own?

And other people's Esthers
Don't rouge and powder so,
And other people's Ednas
Use tones more soft and low;
And other people's Betties
Choose shoes for sense, not looks,
And other people's Berthas
Read *much* less trashy books!

And every mother's noticed
When she contemplates her brood
That other people's children
Are never quite so rude!
There never were such manners
So courteous, you'll admit,
As other people's children's
(You must have noticed it?)

The world should be a perfect place,
The real millennium
At last we'd see. A greater change
Would very quickly come
Than ever we can bring about
With pulpits, pews and steeples,
If others had our children
And we had other people's!

"THE other night," said Jane, "I was over at Louise Prince's house, and her little Kenneth started to kick and stamp because he couldn't go out with us. You know Louise prides herself on not standing any nonsense from her children. "'Kenneth,' she said, 'if you don't stop that this minute and behave, I'll call the policeman, and he'll put you into a big black prison.'"

"'A pwison wiv a bear in it?' faltered Kenneth—his eyes big with fear.

"'Yes, a great big black bear who eats naughty boys,' said Louise, in her most awe-inspiring voice.

"'Oh, I be dood! I be dood!' wailed Kenneth. Louise seemed to think she had managed him very well."

"How about their older boy, George?" asked Jane's sister. "I met Kenneth Senior yesterday and he told me they were quite worried about George. He's a great boy of fourteen and yet he is horribly afraid of the dark and so nervous and excitable they don't know what to do with him. They're talking of taking him to Dr. W. —the big nerve specialist, you know."

"That's just my point," rejoined Jane. "I suppose when he was a baby like Kenneth, Louise made him mind by treating him to tales of dark prisons and big black bears. Of course he's nervous, who wouldn't be? Really, it's amazing in a sensible woman like Louise, isn't it? She doesn't plant deadly nightshade in her garden and expect it to bear roses. She doesn't feed her family on arsenic and expect them to wax strong and grow fat on it. Yet she plants fear in her babies' minds and then wonders why her children are nervous cowards!"—*Mary S. Haviland*

Genuine Oriental Pearls

ANNIVERSARY NECKLACES

A Treasure that Increases with the Years

Preserve the cherished memories of your little girl's journey through the years with an ANNIVERSARY NECKLACE of *Genuine* pearls. Starting with a strand of three or more pearls, each birthday will bring an imperishable memento in the addition of pearls of highest quality . . . Picture her grown into womanhood wearing a superb, completed necklace—a treasure made priceless because of its glorious sentiment.

An ANNIVERSARY NECKLACE is truly "the gift that becomes an Heirloom". Ideal as a gift for graduation.

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PEARL — AT - A — TIME —

Necklaces or additions at all leading jewelers. If unobtainable locally we will be pleased to advise where you can buy them.

If Parents Only Knew!

A remarkable NEW BOOK for mothers and fathers of children of school age

by

ELIZABETH CLEVELAND

Author of "Training the Toddler"

What the modern school is doing for the child and how the home can help. How parents can take an active part in their children's school activities. Definite suggestions for Parent-Teacher Association Activities, Health, Recreation, Citizenship, Character Training, Choice of Vocation and other subjects.

Cut and Mail Coupon

CHILDREN, The Parents' Magazine, 255 Fourth Ave., New York

Please send me, postpaid, one copy of "IF PARENTS ONLY KNEW." My remittance of $1.75 is enclosed.

Name .....

Address .....

1P6

Feeding the Family

By Ruth Washburn Jordan

Food Consultant

The Care of Cooking Utensils

EVERY year equipment for cooking becomes more complete, more fascinating, more satisfactory. Who would not enjoy using the attractive utensils of enamel and aluminum, ovenglass and earthenware that are to be had today? Much of the pleasure in cooking depends on our having just the right equipment and keeping each utensil bright and shining.

The manufacturers have employed the best materials and technical skill to produce utensils of quality, adapted to every conceivable kind of cookery. Since each utensil is made for a particular use it should be employed for the purpose specified in order to get the best service. Naturally, the whole program of advertising and selling these articles includes in it the education of housewives in the proper use and care of them. Go into an up-to-date department store today and ask for "something to clean burned cooking pans," and if the saleswoman is really alert she will answer you good-humoredly, "Washing soda will help and scouring pads will finish the job, but why burn your pans when it is so easy to regulate the fire under them?"

In cooking, an ounce of forethought is worth a pound of scouring. In the well-regulated kitchen burning the food "just isn't done." But if the unfortunate accident should occur, and a pan is burned, remove the food without scraping the pan, put into the pan a spoonful of washing soda and some hot water and set aside for several hours. Then empty the pan and scour with a metal pot-cloth or pad of mineral wool. Do not scrape it with knife or spoon. This treatment may apply to practically any kind of cooking utensil, except that in case the pan is aluminum the soda should not be used. Soak it in water and then use the pads of mineral wool.

A good, general rule to follow is never to use a harsh cleaning agent if a mild one will answer the purpose. Always protect the fine polished surfaces of all cooking utensils and they will stay bright and look new much longer than if you scour them ruthlessly. Whenever possible use a polish rather than a scourer. If you want to avoid having scratched and dented aluminum and chipped enamel, use a wooden spoon instead of a metal one to stir and lift the food when cooking.

Before using new utensils, wash them thoroughly in soapsuds to remove the light coat of dressing that is put on in the factory. Then any articles that are subject to rust should be rubbed with a cloth saturated with oil or unsalted fat.

For cleaning the enamel stove, if more than soap and warm water is needed, use a cleaning powder. For enamel pans use a paste or powder.

Bran Biscuits

1¼ cups flour
¾ cup bran
1 teaspoon salt
4 teaspoons baking powder
3 tablespoons brown sugar
¼ cup raisins (seedless)
2 tablespoons shortening
¾ cup milk

Sift dry ingredients until thoroughly blended. Work in the shortening with the tips of the fingers. Add the raisins, add the milk slowly. When mixed, roll the dough to ½ inch thickness and cut in very small biscuits if you would please the children. Bake in hot oven 12 to 15 minutes. Serve these when a day old.—*Mrs. J. W. B., Ashland, Ohio. See Menu VI.*

Casserole of Meat and Vegetables

2 cups of left-over meat (lamb, beef or chicken)
1 or more boiled potatoes cut fine
1 can vegetable soup

Mix well. Place in buttered baking dish and bake about thirty minutes in slow oven. The vegetable soup gives not only nutrition and perhaps not easily obtained vegetables but also saves much time usually spent in preparing them for use. The soup being deliciously seasoned, no other seasoning is needed.—*Mrs. H. P. H., Drayton Plain, Mich. See Menu XIV.*

Peach Whip

1 qt. can of sliced peaches
½ cup tapioca
Cold water
3 tablespoons sugar
¼ teaspoon vanilla
2 egg whites

Drain the juice from the peaches and add enough water to make 2 cups. In this syrup cook the tapioca and sugar until clear. Add the sliced peaches. When cool add vanilla and fold in beaten whites of eggs. Serve very cold with soft custard or plain cream. *See Menu IV.*

Applesauce Pudding

2 cups slightly sweetened applesauce
12 graham crackers rolled fine
12 Marshmallows cut fine

Add marshmallows to hot applesauce. Stir until marshmallows have melted. Then add graham crackers rolled fine. Mix thoroughly, put in mold and place in ice-box over night. Serve with whipped cream. *Menu XIV.*

Kidney Stew

Soak kidney in salted cold water for an hour. Take the core out of the kidney and cut it in rather small pieces. Put these in a saucepan with a quart of cold water. Add an onion stuck with one or two cloves, and a little salt. Simmer very gently for about an hour and a half. Twenty minutes before serving stir in a light cream sauce made of flour, butter and a little of the liquor from the kidneys. Boil gently together for a few minutes. *Menu X.*

Jellied Chicken Bouillon

1 tblsp. gelatin
¼ cup cold water
¼ cup boiling water
1 pt. hot chicken soup
Salt to taste
1 teaspoon of finely chopped parsley

Make a good chicken soup or use 2 cups canned chicken bouillon, season well. Soak gelatin in cold water for five minutes, add boiling water and chicken soup and stir until dissolved, when cool add parsley. Chill, when ready to serve beat slightly with a fork and serve in bouillon cups, with whole wheat wafers. If you wish, you may garnish each cup with a spoonful of whipped cream sprinkled with paprika. *See Menu VII.* (*Turn to page* 46)

Recipe-of-the-Month Club

Send us your favorite recipes—*those that are especially good for children.* Each month we will pay $5 for the best recipe, and $1 apiece for every other recipe accepted for use on this page. Address The Recipe-of-the-Month Club, Children, *The Parents' Magazine*, 255 Fourth Avenue, New York City.

This Month's Prize Winner

Carrot Salad

4 cups shredded carrot
2 cups grated apples
1 cup seedless raisins
Boiled Dressing

Mix carrot, apple and raisins with a simple boiled dressing and serve on crisp lettuce leaves, with a few raisins on top. These may be put through the food chopper for very young children.

This recipe was chosen as the prize winner because it is an unusual combination of fruits and vegetables and one we feel children will like.—*Mrs. Joe E. Risinger, Aqua Dulce, Texas.*

"THE RESULT was all that has been claimed and all that could be hoped for, and, again, such as I had never seen before with any other food."

THAT is the declaration of one of the leading pediatricians (baby specialists) of the country in an article recently published in The Journal of the American Medical Association, reporting the result of an experiment with Evaporated Milk for babies.

Science Discovers

Scientists in the laboratories of the great universities of the country have proved the outstanding virtues of Evaporated Milk.

Ready digestibility, uniform composition in all of the food substances of milk, complete *freedom* from anything that can endanger health; these are the qualities of *sure safety* and wholesomeness in milk for which the world has struggled for half a century.

Specialists Confirm

Great specialists in the actual care of babies have now shown, by practical experience in feeding hundreds of babies, how these known qualities of Evaporated Milk bring comfort and rugged health and sturdy growth to babies deprived of mother's milk. Their experiments show how all the hazard of the dreaded "second summer" after weaning time, has been eliminated for babies everywhere.

Think of this Astonishing Result!

Time was, not so long ago, when a baby deprived of mother's milk had little chance for a life of rugged growth and health. Life itself was in danger. *Now there is no reason why any baby should die, or suffer illness, or have less than perfectly normal growth and health, through lack of safe, wholesome food.* Evaporated Milk provides the surely safe and wholesome milk supply for which the world so long has sought.

Not for Babies Alone

You will realize, of course, that milk so good and wholesome, and so *surely safe*, for babies is equally good for children. No need to wonder ever again if the milk you give your children is safe milk. Evaporated Milk cannot be other than safe milk. Sterilization makes it free from anything that could endanger health. The sealed, air-tight container brings it to you as safe as if there were not a germ in the universe.

Evaporated Milk is not a prepared baby food. It is milk—milk that is surely safe, that is more easily digested than ordinary milk, that is more than twice as rich and always uniform in richness. For babies, it needs to be modified, as does any cow's milk. We do not presume to take the place of your physician in giving advice about the care of your baby, but we will send you a booklet which will give you simple directions for making any modification which your physician may prescribe.

* * *

And Still There's More to Tell

Only in this generation have we learned important things about the food we need for sturdy growth in childhood, for rugged health and vigor in maturity. "A quart of milk a day" is the health prescription of present-day authorities on the food we need. Evaporated Milk—more than twice as rich as ordinary milk—will help every mother to give every member of her family the quantity of milk which health requires.

Let Us Tell You How and Why

Send us your name and address. We will send you, without charge, our booklets which tell about this extraordinary milk for babies—which will tell you, too, how it helps to put the quart of milk a day in the diet of every member of the family. And note this: Evaporated Milk costs no more—in many places less—than ordinary milk.

Evaporated Milk Association, 962 Continental Illinois Bank Building, Chicago, Illinois
Please send us your booklets on Evaporated Milk (check booklet desired). ☐ "A Safer World For Babies" ☐ "A Quart Of Milk A Day"

Name *Address* *City* *State*

BECAUSE Dixies are so appealing, they make friends quickly with children. And so they may help you in many ways to guard a child's health against the dangers of the common drinking glass in the bathroom, the kitchen, and at meals.

Dixies are lovely. Just seeing these dainty Dixies—more graceful for the charming Adam decoration—will make you think of a fine piece of china, and you may find it hard to believe that they are, after all, *not* china but an amazing development in the making and shaping of fine paper. Dixies owe their delicate charm, and their sturdiness as well, to the ingeniously glazed surface.

Dixies were specially made for use in the home, to avoid the trouble of washing glasses and to save the expense of broken tumblers and goblets. They are packed in convenient 10¢ and 25¢ cartons. Stationery, grocery, drug, department and 10¢-stores have them in stock, or can easily procure them for you. Very handy in the automobile, on outings and picnics.

INDIVIDUAL
DRINKING CUP CO., Inc.
Original Makers of the Paper Cup
EASTON, PA.

You and the children will enjoy the Dixies Circus over WJZ and Associated National Broadcasting Company Radio Stations every Friday evening from 7:30 to 8:00, Eastern Standard Time.

Feeding the Family

(*Continued from page* 44)

Jellied Beef Bouillon

Beef bouillon may be made the same way as jellied chicken bouillon, substituting beef soup for the chicken soup.

Applesauce

8 tart apples
½ cup of water
1/3 cup of sugar
½ teaspoon butter

Wash, quarter and pare the apples, add water and cook gently until tender, stir until apples are well mashed. If any lumps remain rub through strainer, add sugar and butter and stir until sugar has melted. If apples are very sour you may add more sugar. A little nutmeg or cinnamon may be added for those who like it. See Menu II.

Swiss Chard

Wash thoroughly and cook leaves just like spinach. The stalks may be cut in inch lengths and served with a cream sauce like creamed celery. Menu XIV.

Summer Squash

Select young, tender summer squash. Wash and peel and cut into small pieces. Cook in boiling water until tender. Drain thoroughly, mash and add a teaspoon of salt, 2 tablespoons of butter, and a tablespoon of cream. Menu XIII.

Green Peas

Shell 2 lbs. of peas and just cover with boiling salted water. Add one teaspoon of sugar. Cook until tender (from 15 to 20 minutes) uncovered. The water should be almost evaporated. Add 1 tablespoon of butter. Cover and shake gently until butter has melted. Peas cooked this way are green and have a wonderful flavor. See Menu II.

Jellied Chicken

Dress, clean and cut up a four-pound fowl. Put in a kettle with one small onion cut in halves. Cover with boiling water, and cook slowly until meat falls from bones. When half cooked add 2 teaspoons of salt. Remove chicken and cook chicken stock down to ¾ of a cup. Strain and skim off fat. Decorate mold with cooked green peas and slices of hard-boiled eggs. Remove all the meat from the bones and skin and pack in mold. Season with salt. Pour on stock and place mold under a heavy weight. Keep in a cold place until firm. When ready to serve unmold on bed of crisp lettuce. See Menu XIII.

Boiled Greens Salad

The outside leaves of lettuce or chicory, beet-tops, turnips-tops, Swiss chard, or spinach may be used. Any or all of these may be boiled in salted water uncovered until tender. Drain and when cool pack into a mold, large or individual. When ready to serve, turn out on crisp lettuce leaves and garnish with slices of hard-boiled egg or slices of tomato. Serve with a simple boiled dressing. See Menu XIII.

Hot-Weather Dinner Menus

Attractive to Adults, Nutritious for Children

I
Potted Chicken
Noodles
Buttered Asparagus
Vanilla Ice Cream with Fresh Strawberry Sauce

II
Creamed Chicken on Toast
Fresh Green Peas
Buttered Carrots
Lettuce Salad
Boiled Dressing
Fresh Applesauce
Molasses Cookies

III
Broiled Minute Steaks
Buttered Parsley Potatoes
Swiss Chard
Cup Custards with Cream

IV
Vegetable Plate, with boiled rice, carrots, peas, buttered beets and boiled beet greens
Tomato Salad
Boiled Dressing
Peach Whip with Soft Custard

V
Lamb Soufflé
Baked Potatoes
Scalloped Cabbage
Carrot Salad
Cherry Gelatin with Cream

VI
Tomato Soup
Bran Biscuits
Boiled Cod with Egg Sauce
Mashed Potato
Spinach
Lemon Snow

VII
Jellied Chicken Bouillon
Creamed Asparagus on Toast with Hard-Boiled Eggs
Combination Fruit Salad
Wholewheat Crackers and Cream Cheese

VIII
Cream of Asparagus Soup
Roast Beef
Macaroni with Tomato Sauce
String Beans
Ice-Cream Shortcake with Fresh Fruit Sauce

IX
Beef Sliced and Warmed in Gravy
Riced Potato
Fresh Green Peas
Pineapple Cabbage Salad
Strawberry Gelatin with Cream

X
Kidney Stew
Boiled Rice
Buttered Asparagus
Raw Carrot and Lettuce Salad
Pineapple Ice Cream

XI
Beef Pot Roast
Browned Potatoes
Sliced Raw Tomatoes
Stewed Pears
Cookies

XII
Broiled Filet of Haddock
Tomatoes Cooked Thick with Rice
Cucumber Salad (Cucumbers for Grown-ups only)
Orange Gelatin with Soft Custard

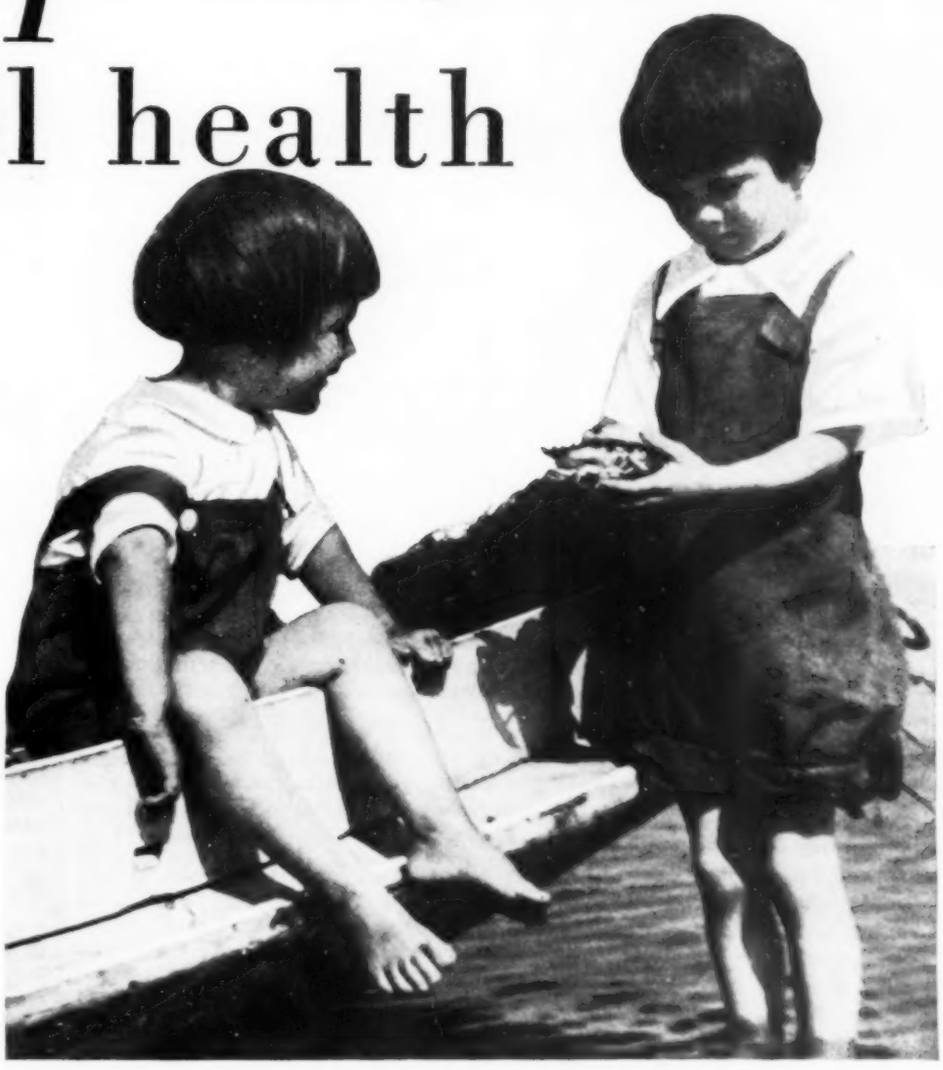
XIII
Vegetable Soup
Jellied Chicken
Buttered Summer Squash
Cold Boiled Greens Salad
Lemon Sherbet

XIV
Casserole of Meat and Vegetables
Buttered Swiss Chard
Lettuce and Cottage Cheese Salad
Applesauce Pudding

 All advertisements conform to standards on page 79.

Deep in June's full health

Good foods promote good health



IF EVER children should be happy—it's in late June. Warm swirling waters to wade in, all outdoors to run in, fresh vegetables and fruits of fine gardens to eat.

Do you know about cooking vegetables with sugar so that children really like them? This is a wise old country way, rediscovered. Even famous old cooks who could gather vegetables dewy fresh—used sugar to increase those fresh flavors. What is it sugar does? It brings out the natural garden sweetness of the vegetables. It gives "point" to their flavor. It makes carrots have a more carroty taste. It gives spinach an unusually fine flavor.

Try hot peas, country style. Try silver onions cooked with the least bit of sugar. Don't add enough to make vegetables sweet—but only enough to be a high-light in emphasizing flavor. Such vegetables appeal quickly to grown-ups—to children.

You know that children need the vegetables. Not all the suns of June, or its warm fresh winds, or its hours of carefree play, can take the place of the vitamins, minerals, and other qualities in these foods that children should eat. Try the tempting servings resulting from this wholesome combination: a little sugar with the vegetables.

Peas Country Style. To two cups shelled peas allow four tender carrots and a small onion. Scrape and slice the carrots, cook them and the peas in enough water to cover, adding a level teaspoon sugar. When nearly tender, add one chopped onion, a tablespoon butter, salt, a level teaspoon more of sugar—and simmer till the onion is cooked. These are very flavorful peas.

Onions in Cream. Peel and cook ten small onions in boiling salted water with one level teaspoon sugar. Serve with cream sauce made with one tablespoon butter cooked with one of flour a few minutes; add 1½ cups milk, cook till thick, season with ½ teaspoon salt, and a teaspoon butter. Children like these onions.

Spinach. Prepare a quarter-peck. Cook in its own steam with level teaspoon sugar for ten minutes. Such spinach does not taste like ordinary spinach.

Candied Carrots. Cook small carrots in boiling water with a level teaspoon sugar till partly tender. Cut in half, place in baking dish and sprinkle with salt and granulated sugar. Dot generously with butter. Bake till nicely browned.

Sugar improves the flavors of so many healthful foods that true it is, if you flavor with sugar, you flavor with health. The Sugar Institute, 129 Front Street, New York City.

Your Child and His Milk

All children vitally need fresh milk—but not all children want to drink it. Sometimes all the threats and pleadings of parents cannot make the child take it.

There is one device, however, that almost never fails to work. And that is to offer the milk with Stone's Sanitary Straws—as though it were an ice cream soda.

Therefore, every family should keep Stone's Sanitary Straws on hand, not only for this reason, but also, because they are useful in the sickroom and for serving drinks at or between meals. The best drink tastes better through a straw. Furthermore straws prevent gulping—thereby aiding digestion. Get the handy ten cent home package from your druggist today. If he does not have it, send us the coupon and ten cents (stamps or coin).

STONE'S Sanitary STRAWS

STONE STRAW CORPORATION
Washington, D. C.

I am enclosing ten cents (stamps or coin), for which please send me the handy home package of Stone's Sanitary Straws.

Name .....

Address .....

City ..... State .....

Druggist's Name .....

Druggist's Address .....

HOME MOVIES

By JOHN BEARDSLEE CARRIGAN
Amateur Cinema League, Inc.

WHILE most home movie enthusiasts like to make films themselves, there are also many who are interested in projection programs or home movie shows. The extensive development of home film sale and rental libraries during the last two years provides a wide source of subjects which can be used either to supplement a program of one's own films, or to supply a complete evening of projection.

Some of these home film libraries have independent headquarters in the larger cities, and almost every community of any size will offer one or more as part of the service of the progressive dealer in photographic equipment. Communities without such libraries can secure film service by mail from the nearest one.

Film subjects can be purchased outright from these libraries, or provision is made for rental. Those who wish to build up a personal file of films of permanent value will probably prefer outright purchase. Many who do not care to make this investment find the rental method provides a constantly varying program of interest. It is difficult to generalize on the sale price of these home films as their cost varies with the subject matter and length of the film. 100-foot units, which consume approximately four minutes of screen time, can be secured for as little as $4.50. Others run much higher. Probably an average price per 100-foot reel might be considered to be $7.50. Films are also offered in 200-feet and 400-feet lengths, or in multiples of the 400-feet reel which is the maximum size reel used on 16-mm projectors.

RENTAL prices are also difficult to gauge as they differ with subject matter and with the individual library. Some libraries have arranged coupon book systems which materially reduce the cost of an evening's program. In this connection it would be best to investigate the rules and rates of the local library which can most conveniently serve. It can be safely said, however, that an evening of projection on a rental basis can undoubtedly be secured for the cost or less than the cost of a single 100-foot sale subject.

There is now discernible a very decided tendency to produce special films meeting the definite interests of the home. Educational films of great value are also being made available. In general, even at this early stage of the development of home movies, films to meet almost any taste and suitable to any age group can be secured from these libraries.

The subject for discussion next month will be the taking of your first motion-picture.

Please the family.....

...with a new salad flavor

SALADS are an essential part of the diet, but a constant repetition of the same combination of ingredients, over and over again, becomes monotonous. Try this one with a brand new flavor. It will gladden the taste of those so fortunate as to be a party to the serving.

Beech-Nut Fruit Salad

Cooked Prunes — Slices of Pineapple
Beech-Nut Peanut Butter — Lettuce Hearts
Cream Mayonnaise

Remove the stones from the prunes, and fill the cavity with peanut butter blended with a little heavy cream. Place a slice of canned pineapple on the lettuce hearts, arrange three or four prunes, depending on size, on the pineapple and drop a spoonful of mayonnaise in the center. Chill well before serving.

This is but one example of how Beech-Nut Peanut Butter can be used to give entirely new flavor to many different dishes and foods. There are dozens of other ways that will give you real surprises in flavor—even to foods you frequently serve. We suggest you fill out the coupon below for our recipe folder.

Beech-Nut Peanut Butter

BEECH-NUT PACKING CO. C-29
Canajoharie, New York

Please send the FREE folder featuring new Peanut Butter recipes.

Name .....

Street .....

City .....

Out of the MOUTHS OF BABES

One dollar will be paid for each child's saying published in this department

MY little nephew is very fond of using large words, sometimes not at all suitable to the occasion. One evening he came running to my house exclaiming:

"Hurry up, Auntie! I have come 'spressly to exhibit you down street to Grandma's."—*M. R. L., Harrisonburg, Virginia.*

OH! How wonderful!" exclaimed mother, "to see the sun shining after it's been raining all day."

"Why, yes, Mother, it came out in time to set," said Betty.—*Mrs. H. E. G., Trenton, Ohio.*

DOROTHY, aged six, and I were "naming" the alphabet: "A is for apple; B is for ball, etc." We went down the line to "O is for orange, P is for pie, Q is for——"

There was a silence and then with a happy smile Dorothy said, "I know, Q is for cucumber."—*Mrs. J. H. C., Scarsdale, N. Y.*

AFTER Marian and Margery had gone to bed a piercing wail, followed by sobs came from the direction of their room upstairs. Their mother hurried up to see what the trouble was.

"Mother," wailed Margery, "Marian hit me in the stomach!"

"Why did you hit Margery in the stomach, Marian?" ask her mother.

"Well, Mother," said Marian, "you don't think I'm going to get up and turn on the light just to see where to hit her, do you?"—*M. Z., Kansas City, Missouri.*

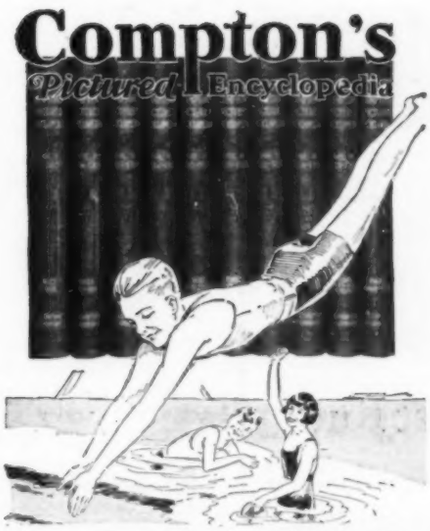
I HAD once told my five-year-old daughter that the full moon was as round as a dollar. Last evening she came running in with:

O, Mother, God must have spent some of the moon, for there's only about thirty cents' worth of it left."—*Mrs. E. C. R., Butte, Montana.*

THREE-YEAR-OLD Jane seemed unable to sleep at her regular naptime one day and was finally allowed to get up. Finding her mother asleep on the davenport, she rushed to her and cried, "Mother, Mother—why did you take my nap?"—*Mrs. D. C., Upper Darby, Pa.*

LITTLE Betty, whose mother was busy in the kitchen, had been coaxing for some candy and had been promised a piece "in a few minutes." The minutes seemed to drag out to Betty, and so she began teasing again. In exasperation, her mother exclaimed, "Betty, do have a little patience!"

"But, Mama," wailed Betty, "I didn't ask for that!"—*M. M., Richmond, Va.*



VACATION

above all times is just the time for COMPTON'S

FOR here in COMPTON'S the learning of the world is made as interesting as a story book. And here in vacation-time are all the children in the world released from school and with all their natural interests aroused.

They are in the parks, they are in the country, their eyes are seeing new things, their ears are hearing new sounds, their minds are fairly thrilling with new impressions.

They want to know all about these new things and COMPTON'S tells them. Tells them in terms of their own understanding, and so not only fills them with greater knowledge happily gained, but inspires them to finer character-building and surer leadership.

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IVER JOHNSON QUALITY
IS
ECONOMY

The Common Sense of Sex Education

(*Continued from page* 19)

large share of the child's time was spent in places which the mother knew nothing about, and it was there that sex play had developed.

We have, then, this group of people who are not aware of the problem. On the other side, there is a second type of parents who are well aware that a problem exists, but who have developed a technic for dealing with it which is, at least in my opinion, entirely too active. These are the parents who have revolted, so to speak, against the conventional ways in which they were trained. They have come to the conclusion that all of our general social attitudes about sex are merely matters of repression, or prudery, or of a puritanical streak in the make-up of man and that somehow all this must be erased. They see nothing of value to the social order in the fact that some sort of regulations of sex and sex activity have been established. They revolt against them.

WHEN people revolt they usually go to the other extreme—to some extremely opposite type of reaction from the one which has led them to revolt; this being especially true in matters of opinion when we have none too many facts. So it is with these parents. They *press* sex information and sex guidance upon their children. They take a pronounced share, themselves, as I see it, in the creation of a morbid type of curiosity and an emotional interest on the part of their children in the issues involved in sex matters and their regulation in society. One sees a good deal of this nowadays.

There is no knowing how much damage this attitude on the part of children will eventually do. It hasn't been in existence long enough for anyone to say what the results of it may be. But one certainly sees in these children a more than normal curiosity, and a tendency to dwell upon sex topics in a way which the parents of the first type would regard as pathological.

It is evident that both of these types of reaction on the part of the parent to the problem of the sex social guidance of their children are highly undesirable.

What should the attitude of the parents be, and how should they approach the sex education of their children? Is it wise to adopt the policy that small children are not interested in such questions? That is plainly unwise, because it is unsound: they *are* interested in such questions. There are perfectly definite, typical questions that almost all young children ask at one time or another, such as: Who made me? Where did I come from? Where was I before I was born? Where were you before you were born? Where did little brother come from?

Not only that, but sooner or later—and usually sooner—children discover that there are anatomical differences between themselves and other children in the family. The children quite naturaliy ask questions which must be answered in some way. I suppose the manner in which they are answered is the most important point in determining the later attitudes of the children toward sex and sex problems.

Can we find any guiding rules in this whole matter of the sex guidance of our children? I believe so and I believe they are very simple.

So far as the child's questions go, answer them frankly and honestly, but go no further than the question asked you demands. The trouble with most people is that they either say nothing (or indicate that the question is a shameful one) or they say too much. I cannot tell you how far you must go in answer to any given question. You can only decide that for yourself at the time.

Then remember that the child's interest and curiosity are natural, normal and healthy; that it is only by making such queries that the child can eventually understand his world. He has to make these queries about many things—sex is only one—and if you have ever considered a child's questions, or kept track of them over any considerable period of time, you have found that only a small group of them have to do with sex.

Most important of all, parents must be sure of their own attitude about sex and sex problems. There must be an objective, unemotional attitude toward sex and the same sort of response to sex questions. When they arise, you should be able to deal with them with some degree of adequacy.

CHILDREN pay far less attention to our words than they do to our tone of voice and the facial expressions and the bodily tensions by which we express our emotions. If we have repressions about sex, we will show it in many ways. If it is a terrifically disturbing topic to us our children will know it, not from what we say, but from the way in which we say it. Many of us have been trained to think that it is a terrible topic which we should not approach in an objective way—something that should not be discussed. This is all very well until one begins to realize the enormous amount of talk that goes on about it not only verbally, but in magazine stories, moving pictures, and in various other ways that play up this whole side of life, *often in an undesirable way*. Our children are bound to get sex information. The question which concerns parents is whether they can give them wholesome instruction about sex or whether they are to be left to pick up information of any kind anywhere.

If a child's questions are not dealt with in a calm and objective manner, he will get the idea that there is something underneath all this which may be rather interesting to find out about. In casual contacts, then, with his companions, in his reading, at the movies, in words that he overhears, and in various other ways, he will pick up a great deal of information. He will not dare

 All advertisements conform to standards on page 79.

to talk it over with his parents since he senses their embarrassment whenever the subject is raised. So his information remains an undigested mass, which is a stimulus to morbid types of curiosity; and all kinds of conflicts and later difficulties may result.

Parents ask in regard to the sex education of their children: "What kind of information shall I use? How shall I answer the questions? I don't know the answers to many of them myself." That brings up the necessity of getting for yourself accurate, definite information. *The following bibliography will help you to prepare yourself to deal frankly, intelligently, and helpfully with the questions your children will ask.*

I believe that the most important first step in education for parenthood is that fathers and mothers should clear up their own prejudices, repressions and emotional difficulties as regards sex. Only then will they be able to guide their children to a normal, wholesome attitude toward this side of living.

SEX EDUCATION, by Maurice Bigelow. *Macmillan.* $1.60.

GROWING UP, by Karl de Schweinitz. *Macmillan.* $1.75.

THE PSYCHOLOGY OF MARRIAGE, by Walter Gallichan. *Stokes.* $2.00.

PARENTS AND SEX EDUCATION, by Benj. C. Gruenberg. *American Social Hygiene Assn.* $1.00.

STUDY OF MASTURBATION AND ITS REPUTED SEQUELAE, by John F. W. Meagher. *Wm. Wood, N. Y.* $1.50.

THE SEXUAL LIFE OF THE CHILD, by Albert Moll. *Macmillan.* $2.00.

SEX AND COMMON SENSE, by Maude Royden. *Hurst & Blackett, London.* $2.50 in U. S. A.

SEX FOR PARENTS AND TEACHERS, by W. L. Stowell. *Macmillan.* $3.00.

EVERYDAY PROBLEMS OF THE EVERYDAY CHILD, by Douglas A. Thom. Chap. XVII—Sex. *Appleton.* $2.50.

REVISING OUR ATTITUDE TOWARD SEX, by E. Van Norman Emery. *Mental Hygiene* (Magazine), April, 1927. .75 Cents.

Pamphlets

SEX IN LIFE, by Donald B. Armstrong, M. D., and Eunice B. Armstrong, A. M. *American Social Hygiene Assn.* 10 cents.

SOME UNDESIRABLE HABITS AND SUGGESTIONS AS TO TREATMENT, by Jessie Taft. *National Committee for Mental Hygiene.* 15 Cents.

THE PARENTS' PART. *U. S. Public Health Service, Treasury Dept., Washington.* Bulletin No. 32. 5 Cents.

ANSWERING CHILDREN'S QUESTIONS, by Cecile Pilpel. Studies in Child Training, Series 1, No. 9. *Child Study Association.* 10 Cents.

SEX EDUCATION, by Exner, Gruenberg & Richmond. *Child Study Association.* 10 Cents.

A VOCABULARY FOR FAMILY USE IN THE EARLY SEX EDUCATION OF CHILDREN. *Women's Co-operative Alliance, Inc.* 15 Cents.

OUTLINE OF THE PRINCIPLE OF THE PROGRAM FOR EARLY SEX EDUCATION IN THE HOME. *Women's Co-operative Alliance, Inc.* 10 Cents.

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Barefoot freedom without barefoot risks—For Keds are specially built play and sports shoes that help young feet grow right. *Health* lasts give Keds their snug foot-fitting qualities, and prominent physicians endorse them. Keds' soles are specially designed to grip the smoothest surfaces, thus preventing dangerous falls and bruises.

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Look for the name "Keds" on each shoe. None are genuine Keds without the name plainly stamped on them. You will find Keds in the best shoe stores in town.

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The winner in the popular price field and a wonderful shoe for the money. Tough amber-colored sole. Black athletic trimmings and ankle patch. Nickel eyelets. "Feltex" insole. If you're looking for an exceptional value at the price, ask your dealer to show you "Mercury."

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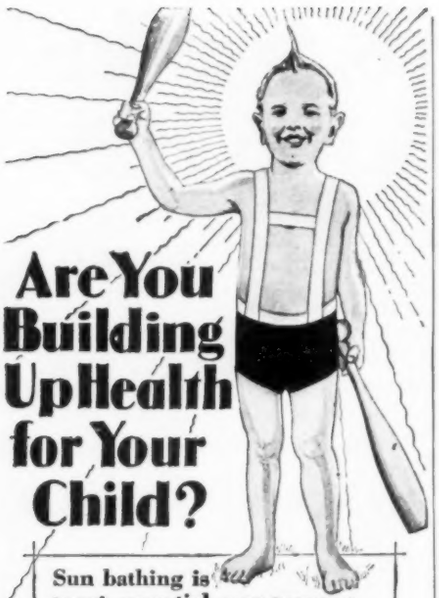

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Climax "Sun Bath" (Reg.) Suits are made of pure virgin wool. For comfort, appearance and long service they have non-stretchable straps, elastic hip binding and built-in crotch. For your child's protection, be sure to look for the Climax label and the hygienic glassine bag. Prices range from $1.65 to $2.65.

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3rd and Westmoreland Streets
Philadelphia, Pa.

Please send me *free* the booklet "Health and Happiness for Your Children." Also a unique picture of Snookums for the children.

Name .....

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The Whole Family House

(*Continued from page 35*)

across one end and the water closet and lavatory side by side on one wall. Such an arrangement calls for a room 5 feet 8 inches wide and from 7 feet to 10 feet long. Then there is the scheme in which the tub, lavatory and water-closet are placed in a line along the same wall. This requires a space 6 feet by 11 feet. From the point of view of piping, this is the most economical.

Although these are the usual layouts for bathrooms, and represent economy of space, piping, and room for comfort around the fixtures, they are apt to be somewhat cramped when the mother must take care of a baby and other children. As special fixtures for the children are not looked upon as good investments, because of the few years they are actually used, the improvements in bathrooms for children's use may better be made in general arrangement and in the smaller items.

Take for example the baby's bath. It is helpful to select a lavatory that may be used as a baby bath. It is also convenient to have enough space on one side of the lavatory for a table on which to lay the baby while preparing the bath water or where he can be dried and dressed after the bath. Folding canvas-top tables can be purchased for this purpose.

THE type of lavatory which can be adapted to bathing the baby is equipped with a concealed outlet for hot and cold water. The faucet handles are covered with full round china knobs, as is also the outlet control. There are no exposed metal edges on which the baby can be bumped or scratched. Also the danger of burning the child on the hot metal of the hot water faucet is eliminated. The water, too, can be mixed to the right temperature before it comes into the basin. As the water flows in from under a protuberance at the back of the basin, the baby is not apt to be burned by hot water dripping from a faucet. The control handles, too, are out of reach of the baby's hands.

In addition to the table beside the lavatory, there should be a closet in which many things needed for the baby's toilet can be stored. This is best built into the house, but small portable closets can be purchased that are very useful, if space can be found for them.

In the drawing I have shown a closet built into the whole scheme of the bathroom, and especially designed to make the baby's toilet easy. The captions accompanying the illustration explain the use of this closet.

A special medicine cabinet for children's remedies is built into the wall above the table. This is not an expensive item, and many accidents are avoided by keeping the children's remedies away from those of the grown-ups.

In addition to making the baby's bath easy, a well-planned, well-equipped bathroom will simplify the toilet of the children from a year and a half to four years of age. Make the washing of small hands and faces easy by supplying a broad stool with rubber-tipped legs for them to stand upon. Steps for children are also on the market to serve this same purpose and many others. Attachments for the water-closet seat are made for children in various patterns. One type is very simple and fits in between the lid and the seat, swinging on the same hinge. Another type is equipped with back, sides and adjustable foot rest—this seat folds and is portable.

Low towel racks on which the children can be trained to keep their own towels are a necessity. A switch at the door within reach of the child will save a mother many a trip to the bath to turn on the light. A lock on the bathroom door which can, in emergency, be opened from the outside is a safety precaution which will recommend itself to every parent.

IF possible, the bathroom window ought to open out on the south side of the house, so that sunlight can come in and the chilly winds of winter cannot. No bathtub should ever be placed directly under a window, for the leakage of cold air makes the bather very uncomfortable. It is well to provide an electric auxiliary heater for the bathroom, to see that the room is always warm enough to be comfortable after a bath. A three-bulb electric heater, built into the tile wall, is very satisfactory for this purpose; the cost of installation is about $45.

Both for comfort and efficiency, correct electric lighting is essential in the bathroom. In the illustration, lights above the baby's table and wash-basin are indicated. These might have been placed directly above the mirrors of the medicine cases on the wall and shielded by porcelain reflectors to divert the light downward. A single light located on one side of the mirror is very bad, for this leaves one dark cheek for the man of the house to struggle with when shaving. Two lights on each side of the mirror are best, but they must be shaded to soften the glare of the bulbs. A central light, controlled by the switch at the door is advisable to give general illumination to the room. A double outlet near the lavatory, into which the cord of an electric curling iron, water heater, or auxiliary heater may be plugged, is a great convenience. In general the appearance of porcelain lighting fixtures is more in harmony with the tile wainscot, but delicate metal light brackets on the wall may be attractive.

Many of these suggestions for bathroom equipment must be modified by the restrictions imposed upon the plan by the adjoining room arrangement. It is very bad planning not to work out an ideal bathroom layout and fit the house around it, and this is impossible when a new bathroom is to be added in a house already built. Many families find that as the children grow older, an extra bathroom becomes almost a neces-

sity, and they look about for the best place to locate it.

Usually it can be installed with least expense on the third floor of the house next to the four-inch soil line that extends up and through the roof from the bathrooms on the second floor. With this pipe can be connected the drain lines from the fixtures. As the water-closet requires a four-inch pipe, it should be placed next to this vertical soil line, so that the floor beams need not be cut too deeply to let it into the space between the third floor and the ceiling of the second floor. The other fixtures ought to be located within a radius of five feet from it, making it possible, thereby, to save money by eliminating all vent pipes from the traps under the fixtures. Such vent lines for a third-floor bathroom are sometimes required by local ordinance and are always necessary for a bathroom on the second floor. A bathtub on legs will save the long runs of piping under the floor required for a built-in bathtub and is therefore cheaper to install. As far as possible, the waste lines which drain the bathtub and the lavatory should be carried in the partitions and not under the floor, for it is very expensive to cut away structural members for pipe lines.

If it is impossible to avoid running some pipes under the floor, as it usually is when the bathroom is located on the second floor, it will be found economical to build a false floor on top of the existing floor and under this the pipes can be laid. This need not be more than four inches above the existing floor.

IF space for an extra bathroom is limited, a short, three-and-a-half-foot bathtub with one end deeper than the other may be installed. This is known as a "sit-down tub," and costs about $125. A built-in, tile-lined shower-bath costs more but is a great convenience. Children learn early to take their daily baths without assistance when there is a shower in the house.

An excellently designed bath combines in one a shower bath, foot bath and seat, and child's shower bath, within a space 30½" wide by 46½" deep.

It is sometimes practical to place the water-closet in a separate compartment of its own off the bathroom. But this arrangement is somewhat expensive since it requires an extra window and a door and additional partitions.

As the bathroom is subjected to clouds of steam and splashing water, its decorations and equipment should be selected to resist this condition. Tile for the floor and the walls has been universally accepted as the best method of decoration. Only a few years ago, white tiles were considered most suitable since they reflected the popular idea of sanitation. Today, we are willing to spend a little more for color in the bathroom and are repaid with bathrooms that keep clean longer. Whereas square white tiling costs $1.10 per square foot, colored tiling may be had for $.35 more. White floor tiles

(*Turn to next page*)

Good morning Mrs. Cow !

"DO YOU GIVE 'UDGIE' MILK?"

"IF you don't, I'll *drink* some," said Mary. Kind Mrs. Cow was much upset by the question, so she sat right down and *cried!*

That was the first of a GREAT ADVENTURE. Mary's father and the Doctor Man said she *must* drink more milk if she expected to grow rosy, healthy, and happy.

Since that ADVENTURE Mary has loved drinking milk. You see, *now* Cook adds a little sugar and half a teaspoonful of *Burnett's Vanilla* to each glass of milk.

If *you* want to hear how Mary found out about *Vanillamilk*, just send us 5¢ for a little book called "*Why the Cows Cried.*" It is full of pictures and is made especially for *you.*

Yes, Write to—

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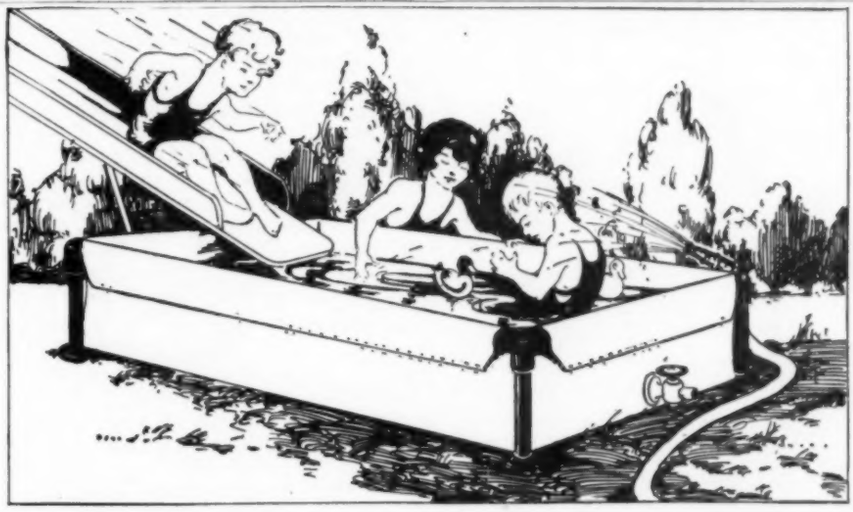

OUTDOOR PLAY POOL

Just the thing for your yard in the city or in the country.

A substantial Outdoor Play Pool of simple construction delivered to you at a price within the reach of all. Easily and quickly set up or taken down. Can be used as sand box.

Made of heavy canvas in two sizes: 7 ft. x 5 ft. x 12 inches deep and 5 ft. x 5 ft. x 12 inches deep.

Strong frame construction easily assembled. Exposed parts enameled. Folds up into very small space.

Solid brass outlet with hose connection if desired. There is nothing about the Play Pool on which a child can be injured.

Can make prompt delivery in heavy fibre carton.

Write at once for prices. Use this coupon for convenience.

MADMAR QUALITY CO., Utica, N. Y.
Please quote me on your Outdoor Play Pool.

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"But daddy, I tell you . . . . . it was no laughing matter to mother and me! . . . . . The weather grew warmer . . . . and I grew crosser . . . . every day. Chafed, you know. Of course it was mother who found out the trouble . . . . . and now, we're using a different powder, made specially for me! It's so soft and keeps me so comfortable . . . . and I don't care what the weather is . . . . . I've been cool ever since!"

(THE CHIEF CHEMIST SAYS. . . .)

BABY powders are different—largely because of the difference in *talcs*. The costly Italian talc used in Johnson's Baby Powder is made up of soft, tiny flakes—but the cheaper talc used for some baby powders contains sharp, *needle*-like particles! The trained observer readily sees this difference under a microscope, and you can feel it yourself, this way . . .

Rub a little Johnson's Baby Powder between your thumb and finger—then try another powder. You'll know, soon enough, if it's made with inferior talc!

Johnson's Baby Powder contains *no* stearate of zinc.

Johnson's Baby Powder

Ask your dealer also about Johnson's Baby Soap and Cream

Johnson & Johnson

WORLD'S LARGEST MANUFACTURERS OF SURGICAL DRESSINGS,
"ZO" CARTRIDGE SPOOL ADHESIVE PLASTER, ETC.

FREE SAMPLES: *Let us send you a generous free sample of Johnson's Baby Powder. With it we'll include free samples of Johnson's Baby Soap and Cream—two other products important to a baby's comfort. Write to Baby Products Division, Dept. C.A. Johnson & Johnson, New Brunswick, N. J.*

The Whole-Family House

(*Continued from page* 53)

cost $.65 a square foot, mottled ones $.15 more.

For a downstairs lavatory, cement marked off in squares like tiling is satisfactory. This costs only $.28 a square foot and can be painted with waterproof lacquer for about $.07 a square foot. Sheets of asbestos, grooved to resemble tiling and sprayed with colored lacquers are on the market now and may be set in place for $.70 a square foot. Linoleum on the floor will be cheaper than tile, costing, including the necessary wood floor beneath it, about $.45 a square foot.

Plaster walls and ceilings above tile or a tile substitute should be decorated with waterproof paints or papers. Patterned wall papers may be used and then sprayed with lacquer or waterproof shellac. The walls may also be covered with cotton sheeting, and worked out smooth with Swedish putty and painted with enamel. This type of decoration can also be used in place of wall tiles. Colored fixtures now offered at slightly higher prices than white fixtures help to make an attractive bathroom.

IN addition to the improvements in the decorations of bathrooms, many useful accessories can be built into the tile walls such as tooth-brush-holders, soap-holders, toilet-paper-containers, tumbler supports, sponge-racks and grip-handles and towel-racks. These cost, on the average about $4.00 apiece to install.

Step by step the manufacturers of plumbing fixtures built up the scientific side of sanitary design in the bathroom, and now they have gone beyond this and are making useful objects beautiful.

Washing Machines, Big and Little

(*Continued from page* 38)

washer. Thus the present-day manufacturer offers a two-speed machine, full steam ahead for household linen and average family wash, while for dainty lingerie or delicate fabrics one goes into slow speed. Still another manufacturer offers a medium-sized gyrator-type washer in combination with an electric ironer, the two machines deriving power from the same motor, and the joint equipment costing no more than do some of the fine separate washing machines.

Improvements have also been made in the devices for filling and emptying washing machines, another of those practical details that mean so much to the woman who is to operate the machine. There are thousands of households where for one reason or another the washing machine cannot be made part of the permanent plumbing. In any case, filling is easily managed by a simple hose connection from whatever hot and cold water faucets are available.

Emptying, however, has always presented more difficulties. Here for once,

Mrs. R. R. S., Montclair, N. J.

"Mothers thank me for telling them about your magazine"

One hundred and fourteen mothers learned about CHILDREN, The Parents' Magazine, through Mrs. R. R. S. of Montclair, N. J. And in addition to gaining their everlasting gratitude, she has earned a considerable sum of money for her personal funds.

> "I found the magazine so helpful in meeting the problems of my own three children that I thought I might render other mothers a good turn by introducing it to them. I enjoy the work and have made many pleasant acquaintances by this means."

There are hundreds of other mothers who have undertaken this remunerative spare-time work because of their interest in the magazine and the service it offers to parents.

Will you help us, too?

The parents in your community will welcome the opportunity to have brought to them the advice of the leading authorities on child care and training. And you can earn a generous commission and bonus on every new or renewed subscription you send us. Detailed information will be sent on request.

MAIL THIS COUPON TODAY!

CHILDREN, The Parents' Magazine
255 Fourth Ave., New York

I want to help too. Tell me about your commission and bonus plan, please.

Name .....

Address .....

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629-A

the country housewife has all the advantage over the city one, for she may readily drain her tubs by means of a syphon-tube. To meet the same situation for the city housewife, several manufacturers now provide a self-emptying device which automatically pumps the machine dry, the waste being run off through a rubber tube into some near-by drain.

Next comes the question so frequently put by magazine readers to those who write about household machinery—"how can I tell what kind of machine to select for my own use?" The first requirement is always that the prospective purchaser must size up her own needs and her pocketbook. Is she looking for a machine for the whole household, or merely to solve the laundry problem of the latest addition to the family? Must she dry the clothes outdoors or in? How much can she afford to spend to facilitate the handling of the family laundry, and how pressing is that problem with reference to other household cares?

Next come physical and technical considerations: how much space is available for the machine, and of what shape? How much service will the machine under consideration require? Has its lubrication been reduced to a minimum? In what way is the company or agent through whom you expect to purchase prepared to stand behind his machine? What repair facilities will there be, not now when everything is new and fine, but five years from now?

Whether the machine is to be purchased outright or by deferred payment is also a matter for individual judgment. Sometimes instalment paying is preferred as a kind of insurance lest the machine prove defective, and sometimes admittedly, instalment buying can represent unwise extravagance. On the other hand, when household cares are very heavy, it is far cheaper to buy a mechanical assistance on the instalment plan than for the mother of the family to work herself into the hospital.

NOR will the ordinary laundress hired by the day break the machine, as her employer sometimes imagines she will. Given a little instruction, and a little supervision, a day-worker will make a satisfactory operator for the home washing machine, and will save money for her employer by using it.

To those accustomed to their operation, the present types of machine seem marvels of speed and simplicity of operation. But the sure, certain ease of the practiced operator will not come to the beginner overnight. No matter how completely the machine has been demonstrated, no matter how carefully the beginner has read her directions, some little period of adjustment will be necessary while she learns to change her routine from hand methods to machine practice. A little patience and practice on the part of the new operator will soon bring her to the point where her machine will do for her all that the manufacturers have promised.

"Let's have a tea party!"

DOLL tea parties have a charm all their own for the six-year-old . . . And they offer an absorbing and interesting way to teach the art of gracious hospitality.

Real foods will help to make the lesson remembered . . . cocoa, some sandwiches, and a pretty basket of little cakes to be shared with the other "guests" present.

Let the young hostess help you to get the tea ready. She will love to learn the secrets of making the dainty cakes. And you'll find you can teach her to measure as carefully as you do...to sift the flour...to stir the batter...and to fill the little pans.

While she works it is easy to tell her how the cakes are "pushed up" by *Royal Baking Powder*. How light, tender and digestible they will be! She will enjoy dipping her spoon into the smooth, velvety texture of Royal.

And because of its dependability and wholesomeness Royal, the Cream of Tartar Baking Powder, is recommended for all your baking.

Royal, the Cream of Tartar Baking Powder. Absolutely pure.

FREE: The Royal Cook Book containing 350 tested recipes for all kinds of delicious foods. Mail the coupon for your copy.

The Royal Baking Powder Co., Dept. F
121 East 42nd Street, New York City

Please send me a free copy of The Royal Cook Book

Name_____

Address_____

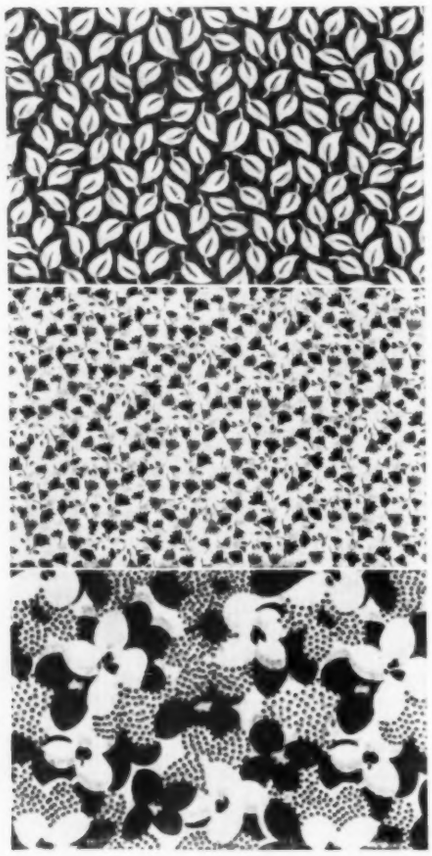
City_____ State_____

Authorities on Children's Clothing

Point out *Four Things* to Consider in Making the *Most Satisfactory Play Clothes*

AND Everfast Fabrics, most popular of play-clothing materials, assure you of having all four. There are four important things that should be considered in selecting play clothes for children. They should be artistic, washable, economical and comfortable. Too often children are uncomfortable and unhappy because of the clothes they are wearing.

Pretty clothes make children happy. They feel they are well dressed. Fast color is important too, because play clothes should be washed after each wearing. Textures must be sturdy to withstand wear and rubbing.



All this simply confirms more completely than ever that perfect fabrics for play clothes, as well as Sunday or party clothes, are Everfast Fabrics. The gay, sprightly patterns are bright and becoming. Every color is guaranteed fast by the nationally known Everfast guarantee. If any color fades you get your money back plus the making-up cost. Everfast Fabrics are comfortable and can be worn without a worry in the world over their soiling. The materials are sturdy and practical.

See the new summer fabrics. There are Playtime Prints, Suiting Prints, Linens, Piques, Handkerchief Linens, Dimities, etc., in many beautiful patterns and Gingham Cloth and other fabrics in plain colors. Everfast is sold at nearly every good store. Write us for your dealer's name. No fabric is genuine without the name Everfast on the selvage. N. Erlanger, Blumgart & Co., Inc., 354 Fourth Avenue at 26th St., New York.

THE GENUINE
Everfast Fabrics
REG. U.S. PAT. OFF.

What's What in Summer Togs

(*Continued from page 42*)

for a jumper as well in case sudden winds bring a chill is a material highly satisfactory in the mountains or at the shore. Bright colors with contrasting combinations of fabric simply bound with colored bias tape fashion simple sun suits for either boys or girls. No. 5404.

For camp a semi-uniform is usually required. Khaki gabardine or natural linen are the favored materials. For the boy the trousers are neatly buttoned to the sports blouse. Two patch pockets and the blouse opened down the front, the collar a true sports type, are masculine details very much appreciated by every small boy. No. 3813.

Camp frocks for girls are one-piece coat-frocks, belted. A shirt blouse extends into a scant skirt pleated at the sides for leg room and the patch pockets are generous affairs. The Peter Pan collar gives a feminine softness to an otherwise mannish costume. Linen, chambray, heavy cottons and army khaki with matching buttons make a simple frock that can be laundered with a minimum of effort. No. 5202.

COTTONS have never been lovelier than this year. The sheer frock that goes into the tub will withstand many washings and still be fresh and pretty. Batistes, dimities, handkerchief linen and fine lawns and organdies are printed in ravishing designs that make them suitable for all-occasion frocks. The dress without sleeves is primarily a resort frock but with the addition of a little jacket with sleeves may be worn in town. A yoke that buttons primly down the front extends under the arms. The smocking at yoke and waistline may be replaced by shirrings through which a sash is passed. The yoke and armseye are bound with a wide bias binding in a contrasting color. No. 5712.

Gingham follows the fashion of checks and plaids in the present mode. Vestees of fine lawn or organdie give the correct contrast and narrow ruffles of lace are becoming to the child who needs the softening effect of feminine touches. The full skirt is shirred and applied to the straight waist in a seam. Little puffed sleeves are quaintly effective. No. 5713.

The older girl needs frocks that permit plenty of freedom for tennis. Princess lines developed in linen, sports silks or heavy cottons are becoming to the girl in her teens. Very short sleeves contribute a new note this season and the low-placed fulness in the skirt is a forerunner of autumn fashions. No. 5580.

5404 3813 5202 5712 5713 5580

Back views of designs on page 42

Kleinert's Jiffy Baby Pants

Happy is the Baby whose Mother buys him Kleinert's Jiffys! Comfortable round waist and knees, plenty of stretch, sizes to fit small, medium, large, and extra large babies and guaranteed protection for clothes and carriage covers.

KLEINERT'S DIA-PADS

Fluffy white absorbent squares that help to hold the moisture and may be discarded at once when soiled. Dia-pads do away with the hardest part of Baby's washing.

STOCKINETTE CRIB SHEETS—*soft and warm*

Even when wet, **Stockinette crib sheets are comfortably warm—reason enough to use them for *any* baby! Moreover, Stockinette can be sterilized in boiling water, washed in an electric washer and put through an electric wringer.**

Look for the name Kleinert's—it will assure your satisfaction with any article on which you find it.

Kleinert's

Standard in Rubber Goods for half a century.

A Doctor Prescribes the Baby's Clothes

(Continued from page 26)

A thin cotton dress. The old-fashioned "long" and "short" clothes are no longer used. If the baby's dress is made amply large and about 22 inches long the child will grow to it and by the time he is six months old it will be plenty short enough.

If the baby's first six months happen to be cold winter months a flannel petticoat should be worn. This is not used after the child is six months old.

When he begins to creep and play around the floor rompers should be substituted for the dress for playtime wear.

At six months, silk and wool or cotton and wool stockings are put on.

These are the things which every baby wears every day. When the temperature is slightly cooler a sweater is added to this costume. For outdoor wear in cold weather a coat, bonnet and leggings are added. Light weight woolen blankets are used as needed.

The baby should not wear shoes during the first year. The first pair he has must be of soft kid, with a sole of the same material.

HERE are a few helpful suggestions about the baby and his clothes:

(1) Have a complete set of clean clothes every day, and dress the baby only once, when he has his bath in the morning.

(2) When you undress the baby at night give him a half hour on the bed without any clothes on, so he can kick and squirm to his heart's content. This is his time to get his exercise and keep his muscles in good firm tone. It is also a happy time for him and for all the rest of the family, for he will laugh and coo and amuse everybody.

(3) Have all clothes open down the front. If this advice is followed they can be spread out and the baby laid on them, thus eliminating the most distressing process of shoving, twisting and prying a baby into his clothes several times a day. Probably we do not realize what a really nerve-wearing thing it may be to mawl a baby in and out of his clothes. One child psychologist, Dr. John B. Watson, believes that our methods of dressing a child are directly responsible for the development of temper tantrums. Surely this is something for mothers to think about seriously. We cannot be too gentle in handling a little baby and any device for simplifying the dressing procedure should be adopted.

Don't Rob your baby of sunshine

Babies' bodies need sunshine. Kept away from the sun, babies grow pale and sickly, like flowers that do not get the light. The sun's rays cure and prevent many babies' diseases, build strong bones and healthy, sturdy bodies. Doctors say, give your baby sun baths every day.

Vanta

THE ORIGINAL

SUN SUIT

$1.00 to $1.50

lets the healing rays of the sun reach little arms, legs, shoulders, chest and particularly back and spine, but protects vital parts. Made at a doctor's suggestion, recommended by doctors everywhere.

At All Stores

VANTA SUN SHIRT to match Sun Suit easily pulls on over the head to protect against cool breezes. VANTA SUN TAM protects the head.

Vanta Sun Garments, made in cotton for play and in wool (suitable to wear in water) are all of superb Vanta Quality—in six brilliant California colors; sizes to 12 years. A doctor's prescription in each Sun Suit tells you how to give your baby sun baths.

Vanta Originators

Vanta, you know, are Baby Garment Specialists and Originators of no pins, no buttons and almost every other improvement in baby wear. Buy Vanta Original Sun and Baby Garments at your store. If you cannot get them write to Earnshaw Sales Co. Inc., Dept. 265, Newton, Mass.

FREE TO YOU

Vanta Pattern, also "Baby's Outfit," a book of 64 pages on care and dressing of babies.

Earnshaw Sales Co., Inc.,
Dept. 265, Newton, Mass.

Without charge now or later send pattern and full instructions for making the new Vanta square-fold, pinless diaper. Also Baby's Outfit book and illustrated catalog, all in plain envelope.

Name.....

Address.....

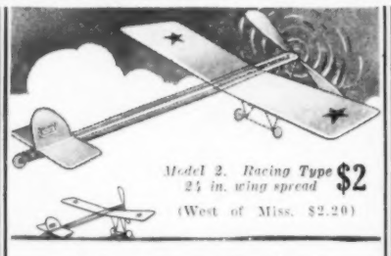
City.....State.....

A good suggestion for a good toy-Tinker Toys

–and many more.

The TOY TINKERS, Inc. EVANSTON, ILL. U. S. A.

THE LITTLE TINKER RED MEN IDENTIFY THE GENUINE



Model 2. Racing Type 24 in. wing spread **$2**

(West of Miss. $2.20)

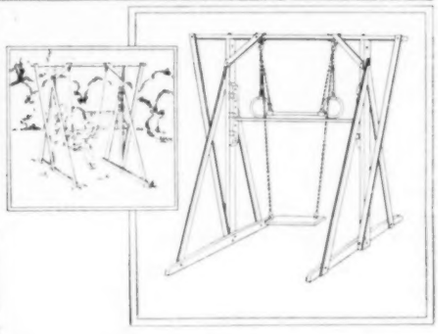
New Air Thriller!

A Flying Plane That "Takes Off"

AT last!—what every child has been longing for—a toy plane that actually "takes off" from the ground like a real plane! The Kingsbury "Silver Arrow"—new thriller of the air. Just wind up the propellor and let 'er go! She's off like a flash . . . faster . . . faster . . . faster . . . gathering speed with every whirl of the propellor—then—ZOOM!—and she's into the air on a long, continuous flight. A fully-built plane—not a construction toy. A few moments to assemble and it's ready to fly. Wings and body of light balsa wood reinforced with aluminum braces; aluminum propellor; strong elastic motor. Be first in your neighborhood to own a Kingsbury "Silver Arrow." Two models: No. 1, Racing Type, wing spread 18 in. $1; No. 2, Racing Type, wing spread 24 in. $2. (West of Miss. $1.10, and $2.20.) If your dealer hasn't this Kingsbury thriller, order direct. Kingsbury Mfg. Co., 94F Myrtle St., Keene, N. H.

KINGSBURY
MOTOR DRIVEN TOYS

SEND 10c for unique eraser. A disc wheel from a Kingsbury Toy with "balloon" tire of fine eraser rubber. Toy catalog Free.



A Playground for Your Own Yard

WHERE to play and how is no longer a problem in the home equipped with EverWear Happytime Apparatus. A few pieces, purchased at a very moderate cost, will provide all the fun-making, muscle-building, and health-developing facilities your children want—

And away from busy, dangerous streets and undesirable companions.

EverWear Happytime Apparatus is a smaller, moderately priced, line of play apparatus, designed particularly for the home.

The Happytime line includes many different items—slides, swings, see-saws, combination and kindergarten outfits, sand boxes and wading pools—all designed to take up little room and to give the maximum of safe and healthful play.

Write for descriptive catalog and name of nearest dealer

The Everwear Manufacturing Co.
Dept. 31, Springfield, Ohio

EverWear
Playground Apparatus for the Home

Bringing Up the Little Bromfields

(*Continued from page 28*)

college the strain was too great. In his second year something went wrong. The boy, who was brilliant intellectually, was thrown out. He took to drinking. And from then on he went from bad to worse. There is no life for him now because it is too late. His whole life has been ruined by his parents and by a set of schoolmasters whose business it is to turn out boys that are as alike and uninteresting as peas in a pod. It may be that in the reckoning of God this is the unforgivable crime. It is worse than murder, for in murder death comes quickly and does not drag on for a lifetime. The grotesque irony of the story lies in the fact that the father regards his son as a ne'er-do-well and undutiful.

I ALSO know of a woman whose whole life has been ruined by a fear of meeting people and of going out in the world because in childhood she was always measured against a sister more physically beautiful and less intelligent than herself. She was always being compelled to hear her father say, "Ah, but wait until you see Ann, her sister. She is the beauty of the family." Filled with a conviction of her own inferiority she was forced in her childhood and adolescence to go out again and again to parties and balls where she sat, tortured and shy, believing she could be attractive to no one, robbed by her parents of all self-confidence. At last when she came of age and went her own way she found that it was too late for her to enjoy life in a normal fashion. She remained terrified of any social gathering or of meeting any strange person. Even great success in the world never wholly cured her of the feeling that she was inferior and unattractive, neither of which was true, either in childhood or in later life.

I know the case of a man whose mother lived in a kind of neurasthenic terror that something would happen to him. She never allowed him to go about with other children nor to play the rough games of other boys. She enveloped him in the most sickening of sentimental loves and created for him the torture of being known as a "softy." Because of her own selfishness and lack of control she made him silent, and gloomy and shy, with a childhood that as long as he lives will only be a horror to him. By circumstance he managed to escape at the age of seventeen, and from then on, because he happened to be intelligent and, despite his mother, to possess a will of his own, he never again allowed himself to be caught in her toils. And now as a man of middle age he has not the least love for her. He knows that she was a fool and that he was treated cruelly. All her protestations and hysterics no longer move him, because he understands that behind them lies only that immeasurable selfishness which robbed him forever of his childhood. He survived

because he happened to be an exceptional case, but there are thousands of others who never escape.

It seems to me that in the relationship of child and parent, the parent has few rights and only a colossal responsibility. He is responsible for the very existence of the child. How many times is heard the tragi-comic cry, "I didn't ask to be born!" The child is utterly helpless and the prey to every sort of stupidity, selfishness, cruelty and ignorance. The Victorians were always talking of the duty of a child to its parents, a conception which exists among the most primitive and barbarous tribes and to which I for one can certainly not subscribe. The Victorians never spoke of the duty of the parents to the child. A child has every right to be treated with respect and awe and with what is more important, with sympathy and understanding. A great deal of pain and error has been created through the efforts (often enough of individuals who have no children of their own) to standardize a code for the discipline and education of all children, as if they were all as alike as ball bearings! I doubt whether anything will ever be accomplished in that direction, first, because of the fallacy of a theory which presupposes all children to be alike and, second, because it ignores the human element which has kept our understanding of the children still upon the level of that held in the middle ages. It seems to me that there is but one plan and that includes a respect for the individual child coupled with sympathy and understanding. It is one of the great tragedies of the world that there is so little of either of these to be drawn upon. It is the reason why a good many children would be better off in the care of a kindly, efficient nurse than left to the tender mercies of their half-savage parents.

AT present I have two of my own and I feel the prospect of their upbringing is a terrifying one. I do not hope that both may be disciplined, instructed or approached in exactly the same manner. I want them, above all else, to grow up to be themselves and not what I think or someone else thinks they ought to be. That is none of my business. If the world thinks them spoiled (and it need not be so) I shall not in the least mind, provided they have had happy childhoods and grow into life feeling sure and certain of it, with confidence in their own judgment, intelligence and ambitions. That is their right in which I shall have no voice. I have enough to do to lead my own life without meddling in theirs unless they ask me to meddle. They have a right to their own mistakes as well as to their own happiness. If I take it upon myself to live for them, their lives will possess little savor, and in life the thing that counts most is savor.

Don't forget to order your year's supply of our new Program on Child Training. See page 80.

This precious bone-building Vitamin D ... in a delicious, natural FOOD

It is really a very simple matter to understand why the fact that Vitamin D is contained in Cocomalt is so important to mothers . . . to doctors . . . to nutritionists.

We know that children must have this precious vitamin—for without it, the milk minerals (lime and phosphorus) in their diet which go to make strong bones and teeth are not utilized by the body.

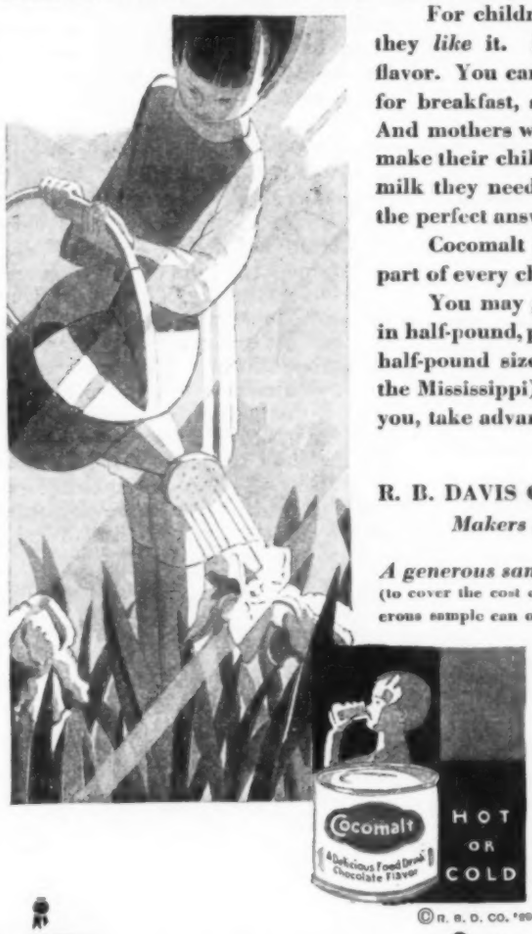
Cod-liver oil is *one* source. The direct rays of the sun are another . . . But Cocomalt offers a further advantage: it brings to your children not only the actual vitamin but the necessary milk minerals (lime and phosphorus) as well—in a delicious *natural* food that youngsters really love.

You see, milk is particularly rich in mineral salts. That's an important reason why doctors say children should drink plenty of milk. And Cocomalt not only increases the milk minerals by over half, but it also furnishes the Vitamin D which puts the minerals to work in a way that builds bones, develops sound teeth, prevents rickets (soft bones, bowed legs) and assures the steady symmetrical growth of the whole body.

More than that, Cocomalt is a completely *balanced* food. It is so rich in proteins and carbohydrates that it adds 70% more *nourishment* to milk and combines, in scientific proportions, the nourishing elements ideally suited to children . . .

A DELICIOUS DRINK THAT CHILDREN REALLY LIKE

It is a particularly happy circumstance that so vital a factor in health and vigor should be found in a *balanced* food and in a truly delicious drink.



For children *do* drink Cocomalt because they *like* it. It has a delightful chocolate flavor. You can give it to them hot or cold—for breakfast, supper and after school lunch. And mothers who ordinarily find it difficult to make their children drink the daily glasses of milk they need have discovered in Cocomalt the perfect answer to this problem.

Cocomalt should, without question, be a part of every child's diet.

You may get Cocomalt from your grocer in half-pound, pound and five pound cans. The half-pound size is 25 cents, (30 cents west of the Mississippi). If your grocer cannot supply you, take advantage of the sample offer.

R. B. DAVIS COMPANY • HOBOKEN, N. J.
Makers of Davis Baking Powder

A generous sample and booklet • Send 10 cents (to cover the cost of mailing) and we will forward you a generous sample can of Cocomalt — together with a fascinating book entitled "Children of the Sun." This booklet was prepared for the R. B. Davis Company by specialists in the field of medicine and nutrition, based on their own comprehensive research work on Cocomalt and Vitamin D, the sunlight vitamin.

R.B. Davis Co., Hoboken, N J. Enclosed find 10 cents. Send me booklet D-4 J and sample of Cocomalt mentioned above.

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Cocomalt

Adds 70% more nourishment to milk

Baby "Sees Out"

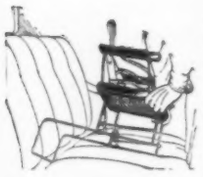
Mother Drives Without Distraction!

PERHAPS there might never have been a "Comfy-Safe" Auto Seat if it hadn't been for one baby's daddy wishing to take baby to grandmother's at a time when no one could conveniently accompany them.

COMFY-SAFE AutoSeat

Happy and Secure in a "Comfy-Safe" AutoSeat

Now, with the "Comfy-Safe" locked to the auto, and baby securely but comfortably held in its specially designed safety strap with adjustable shoulder harness and belt, baby can be taken safely in any car, even when unattended.



Note long curved hook which reaches down back of the car seat and clamps tightly; note also diagonal rods which double lock this in place.

Locks to any car, front, rear or coach seat. At leading dealers, $5.50

Made by the makers of the famous "Little Toidey" toilet seat and "Toidey" Steps.

Write for more information!

Juvenile Wood Products, *Inc.*

Gertrude A. Muller, Pres.

Box C FORT WAYNE, INDIANA

After High School, What?

(*Continued from page 21*)

be greater in the United States.

It is, however, necessary to remember that the resemblance in ability between parents and offspring, though strong, is not perfect. A few children in every occupational group vary markedly from the parents in that group. Although it appears that most of the children of skilled tradesmen, for instance, will be successful as skilled tradesmen when they grow up, nevertheless a few will be misplaced if they try to follow parental callings. A few of the children of skilled tradesmen are fitted by nature for unskilled manual labor, while a corresponding few are suited to earn a living by "brain work."

THUS, in considering individuals, parental vocation is seen to be a somewhat unreliable guide. About one in ten of children born into the families of college graduates will be unadapted to college; and, on the other hand, among children born to parents who have always worked in manual callings, a small number will be able to profit from collegiate training. The blind struggles of these children who fall away in either direction from the familial average in ability are witnessed constantly by teachers, social workers, psychologists, and all who deal with human maladjustments.

In former centuries "woman's work" was settled on the basis of sex, not on the basis of individuality. At present, many signs of our times point to a change in this situation. Girls and women are today becoming specialized in their work. With the invention of machinery, "housework" has gone not "to the dogs," but to the factories. At the same time, families have become smaller. A great many married women now follow professions, and rear their children with the help of trained nurses and of nursery schools. The most intelligent girls now in high school, when questioned, express a great interest in these social changes, and an earnest desire to learn how they may further them.

In the meantime, mental tests applied during the present century have shown that girls differ as much from each other in mentality as boys do. For mentally gifted girls, who are most intensely concerned, the prevailing policy of education seems very good. This policy is to give girls a chance to solve their own problems on their own initiative, by admitting them to all kinds of training, and permitting them to work out the relation between work and love, by intelligent experimentation. (See *Marriage and Careers*, by Virginia M. Collier, 1926. *Published by The Channel Book Shop.*)

The outstanding facts about the adolescent search for self-support in our day are: (1) modern adolescents are compelled to choose from a multiplicity of highly specialized occupations; (2) different kinds of work require different degrees of mental endowment; (3) women as well as men are now specializing in work; (4) the age of self-support threatens to be too long postponed for mental and social health. Out of each of these conditions many psychological problems confront youth, and those who are the guardians of youth.

When all is said and done, the single most important influence in regard to life-work for the majority of adolescents (aside from their own inescapable limitations of endowment) is the attitude of parents. Some of the most conspicuously painful of maladjustments in this respect are those in which an able father tries to force a relatively incompetent son to follow the paternal vocation. Such cases come often to the attention of the educator and the psychologist. The boy, expected to maintain the family level, in business or profession, may be fitted by a combination of ancestral traits for the skilled manual trades. In these situations parents seem almost never able to follow the advice given them. To advise that the son of Mr. Director should become a stone mason or a mechanic is likely to be regarded by the parents as a simple insult.

Moreover, such advice to be effective must be received by parents when the offspring is in early childhood, rather than in adolescence, because at the latter period commitments to the impossible may already have been made, and it would thus be too late to make a voluntary retreat without loss of self-respect. Ratings tentatively given by competent experts, and tentatively received by wise parents, before the child is eight years old, could be used to avoid the misery of public commitment to impossible vocational ideals.

IN the life-plan and in the mental hygiene of an individual, no more important and crucial rôle is played than that taken by work. A valid life must be founded on a task. The choice of a task, on broad lines at least, is typically a choice of adolescence. One who has made no beginning of any sort in the direction of an appropriate occupation by the age of twenty-five, is unlikely ever to make a good adjustment in this matter. The sympathetic and wise parent will not try blindly to force the adolescent into his own selfish plans, but will seek out the interests of the child and the impersonal facts suggested by psychological and vocational research, in considering how to help his offspring achieve self-support.

Finally, it should be stressed that education may be continued after high school, for those who immediately begin to earn, as well as for those who go to trade school or college. A wide variety of educational opportunities for adults will be found constantly open. In the United States, no one need be deprived of intellectual stimulus, nor the chance to learn.

Your child can "go to school" at home!

No Matter where you live, your child may have Calvert instruction at home from Kindergarten to High School . . . under expert supervision. Calvert School furnishes books, supplies, and by mail supervises and guides the work of every pupil.

Established in 1897, as a day school, it has taught thousands of children at home and abroad by its long-distance instruction. "While resident in Egypt," an engineer writes, "we used the Calvert Home Instruction Courses for our daughter. On our return to America after 3 years, she entered fifth grade, and has done the public school work with ease."

Your child can also have school without leaving the ideal environment of home.

V. M. Hillyer, A.B., Harvard, author of "Child Training," "A Child's History of the World," etc., is Head Master.

For descriptive booklet address

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AMERICAN MADE FIELD GLASSES FOR YOU WHO

hunt, hike, fish, motor, camp or study birds. Great for movie, theatre or field sports. Makes everything look 6 times as big. Precise optical qualities. Fine finish. Leather case free.

$2 POCKESCOPE

Compact telescope magnifies six times. Same finish and optical qualities as Biascope. Supplied with leather case. Both at your dealer or sent direct postpaid. Money back guarantee. Catalog free.

Wollensak Optical Co.
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Rochester, New York

Washproof Name Tapes

Names or words in indelible letters on white tape.

For identifying laundry, clothing and household linens. $1.00 for 150. Samples free.

Sterling Name Tape Co.
11 Willow Street
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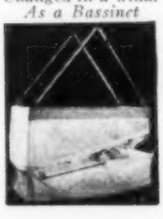
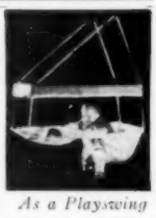
Baby's Safety Zone is in a Playette No. 4 Combination

Size folded, 30x13x1", Wt. 3 lbs. Just out. Enameled steel frame and hood in pink or blue. Removable screen and hood. Body of heavy drill. Hangs anywhere. Changed in a wink.

As a Bassinet





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Postpaid. Satisfaction guaranteed or money refunded.

Give the baby Fresh Air, Sunshine and complete Protection.

No worry about baby at home or outing with a Playette.

VALLEY SUPPLY CO.
Agents and dealers Wanted
ST. LOUIS, MO. 1618 Locust

Intelligence Is Affected by Food

(Continued from page 22)

children are most susceptible to diseases. These milk-shakes were made of one-half pint of milk each, one egg and a square of chocolate. At the end of the seven months every child in the experimental group but one had gained in weight and increased, on an average, about eight points in intelligence quotient. During the same seven months the brothers and sisters who had not taken part in the special feeding, but had received the ordinary rations of the home, made no gains in intelligence.

A second group was selected from the ungraded classes of the school and from among students who were dropping behind. Certain general tendencies and characteristics had been noted among these children, especially a peculiar dullness of the eyes. In two cases this affliction of the eyes had developed to the point of xerophthalmia, a rupturing of the eye coatings ascribed to a deficiency of the Vitamin A. The children were arranged, according to the dullness of their eyes, from the brightest on down to the two cases of xerophthalmia, and their intelligence measured, with the result that low intelligence and dull eyes were found to correlate in more than 75 per cent. The inference, therefore, is that low intelligence may also be influenced by a lack of Vitamin A.

THIS inference may be carried still further in the light of experiments by the late Dr. G. H. Goldberger, who produced a deficiency disease known as pellagra in a group of convicts by depriving them of foods rich in all of the vitamins, then later, reversing his experiments, cured them by feeding fresh meats, milk and eggs, finally discovering that yeast was a most effective cure for the disease. Since both pellagra and xerophthalmia are deficiency diseases and since both are closely related to deterioration of the mind, it seems fair to conclude that vitamins are of such great importance to bodily development and nutrition that each of them affects the development of the mind.

There were a large number of observations in private homes conducted under normal conditions and without the knowledge of the families who were used as subjects. Wherever possible in poor homes, it was arranged that the food conditions should be improved and, in consequence, the mentality of the children also improved. There was one example in a very good but poverty-stricken family where the food was scanty and the children were dropping behind in their school averages and intelligence quotients. This family was too proud to accept help in the form of provisions, but consented that two of the children should work and board outside of the home. A boy went to work in a restaurant and a girl in the home of a fairly well-to-do family. Both improved, almost immediately, in intelligence. Today that boy has completed

(Turn to next page)

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Intelligence Is Affected by Food

(*Continued from page* 61)

his college course and the girl is about to finish college. Of the children who remained at home not one has even finished high school and all are steadily dropping behind in intelligence quotients. Yet most of the environmental influences in this home were good; only the food was poor.

Food, of course, is not the only factor in intelligence. Other environmental influences enter into the situation and heredity is still of the utmost importance.

I am quite convinced that there is no pure stock in America that will produce super-intelligence or feeble-mindedness as a germ plasm contribution. Whatever happens along either of these lines is to a remarkable extent due to the body conditioning of the germs in both the maturation and developmental stages, and this again is pre-eminently affected by food. The great tragedy is that in the lower economic and social levels many of the possibilities are conditioned out of the growing brains before children can become aware of their future chances. Many children are starved, both before and after birth, into habits of metabolism which would throttle the physical growth of an elephant, to say nothing of such delicate structures as the nervous system of a human being.

Children must receive a properly balanced diet. Ambition cannot very well be engendered in weak, flabby bodies, and this applies especially to the energy demanded by the nervous system.

Give Sun Baths With Care

(*Continued from page* 23)

secreted in the skin and become a real tonic, while the heat rays burn. Any burn may act as a poison and, if severe, may harm the kidneys. If, therefore, the skin becomes too pink, decrease the length of the bath or postpone it for a few days.

Urge your child to play about and keep his blood in circulation during the sun baths. This is better for him than to permit him to sleep with no clothing on. It is a good plan to put your child through setting up exercises at the time of the sun bath. If you are near a lake or the ocean, let him jump around in the water *after* his sun bath, then come out and rub dry rather than at his own volition to keep alternately wet and dry throughout the day.

The baby is usually ready for his first sun bath at the age of two months. (Even premature babies much younger than this are greatly helped by the exposure to the sun's rays, but as their circulation and body temperature are so important, it should be done for them always under a doctor's direction.)

It is safe at the first treatment to give the baby anywhere in this country a sun bath on his entire body after the middle of May. Just before his morning bath, about ten o'clock, put him in his bassinet or on a table near an open

window with his head turned away from the sun, take off his clothes, including his diaper, and let him wriggle about for a minute. Increase the time of the sun bath gradually at the rate of about a minute a day until its duration has reached fifteen or twenty minutes. During the summer months a similar sun bath may be given again to the well baby between three and four in the afternoon. As soon as the baby becomes accustomed to this he may be placed in his carriage with the top back and wheeled directly out in the backyard for his daily exposure, turning him first from one side to the other, then from face to back. Mothers spending the summer in city apartments without the privacy of a garden may dress their babies in sun suits (numerous makes of which are on the market), and wheel them in the park or on a sunny street. Keep the baby's eyes turned away so that he will not stare directly at the sun, or turn his eyes away from a glare from the sky or a reflection from a light wall, etc.

Watch your baby carefully and if there is the slightest appearance of goose flesh or blueness rub his body thoroughly and dress him at once, putting a hot water bottle near his feet if necessary. Never give a sun bath to a feverish or sick child.

The sun bath should be given when the sun is well up but not at its height to avoid the burning rays. A good time is between ten and eleven in the morning or between three and four in the afternoon. Send your child out to play in the sun for about five minutes at first, increasing the time until it has reached half an hour. For the average child that time twice daily is sufficient.

THE effect of a sun bath is psychological as well as physical: the body's direct contact with the sun and air gives a wholesale sense of freedom and unity with the out-of-doors. No experience for the child may be more beautiful than a sun bath under the open sky. But a large part of the benefit from such an experience is lost if he feels that such a procedure is extraordinary or out of harmony with the opinions of society. It should be possible for small children to run about absolutely naked for their sun baths, but there are communities where this plan is not practical. Therefore, as the child outgrows babyhood, sun suits with straps over the shoulders, or just the trunks of bathing suits may be used. At other times a one-piece garment with short sleeves is advisable.

Children who have regular sun baths have been found to sleep more soundly and for longer hours. A summer playschool director discovered that the children under her care took longer naps in the afternoon when they had sun baths in the morning and slept more soundly at night. Every child is healthier and stronger when he has sun baths all summer, but the wise mother will see that they are given with watchfulness and caution. They should always be used as an *addition* to, not a substitute for, other health measures.

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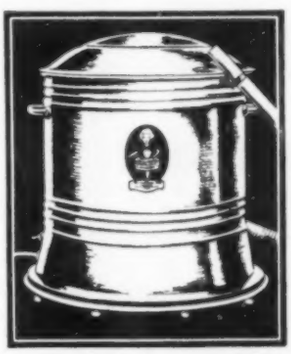
If you'll send us the coupon, we will tell you by return mail just where you can see this New Baby we're so sure you'll love.



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WANT PIN MONEY?
—Turn to page 55

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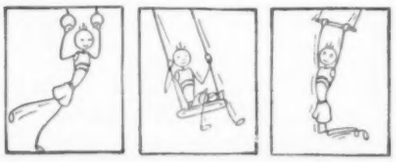

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Toys the Year Round

(*Continued from page 29*)

differentiate. A strong and healthy body is developed and muscular co-ordination results from the manipulation of appropriate toys. He adjusts to the world of reality as he comes in contact with playmates and toys. He learns self-expression through his hands and the pleasure of creating with toys. Thus he comes to understand better the objects and operations found in the adult world. And finally, through play, he learns to co-operate with others as he takes part in group games. Much that is necessary to normal development is accomplished most pleasantly and most naturally through play.

Parents should see to it that a child's playthings are not all of one kind, but that they include representative types of toys which will stimulate a well-rounded development. A little girl who was very fond of playing with dolls was given only such toys as were adapted for doll play. This made her very happy, but did not arouse other interests or develop other abilities. Later, when she was beyond the doll age, she found difficulty in adjustment, for there was no other play activity in which she was as proficient as the other children of her age.

A MISTAKE commonly made in buying toys is that of getting many cheap, poorly constructed ones. An adult could not handle such toys without breaking them, and certainly a child should not be expected to do so. It is unfair to take the attitude that toys will be broken and that, therefore, it is just as well to buy cheap ones. The better toy companies are now making strong toys. These are the toys for which parents should look. Do not encourage destructiveness by giving a child toys that break easily. It is economy to buy good toys, though the price is greater. A few good toys will mean more to the child than will poorly constructed, make-shift ones.

Another mistake often made in toy buying is to select playthings which are ill-adapted to the age and development of the child. If a toy is such that it makes its greatest appeal to a boy or girl either older or younger than the one for whom it is bought, then the opportunity for that toy's helping in his development is lessened or lost. It is important to correlate the play of the child with his physical, mental and social growth.

The infant's play represents sensory and motor experimentation. His eyes are beginning to focus and his fingers to recognize and differentiate objects and their qualities. He will be attracted to toys that attract eye and ear or that please the sense of touch and that stimulate closer investigation. As he grows older he needs toys which will call for pulling, tugging and manipulation. During the second year a baby becomes strongly imitative, and it is well to furnish him with toys which are miniature reproductions of the things he sees older persons using.

For the next three or four years the child should be given toys that provide ample opportunity for the muscular development of the whole body. Constructive play should also be introduced which requires some co-ordination of the finer muscles, but the pieces to be handled should not be too small nor the task too confining. In his constructive play the child between three and five now begins to look for an end-result, such as the completion of a house or picture. It is no longer mere manipulation, as was the pulling and carrying of his baby days.

IT is during this pre-school period that the child lives much in a make-believe world where he uses toys to aid in making situations more nearly real. The use of toys at this age brings him gradually to a better understanding of the actual world. The cruder toys that once served his purpose must gradually be replaced by ones that better represent real objects. Towards the end of this period the child is no longer satisfied with a train that must be pushed around. He wants one that will run on a track.

The play of this period is still largely individualistic and solitary, though pleasure in companionship is increasing. By the age of four or five a child seeks companions of his own age and begins to join in group activities. But the individual is still dominant.

During the early school period children's play becomes decreasingly solitary and more and more competitive. Now a child wants toys that are like those of his playmates, and will lend themselves to group play. A boy wants a play suit so that he too can be a cowboy or Indian when that is the form taken by the play of the group. A girl wants the kind of dolls and accessories for playing house that the other girls have. Children play in neighborhood groups, but usually boys tend to flock with boys and girls with girls. There appears dramatization of adult activities, or story events, or moving picture scenes, such as playing store, or cowboy play, or playing house or school. There is bound to be considerable rivalry among the children, as each wants the most important place.

Children of this age are active. They love to run, jump and throw. The motor dominates the intellectual, though the latter element is increasing as play begins to be correlated with school activities. Play now is more meaningful, more definite and more skilled than that of the younger child, but as yet loosely organized. By this time the finer muscles are sufficiently developed to permit better manipulation and there is great interest shown in constructive play.

During the pre-adolescent and early adolescent years the boy or girl's interests extend beyond the neighborhood and become closely linked with school, church organizations, Boy and Girl Scouts, or other community groups.

Play is decidedly social, though at first it consists mainly of individual exhibitions of strength and skill within a group. During the teen age it becomes more co-operative. Strong individual competition and rivalry gives way to loyalty to school or club. Team play is characteristic of this age and interest in athletics is strong. The recreation of this period is in keeping with the boy's or girl's intellectual development. Keen enjoyment is shown in language games, guessing games and games of chance. The collecting tendency is strong. Interest in constructive play continues and the tasks set become quite difficult. With the boy the constructive interest is primarily mechanical and experimental (chemical and so forth). In the first years of this period the girl continues the doll dressmaking of the preceding period, but by the age of eleven interest in doll play declines. Girls develop artistic appreciation, are interested in the decoration of their rooms, in designing clothes and sewing. Out-of-door interests should also be encouraged in girls at this time.

Boys and girls in later adolescence have social and play interests approximating those of the adult. They are interested in athletics, but with the exception of intellectual games, games of skill and complex puzzles toys have lost their appeal for them.

When play life is so directed as to meet the requirements and interests of a child as they arise, he will be helped to a well-rounded development as an individual, as well as a person who has learned the give-and-take of the group and the team play that makes him a desirable and successful member of society.

MY CAPTAIN

Sing a song of sailor men,
  My captain brave and bold
Is shopping for an overcoat
  Of navy blue and gold,
With golden bars on both the sleeves
  And anchors at the neck.
My bonnie lad's the bravest clad
  That ever trod a deck.

Sing a song of sailor men,
  Of ships that sail the sea—
I little recked they'd man the deck
  With captains not quite three.
But brave is he, and bold is he,
  And protests are but vain.
He must be clad, my sailor lad,
  To sail the bounding main.

Oh, sing a song of sailor men
  And let the winds blow free,
Let summer skies smile on his craft
  When he goes forth to sea.
When he will wear no bars of gold
  And he is three no more,
Guide him, O God of sailor men,
  And bring him safe to shore.

—*Ruth Ann Malone*

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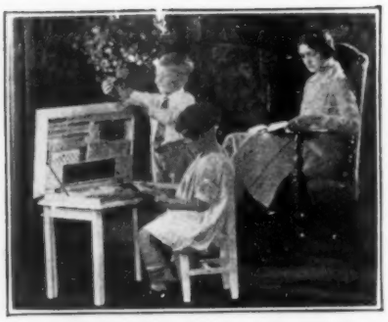

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Make Vacation a Success

(*Continued from page 25*)

needs for one member of the family, such as dry air instead of sea air, is also a determining factor. But in some such seemingly casual way we plan, and usually quite successfully, the where-to-go part of our vacation.

The "what-to-do" is not quite so simple, and yet this is really the more interesting question. The normal healthy child clutches eagerly at every moment of the vacation. Here at last he is to have a chance to do just the things that he wants to do all day long, and the things that he wants to do are usually the things in which he excels. But his parents, if they too are normal, healthy parents, see vacation in a somewhat different light. They reach out into that precious free time of vacation and just as eagerly seize an hour here, a half-hour there, and set these apart as periods in which each child can develop those sides of his nature in which he is deficient. He may be lacking in skill in arithmetic, or some other school study, or in responsibility or in tidiness, or powers of concentration. He may depend too much on other children and be unable to amuse himself when he is alone; or he may be the reverse type, a poor mixer, always straying off by himself, always out of the game. Now the job of the family (not of the parents alone, but of the family) is to recognize both of these sets of needs and to try and meet them with sympathetic understanding and imagination.

FACING our own summer problem a year ago for our four sons and one daughter, who ranged from seven to fourteen years of age, we found our needs were:

Simple, outdoor life away from crowds, movies, noise, trains, etc., because we live in a city.

Opportunity to learn to perform simple duties that contribute to the welfare of a home, because in winter there is not time to include this training in the school day.

Chance to tramp, fish, collect, canoe, etc., because winter sports are chiefly indoors.

Opportunity to have the joy of earning money, for which there is not much time during the school year.

Opportunity to play with other children, as our children were inclined to clan almost entirely by themselves.

To meet these needs we took a cabin on a lake shore where we could sleep, eat and live in the great, green out-of-doors. The lake was small enough to be safe, there was tennis at hand and mountains not too far away to climb in a day, and there were sufficient other families to provide a baseball nine and to make the swimming hour a most hilarious occasion. We did our own housekeeping, each one making his or her own bed regardless of gender and having besides that a special job such as filling the oil lamps, stove and hot water heater; freezing the ice cream; sweeping the sleeping porch and filling the water buckets to wash off sandy feet after a swim; filling the wood-box and helping to wipe the dishes. These jobs changed owners from week to week so that each child had a chance at each and could not complain of favoritism. Besides these tasks, which were done for the good of the family without compensation, there was another list of jobs posted up for which the children received pay, thus supplying a chance to earn money for a much desired baseball, or camera, or to put away for Christmas spending. Such jobs were:

Sweeping the entire cabin at five cents a room.

Scrubbing the kitchen floor for ten cents.

Collecting, listing and doing up family laundry for ten cents.

Chopping kindling wood at five cents a basket.

It didn't work like clockwork. There was grumbling at times, jobs were forgotten, neglected, hurried over, and those who needed the extra training to be gained from doing extra jobs had earned the least money at the end of the summer. But on the whole we felt the summer was a success, for when we voted next year as to how we should spend the vacation, every vote was for a repetition of this one.

BUT every group of children, even in a family, is a group of individuals with very decided individual needs. So we listed what each child needed to gain from a vacation. The result was as follows:

RALPH. Needs to get away from the family for a while. Family needs to be rid of him, and let the younger ones have a chance to use their initiative. Needs to be with other and older boys who can do things better than he can. Is intensely interested in fish just now and wants to spend all his spare time collecting tadpoles, trying to breed fish, etc., in his small aquarium.

PETER. Needs special help in learning to do his jobs regularly and on time. Wants opportunity to work in music. Wants a small library of worth-while books to last through the summer.

JANE. Atmosphere of the home is too generally masculine. Needs to learn to sew, cook and be domestic. Wants companionship of girls. Wants to have something to mother.

PHILIP. Needs to bring up his reading, in which he is below grade. Wants to have a chance to use tools and earn enough money for a real tool chest.

RANSOM. Needs some special job of his own size to teach him responsibility. Needs to learn to play baseball and swim so as not to be always left out of group activities. Wants material for making maps, laying out cities and railway routes.

We solved Ralph's problem by sending him to a boys' camp for the greater part of the summer. It didn't change his entire disposition or bring him back in the fall a model oldest son, but it did harden him physically so that his nerves were less raw, and did teach him to

jump into cold water, which had been almost a physical impossibility up to then. It increased his ability to do things out of doors, and so made him more at home in the woods and on mountain sides. And we arranged with the camp before he went that he should be allowed to build and stock an outdoor aquarium which became one of the show things of the camp, thus providing for his particular interest in a way that contributed to the interest of the camp as a whole.

FOR Jane we found a girl, lonely like herself, to spend part of the summer with her so that she could have a roommate and some one with whom to do all the little daily routine jobs. Before we left the city we bought two pieces of pretty gingham and made during the summer two dresses for two little girl cousins. Jane and her friend learned to cut them out, and sew them partly by hand and partly by machine. We also made a very gay recipe book by cutting out from the magazines colored pictures of tempting cakes, muffins, salads, and cooked vegetables and pasting them in a book as soon as we had tried the recipes. We wanted to adopt a baby for Jane to care for, but as this seemed almost more than the family budget could sustain, we borrowed instead a setting hen and brought a nest of hatching eggs! I believe it would be hard to estimate the joy that this clucking Biddie brought to her young mistress. I have often wondered how Biddie ever was content to go back and be merely one of the flock after her glorious summer with us. Never was any Biddie cared for more tenderly than this one. After each meal table scraps were sorted as to which were good and which not for Biddie to eat. Night and morning she was lifted from her nest and sod upturned that she might breakfast upon fresh worms and grubs. Hot days she was fanned to make the heat a little more endurable during her three weeks of patient setting. Then came the reward—nine little yellow chicks. I do not know who loved them most or devoted more care to them, Biddie or Jane. Jane even loved them when their legs grew long and scrawny and we had to give them back to the farmer in the fall. That was almost a tragedy!

For Peter we found a music teacher across the lake, the going and coming in the canoe seeming to be all a part of getting into the right mood to practice. Then Father promised to teach him to run the car out on the back roads if he had a good record in doing his jobs neatly and on time. This spurred Peter on to a little more regularity and promptness.

FOR Philip we chose, after much thought, one book and only one that he was to read through by himself that summer. The book was "The Swiss Family Robinson," in an illustrated edition. We couldn't have found a better one. I started reading it to him until his interest was aroused, after which he went along with little urging

(*Turn to next page*)

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Easily carried—weighs only 17 pounds—built almost entirely of aluminum. Top when inverted fits into tub, *as illustrated in photograph.* Store it under table or on closet shelf.

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This is the time and labor saving device you have needed. **Don't delay—now is the time to examine it FREE.** Easy terms offered. **Mail coupon now.**

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Dept. 76

The Program on Child Training for 1929-30 is available. See page 80.

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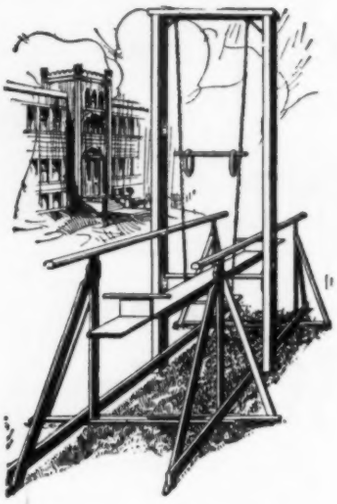

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No more worry where Kiddies are,
No more fear of the motor car,
Children throng about Kiddie Gym,
Building health and storing up vim!

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Parallel Bars

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The Kiddie Gym Company

Dept. E-8 Minneapolis, Minn.

Make Vacation a Success

(*Continued from page 67*)

through the closely printed five hundred pages. "It's wonderful," he used to say. "Just listen to this," and he would read aloud those parts that pleased him most. The book seemed made for him, for he was a boy who enjoyed working with tools and was full of ingenuity. He would have loved being shipwrecked on a desert island. As it was, he built a "tree house," and a boat out of two old wooden wash tubs, which was a great addition to the swimming hour. And in the fall he tested up to grade in reading.

Biddie's need of a home for her chicks also called for the services of a carpenter, and with his sister Philip fenced off with chicken wire a small part of the field about the little woodshed that we had donated to Biddie for her summer home.

With his tools, too, Philip earned money enough to buy a cherished chest to keep them in. Before school closed he had cards printed in the school shop:

Jobs done right off and cheap
By PHILIP
"THE BREEZES"

These he distributed promptly to each new arrival on the lake and for the first two weeks was kept busy. He opened and unpacked boxes, he put up screens, he built a kitchen doorstep, he went to the saw-mill and succeeded in making an improvised ironing board, he fixed frames for tomato plants and built a bait-box. In the end he had not only the tool-box but a wonderful focusing flashlight, all earned by him.

IT seemed as though it were going to be more difficult to find a job for Ransom. He needed one that would last all summer and teach him responsibility, but he finally solved the problem himself. He begged for a kitten and was promised one if he would undertake all care of it. I do not think even Biddie was more faithfully tended. Three times a day kitty had to be fed, she had to be safely housed and put to bed at night and let out early in the morning, but the task never proved irksome, for kitty's affectionate purring and rubbing more than repaid her small master for all his thought and care.

Water wings were put in the trunk to help Ransom with his swimming and were triumphantly discarded long before the vacation was over. Large sheets of wrapping paper, plenty of cheap drawing paper, scissors, paste and crayons were always on hand for the use of this small boy who loved to make maps of places he knew.

Was the summer a success? We had no scales and no psychological tests to measure it for us. But as we packed ourselves into our capacious touring car to start home in September, Philip with his new tool-box safe beneath his feet and Ransom squeezing pussy close inside his sweater, someone from the back seat was heard to remark, "Oh, I wish the summer had just begun," and another one added "Let's do it all over again next year!"

Books for Boys and Girls

By ALICE DALGLIESH

Teacher of Story Telling for Children, Teachers College, Columbia University

THIS is the month when many of us are thinking of trunks and suitcases and of vacation days to be spent by sea or lake, in the mountains or on the farm. Because the possibilities of country libraries are limited we need to keep some space in our trunks for books especially suitable for hot summer days and for the out-of-doors.

Books to Read Aloud

This is a group of books which will appeal to children of varying ages—younger books which have in them something for older listeners and vice versa. All of them are worth taking the time to read aloud.

POPPY SEED CAKES, by Margery Clark. *Doubleday, Doran.* $2.00.

THE LITTLE WOODEN DOLL, by Margery Biano. *Macmillan.* $1.00.

AMELIARANNE KEEPS SHOP, by Constance Heward. *David McKay.* $1.50.

Gay picture-story books for children four to six years.

DONKEY JOHN OF THE TOY VALLEY, by Margaret Morley. *McClurg.* $1.50.

Miss Quince and Mrs. Lemon, as Susan Beatrice Pearse depicts them in "Ameliaranne Keeps Shop," by Constance Heward. Published by David McKay

JOHNNY BLOSSOM, by Dikken Zwilgmeyer. *Pilgrim Press.* $1.50.

LISBETH LONGFROCK, by Hans Aanrud. *Ginn.* $1.64.

GABRIEL AND THE HOUR BOOK, by Evaleen Steen. *Page.* $1.50.

LADY GREEN SATIN AND HER MAID ROSETTE, by Baroness des Chesnez. *Macmillan.* $1.75.

MEMOIRS OF A LONDON DOLL, by Mrs. Fairstar.

Books which give charming glimpses of life in the Tyrol, in Norway, France and old-fashioned England. They are suitable for children eight to twelve but there is much in them that younger children may enjoy.

THE CUCKOO CLOCK AND THE TAPESTRY ROOM, by Mrs. Molesworth. *Macmillan.* $1.75.

THE BOY WHO KNEW WHAT THE BIRDS SAID, by Padraic Colum. *Macmillan.* $1.75.

THE WONDER CLOCK, by Howard Pyle. *Harper.* $2.00.

THE PRINCESS AND THE GOBLIN, by George Macdonald. *Doubleday, Doran.* $2.50.

Worth-while fanciful stories for children six to ten. They have been selected for the attractive way in which they are written.

Nature Books

AMERICAN ANIMAL LIFE, by Deming. *Stokes.* $2.00.

Good picture book of animals with authentic information.

CHILDREN OF THE TIDE, by Daniel Henderson. *Appleton.* $1.50.

One of the best books for the seashore. Tells simply about shells and sea-creatures.

SQUIRRELS AND OTHER FUR BEARERS, by John Burroughs. *Houghton, Mifflin.* 92 cents.

A small inexpensive book by a famous naturalist.

THE CHILDREN'S BOOK OF BIRDS, by Olive Thorne Miller. *Houghton, Mifflin.* $3.00.

An interesting and delightful introduction to the study of bird life. Younger children will enjoy "The First Book of Birds."

WILD FLOWERS EVERY CHILD SHOULD KNOW, by Julia Ellen Rogers. *Grosset & Dunlap.* $1.00.

TREES EVERY CHILD SHOULD KNOW, by Frederic W. Stack. *Grosset & Dunlap.* $1.00.

Standard inexpensive nature books.

THE STAR PEOPLE, by Gaylord Johnson. *Macmillan.* $1.50.

A popular presentation of facts about the stars. In story form.

New Books

The books in this group are not literature but they are pass-the-time books which have been published recently and which have in them enough story and action to make them acceptable reading for summer days.

THE GIRL OF TIPTOP AND OTHER STORIES, edited by Wilhelmina Harper. *Little, Brown.* $2.00.

A collection of stories from "The Youth's Companion." These include wild west stories, stories of brave deeds, of the country mouse who suddenly becomes attractive, and other topics popular with the adolescent girl. (Age 10 and over.)

(Turn to next page)

Something New to Read

For Older Boys and Girls:

Prince Bantam

By Lynd Ward and May McNeer

A thrilling tale of old Japan with beautiful pictures by the authors. **$2.50**

Harbor Pirates

By Clarence Stratton

The adventures of a modern boy by the author of *Paul of France.* **$1.75**

The Haunted Ship

By Kate M. Tucker

The mystery of a strange ship. A vacation story for girls. **$1.75**

For Small Sister or Brother:

Nanette of the Wooden Shoes

By Esther Brann

Tales of boys and girls in Brittany. **$2.00**

Rusty Pete

By Nina Nicol and Doris Fogler

A picture-story book of a western pony and a small girl. **$1.75**

Holiday Pond

By Edith Patch

Stories and pictures of small creatures who live in or near Holiday Pond. **$2.00**

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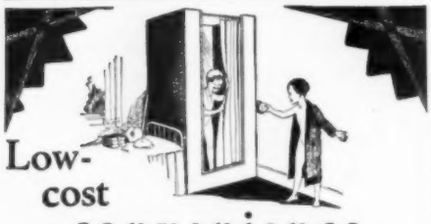

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Books for Boys and Girls

(*Continued from page 69*)

THE HAUNTED SHIP, by Kate M. Tucker. *Macmillan.* $1.75.

A mild adventure story in a Maine setting. (Age 8-10.)

HARBOR PIRATES, by Clarence Stratton. *Macmillan.* $2.00.

Boys who like the sea and ships will probably enjoy this story of a wharf rat to whom ships were everything although the style to my point of view is not very pleasing. (Age 10 and over).

THE YOUNG FOLKS BOOK OF POLAR EXPLORATION, by E. L. Elias. *Little, Brown.* $2.00.

An informational book dealing with the history of Polar exploration. Timely because of interest in the Byrd expedition, but somewhat heavy reading.

Books for Rainy Days

WORK AND PLAY SERIES. *Macmillan.* $1.50 and $2.00.

WHEN MOTHER LETS US SERIES. *Dodd, Mead.* $1.00 and $1.50

Two series for children five to ten with practical discussions and stories about making things.

WHAT SHALL WE DO NOW? by Dorothy Canfield. *Stokes.* $2.00.

Suggestions for children, about 7-13.

MORE THINGS TO DRAW, by E. G. Lutz. *Scribner.* $2.00.

Children who like to draw will enjoy experimenting with this simplified method of drawing birds, animals and people.

Motion Pictures

(*Continued from page 40*)

FANCY BAGGAGE, with Myrna Loy (*Warner Brothers*)—Part talking. Two business enemies are reconciled when their children fall in love, but not before they are found in many farcical difficulties, even having to be rescued from rum runners. It is not highly recommended, but may be considered passable for children.

FOUR FEATHERS, with Richard Arlen (*Paramount*)—Silent. A stirring tale of adventure with the British army in Africa, in which four feathers of cowardice are one by one returned through acts of unusual self-sacrifice and bravery. Splendid entertainment for older children but probably too tense and exciting for those under twelve.

THE GAMBLERS, with H. B. Warner, Lois Wilson and Jason Roberts (*Warner Brothers*)—100% talking. Interesting drama involving the problem of the different ethical viewpoints of those concerned; all sincere but all open to discussion. Too mature for children.

THE GIRL ON THE BARGE, with Jean Hersholt (*Universal*) — Simple love story of a girl who is deprived of educational and other advantages by a bigoted and hard-drinking Scotch father, and whose life is finally enriched through marriage. Passable for adolescents; no interest for young children.

THE HOTTENTOT, with Edward Everett Horton (*Warner Brothers*)—With

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5404	25 cents	5702	35 cents
3813	25 cents	5715	30 cents
5202	35 cents	2118	25 cents
5713	35 cents	5702	35 cents
5580	45 cents	5676	30 cents

dialogue. An amusing farce concerning a man who hates horses but who, to maintain the esteem and respect of the girl he loves, must ride in a steeplechase. It will entertain children.

THE KID'S CLEVER, with Glenn Tyron (*Universal*)—Part talking. A labored farce leaning to slapstick, not flagrantly immoral but vulgar and absurd, the plot of which is woven about an eccentric inventor. Not recommended.

THE LETTER, with Jeanne Eagels (*Paramount*)—100% talking. A remarkable example of acting and direction which is highly recommended for mature audiences. It is not suitable in theme for children.

LOVE AND THE DEVIL, with Milton Sills (*First National*)—Part talking. A sordid and unhappy triangle comes to an end when the woman kills the man who is about to murder her husband. Entirely unsuitable for children.

RED HOT SPEED, with Reginald Denny (*Universal*)—Part talking. A labored farce in which Denny as the District Attorney tries to slow up traffic and one girl in particular. Passably amusing for children.

SHE GOES TO WAR, with Eleanor Boardman (*United Artists*)—Part talking. Unusually fine picture, the theme of which is women's work at the front during the World War. It shows war honestly and without sentimentality or glamour, bringing out the best or the worst in individuals. It is highly recommended for audiences over twelve. It is rather too intense for children.

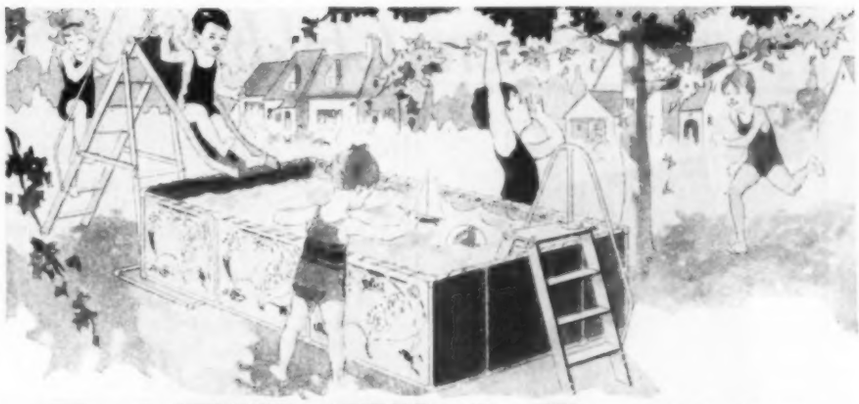
SPEAKEASY, with Paul Page (*Fox*)—100% talking. A girl newspaper reporter inspires her pugilist lover to return to the ring and win back his lost laurels. The plot holds interest and is full of action and excitement, but it is not for children or adolescents.

THIS IS HEAVEN, with Vilma Banky (*United Artists*)—Part talking. A Cinderella-like tale where the Hungarian immigrant girl wins her millionaire who is disguised as a chauffeur. Passable, but not entirely suitable for children.

TRUE HEAVEN, with Lois Moran, George O'Brien (*Fox*)—Silent. A story of espionage in the World War. Honor and integrity are placed above personal desires by the British hero and German heroine and the Armistice cheats the firing squad to unite them. Not highly recommended for adolescents and unsuitable for younger children.

UNDER THE SOUTHERN CROSS, with native cast (*Universal*)—With sound. The sons of rival chieftains aspire for the girl's hand, bringing war between the tribes. This is interrupted by a volcanic eruption during which the lovers escape. It is said to have been authentically pictured in New Zealand and it is very interesting. It is excellent for older children but rather too thrilling for those under twelve.

THE WOLF SONG, with Lupe Velez (*Paramount*)—Part talking. A man believes that he desires the adventurous life of a mountain trapper rather than the relative calm of marital bliss, but discovers his mistake and returns to his wife. Not recommended for young children.



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Books for Parents

A Doctor's Letters to Expectant Parents, by Frank Howard Richardson, M.D. *Children, The Parents' Magazine* and *W. W. Norton and Company, Inc., New York.* $1.75.

This book contains many helpful ideas for expectant mothers, fathers and nurses. It should prove a comforting aid to parents since it answers many of the questions which they long to ask.

This frank and sensible exposition of the practical and fundamental facts relating to maternity and the conditions associated therewith could profitably be included in the literature lists intended for expectant mothers such as are issued by physicians, unofficial agencies and official agencies conducting maternity work through health centers, hospitals, and so forth.

Such a book fills a real need. Dr. Richardson speaks from experience and with a comforting confidence which transmits itself to his readers.—*Reviewed by Dr. LeRoy A. Wilkes, Director, Medical Division, American Child Health Association.*

Your Growing Child, by H. Addington Bruce. *Funk & Wagnalls.* $2.50.

If there were nothing in Mr. Bruce's book except the chapter entitled "Training for Responsibility," it would justify itself. That chapter ought to be compulsory reading for the mothers who cheat their children of vital experience by shielding them from normal, character-building burdens. Of other chapters the same may be said. Sickness and health, manners, punishments, play, reading, art, child psychology, all are treated with a high average of commonsense, scientific soundness, imagination and sane regard for ordinary child welfare and ordinary home conditions. This is a book that every parent ought to read from beginning to end; not only in his parental capacity, but because there is much in it for his own personal benefit in the conduct of his own personal self. The chapter on "Training for Control" may show some bad-tempered father or mother that faults attributed to the children may be located elsewhere! It is written informally in the vernacular, but it is very much up-to-date from a scientific point of view. A certain type of old-fashioned parents, themselves victims of the "children-should-be-seen-not-heard" superstition—and now getting square for it at — will think it altogether too modern. The truth about child-nature, upon which it is substantially based, always has been true; what is happening now is the spreading abroad of it; to which desirable end Mr. Bruce's book is a notable contribution. — *Reviewed by John Palmer Gavit.*

Just Received

The Facts of Modern Medicine, by Francis W. Palfrey, M.D. *Appleton.* $5.00.

A gold mine of medical information for parents.

Treadmill, by Lola Jean Simpson. *Macmillan.* $2.00.

A gripping story of what happened when a teacher defied the Machine of Education.

Race Attitudes in Children, by Bruno Lasker. *Holt.* $4.00.

What they are, how acquired, how they may be modified.

Outlines of the Psychology of Religion, by Horatio W. Dresser, Ph.D. *Thos. Y. Crowell.* $3.00.

For readers interested in the whys and wherefores of religion.

The Belgian Cook Book. Edited by Mrs. Brian Luck. *Dutton.* $1.25.

A book of recipes of "mouth watering" qualities.

Heredity and Child Culture, by Henry Dwight Chapin, M.D. *Dutton.* $2.50.

This revised edition of a work that has become a standard on child care is highly welcome. The implications of the book, as regards the grave responsibility of those who either as parents or teachers have the care and training of children, are summed up in the question, "How can we secure a better race? Upon the proper answer depends the future of civilization. The first and sure thing to do is this: *Concentrate on the child.*

Dr. Chapin weighs the claims of inheritance and environment, and gives the greater causative power to environment. Children of debased heredity can usually be set upon the straight path of life by controlled environment; while conversely children of good heredity can easily be ruined by the effects of their social environment. For instance, it was found upon investigation of 1,000 inmates of the New York Juvenile Asylum, committed there for petty

(*Turn to next page*)

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$1.00 postpaid

Don't delay writing for pamphlet.

Aedith Specialty Co., Box 137, Richmond, Va.

Books for Parents

(*Continued from page 73*)

crimes or neglect of parents, that while the children were almost invariably inferior both morally and physically to healthy children from good social environment, this inferiority was in the majority of cases only the results of neglect or improper nutrition. The really inferior child, that is, an inherently vicious, or an imbecile child, or a child who could not be much improved by better food and better hygienic surroundings, was a very rare exception.

These scientific findings are worth volumes of sermonizing, as regards the responsibility that faces the parent and teacher. *The child, after all, is for the most part what we adults make of it.*

Dr. Chapin decries the tendency of modern education toward "over-pressure and a hurried undertaking of many things. Education is not mere instruction. It is training for adjustment to the larger and brighter life of the race. In the case of children there is apt to be too much instruction and too little education. *The pressure that tries to induce extensive knowledge is in danger of lessening vitality* without giving corresponding power, success or happiness."

We wish that this paragraph could influence the whole structure of our educational system. Must this present system be shattered to bits, before we can remake it to our heart's desire?—*Reviewed by Stanwood Cobb, President, Progressive Education Association.*

The Progress of the Institute for the Co-ordination of Women's Interests, by Ethel Puffer Howes. $.25.

Six years after its organization the Institute for the Co-ordination of Women's Interests at Smith College gives an account of its brave adventure. The first college to consider woman in her new dual rôle of worker inside and outside of the home, it has not been joined by other colleges in this enterprise. Although classes in child guidance and homemaking are increasing in women's colleges, this is the only attempt within their walls to solve the problem of the woman, trained for a profession, who marries and wishes to keep on with her work. One of the projects of the Institute was a study of 213 Smith graduates who had married and yet did some kind of remunerative work. Only three, it was discovered, did all of their work away from home. As aids toward the solution of the problem of marriage and remunerative work Mrs. Howe suggests and has had careful studies made of co-operative kitchens where meals are prepared and delivered to the home; nursery schools, co-operative nurseries and a better management of the individual household. This little book is of far-reaching significance.

The Rebel Generation, by Jo Van Ammers-Kuller. *Dutton.* $2.50.

American parents of today's sons and daughters will be keenly interested in this book which has become a "best seller" in its native land. It is a three-generation story and pictures the revolt

Are You

or any of your friends

Expecting a Baby?

Dr. Frank Howard Richardson's latest book, charmingly illustrated, is just out. He is one of the Advisory Editors of and a frequent contributor to this magazine. You will find this book helpful, comforting, inspiring. Order a copy for yourself or send it to a friend who is expecting a baby.

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is an Invaluable Book

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C 6 B

of Dutch women from the time when the father dominated every household until the present day when the feminine side of the household has become amazingly powerful and the flapper is, apparently, as well known in Holland as she is in these United States. The book is first of all a novel filled with people who live in its pages, secondly it is a study of an evolution in parent-child relationships. It loses nothing by translation and is presented to American readers through a foreword by Hendrik Willem Van Loon.

The Child's Religion, by Pierre Bovet. Translated by George H. Green. *Dutton.* $2.00.

In an essay style which wanders rather delightfully, M. Bovet writes of how to teach a child Christianity.

Marriage in the Modern Manner, by Dr. Ira S. Wile and Mary Day Winn. *Century.* $2.00.

Marriage, according to those who are making a study of its problems, is hampered, clogged and blinded by outworn beliefs. It is on trial for its life in this complicated modern era. The authors of this practical, popularly written book, "Marriage in the Modern Manner," believe that by the application of social psychology to the specific phases of marriage many of its present confused tangles will be straightened out.

The volume begins with the modern reason for marriage. It then deals with the early efforts towards adjustment, the changes brought about by the coming of children, the struggle to preserve early illusions, the forces which tend to make or mar the success of wedded life. In developing the various steps from courtship to marriage and the building up of family life, problems of all sorts are discussed with clarity and concreteness; the need for sexual adjustments and compatibilities, the raising of sexual experience to the higher plane of sex communion, the necessity of more honest facing of financial problems and of living within one's income, the need of agreement on questions of child care and discipline, the value of health and a healthful attitude toward disease, the importance, before the glow of romantic love has faded, of developing some firmer and more lasting basis of affection.

Beginning with courtship and moving on to marriage, child bearing and rearing and the establishment of family life, Dr. Wile and Miss Winn have presented their mass of material with clarity and conciseness. The book is packed with practical conclusions, founded on sound psychiatric and psychological experience. Moreover it has a sympathetic tone and a touch of humor which makes it interesting reading for parents or just people. Not the least of its attractions is the fact that the reader feels there is not space within its covers for all the authors have to say on this ever interesting subject of marriage.

The Inferiority Feeling, by William S. Walsh, M. D. *Dutton.* $2.50.

Methods of curing children of that fatal handicap, a sense of inferiority, are discussed.

Now Comes This Amazing Story!

Foreign Missions Dramatized in
The Life of America's Pioneer Missionary—
ADONIRAM JUDSON

SPLENDOR OF GOD is not only the finest thing Mrs. Honoré Willsie Morrow has yet done: in its field it is, in my opinion, the most brilliant story ever written. Quite aside from its quality as fiction, it both humanizes and dramatizes foreign missions until it becomes an almost providential text book for the Christian Church. As I have read SPLENDOR OF GOD I have been moved to tears and challenged to action.

—Daniel A. Poling.

IN ALL the annals of the Christian Church in America there is no more dramatic, more moving figure than Adoniram Judson. His work in Burma blazed the trail down which, for a century, the missionaries of our faith have travelled into many lands for the glory of God and the extension of His Kingdom. He was the first American Missionary to set foot in the "accursed land" of Burma. Alone with his beautiful young wife, without funds, with only God's command for guidance and a rock-ribbed Christian faith for support, he dared every danger to plant the Christian Gospel of light in that shadowy land of pagan darkness.

"Go back to America!" cried a European official. "They will kill you! They will torture any convert you may make!"

SPLENDOR OF GOD

By Honoré Willsie Morrow, *Author of "With Malice Towards None" and "Forever Free"*

Honoré Willsie Morrow has written this vivid, biographical novel of the First American Foreign Missionary—a work which must rank high among the world's imperishable human documents.

Forbidden to preach their religion, forced to live next to the hideous execution grounds, their ears pierced by the screams of tortured victims, themselves constantly in danger of the same terrible fate—the young Pioneers of Christ still fought on. Loneliness, illness and imprisonment were their lot; and then, the crowning tragedy—the loss of their baby boy. "Oh let me die, let me die!" cried Ann Judson in the transports of her grief.

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This true life story of Adoniram Judson is destined to be one of the cherished possessions of the Christian Church. And this simple, gripping story must inevitably sound the clarion call that will revitalize the interest of America in her Foreign Missions.

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PYREX Nursing Bottles

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Upsets in baby's regime, due to breaking bottles, are prevented when Pyrex Nursing Bottles are used. Quick changes from refrigerator to hot water will not break them. A hot Pyrex bottle will not crack when held under the cold-water faucet.

Physicians suggested the design of this easily sterilized, boil-proof bottle:

6-sided—so that baby can hold it easily. The inside is rounded off broadly, making it very easy to clean.

Flat-bottomed—to stand firmly.

Ounces and half-ounces are plainly marked.

The two shapes that baby specialists approve—narrow neck and wide mouth—both in 8-ounce size.

Get enough Pyrex Nursing Bottles for a full day's feeding, from your druggist. They are made by the makers of Pyrex ovenware. Corning Glass Works, Corning, N. Y.

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Healthful, safe play for your children. Sturdy steel frame. Wood seats and base. Much stronger and safer than all wood construction. Two swings interchangeable with trapeze and rings. Ideal for yard or playroom. Satisfaction guaranteed or money refunded. If your local dealer cannot supply you, write to us direct. A photo, description and price delivered complete will be forwarded to you. Address Department C.

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21 years' manufacturing experience

Things *for* Children

Games, Handcraft and

Edited by the Playground and

Skyward, Ho!

Here is one of the 20,000 model airplanes which were built by boys and girls and entered in the second National Playground Tournament

IS your family air-minded? It's a fascinating thing to be, now that aviation history is in the making. Building and flying model airplanes will meet the growing desire of the younger generation for information on aeronautics. Many grown-ups, too, have found a hobby in model aircraft. So Dad and Mother probably will be active in the doings at the backyard airport.

Last summer more than 20,000 boys and girls built model planes in the National Playground Miniature Aircraft Tournament. This summer the P. R. A. A., who sponsor the third such tournament, expect to enlist many more contestants through community playgrounds. A special effort is being made to get girls to try their skill, and in this Amelia Earhart is influential as well as several national girls' organizations. "Many girls have a mechanical bent and would build splendid models," Miss Earhart says.

Small children can make the simple types of gliders. Reproducing famous planes by intricate scale models will challenge all the ingenuity of the young person of high-school age. Rubber bands, compressed air and rockets are some of the types of motive power used to propel the models. The record flight of the contest last year lasted twelve minutes, thirty seconds.

If your local Recreation Department is holding a model plane contest this summer, be sure your children are entered. This is a recreation that promotes observation, exactness, skill with the hands and good sportsmanship, as well as a knowledge of aviation.

Any boy or girl up to 21 years old may enter the contest which opened March 18 and closes October 19. It is not advisable, however, to join unless there is a local Playground and Recreation Association, since the models are handled by the local branches who send only the results of the contest to the national office in New York City.

If you would like a list of books and magazines dealing with model aircraft, and a list of the materials used for making the planes, with places where they may be secured, write the "Things to Do" editor, enclosing a two-cent stamp.

For Restless Travelers

This is the time of year when many children travel. The trip to the summer resort, or the journey to Grandma's sometimes take a whole day and children get weary of looking even at the most interesting scenery. When the trip lasts several days, Mother has a genuine problem in keeping the little folks happily diverted. The following suggestions will help to vary the routine

 All advertisements conform to standards on page 79.

to Do *and* to Make

Other Constructive Fun

Recreation Association of America

of the train, boat or automobile trip.

SURPRISES — Prepare beforehand a number of envelopes filled with different things. These are to be opened at stated times, marked on the envelopes. Some of the surprises may be—a game to play; a puzzle picture to put together; colored crayons and pictures to color. A pile of letters cut out and mounted on cardboard will keep the children occupied for quite a time. Each child takes a handful of letters and proceeds to make words, sentences or telegrams. Let the surprises come far enough apart so that the children may enjoy each one to the full.

WAYSIDE CRIBBAGE—The children sit on opposite sides of the car or train. Use a pencil and paper for recording. Every dog, pig, cow, sheep or goat that the child spies counts one; a cat counts ten; a horse, 100. The game is fun even for one child, who will like to see his score mount. Unusual kinds of birds and trees may be counted also. A bird flying will count more than a bird on a tree or telegraph wire.

DRAWING GAMES — Take along a package of typewriting paper and some pencils and colored crayons for scribbling and drawing. One idea is to pass out to each child a sheet of paper on which you have drawn some kind of a line in color. Then ask the children to make a picture, of which the line is a part.—*M. L. H., Dorchester, Mass.*

Souvenirs of Summer Days

Children should be discouraged from picking wild flowers indiscriminately. However, gathering an occasional specimen to preserve is an educational hobby which satisfies the child's natural instinct to collect. To press flowers, use a heavy cast-off book, cutting out leaves here and there so that the covers do not bulge when the specimens are in it. Arrange the flowers and ferns as prettily as possible between blotters and place in the book. They should, of course, be pressed before they wilt. After they have been pressed for a week, they may be removed and mounted in a scrap-book or on calendars or gift cards. Do not use too much paste in mounting. Some specimens will be beautiful enough to passe-partout under glass.

The child who spends his vacation at the seashore will find in the various kinds of seaweeds lovely specimens for mounting. Wash the seaweed. Place it in a bowl of water and slide a sheet of paper underneath so it may be seen clearly. Pick out the branches and arrange them artistically with a crochet hook. Lift out the sheet of paper and place it on a blotter, cover with a piece of white muslin, then another blotter, and put it under a weight for a week. The seaweed may be collected in a specimen book, or it may be mounted on souvenir cards or booklets with vacation photographs.—*J. F., Yamhill, Oregon.*

Handcrafts

POTATO PRINTING—Cut a potato in half lengthwise. With a sharp knife trace the desired picture, cutting away the parts that are to remain uncolored. Press this design on an ink pad, or on a flannel cloth or pad of felt saturated with ink or dye. Print the finished pattern on paper or cloth. The process is similar to linoleum or wood cut printing but children find it easier to work on the potatoes, which may be preserved for a short time in water. These "blocks" may also be cut from white soap.

CLAY MODELING—Figures, pictures in relief, or pottery may be fashioned from ordinary red or yellow clay. Wet the clay to a consistency that will adhere easily, mold into the desired shape and leave in the sun to dry. A Pueblo Indian village or a landscape with mountains and streams may be modeled in this way. Adding twigs and bits of flowers and grasses will enhance the scene and make the finished product realistic.

Lively Outdoor Games

HORSES AND RIDERS—This game has a "cowboy" flavor that will appeal to boys. Any even number may play. Two groups of equal size are formed, one being known as the horses, the other as the riders. A limit is set to the territory over which the horses shall range. The riders drive the horses out into the range and then face about, or shut their eyes for a short time, giving the horses a chance to hide. Then the round-up begins, each rider bringing back to the goal as many horses as he can tag. A time limit is set for the round-up. If half or more of the horses have been driven back by the riders, the latter win the game and become the horses for the next round. If the riders do not succeed in capturing at least half the horses, they must take another turn.—*A. C. H., York, Pa.*

CHAIN TAG—This is a good game for a group of five or more. One player is "it." He tags another player, who then joins hands with him. "It" and this player are the "end men." As they tag others they join hands with them. Those tagged, however, must always take their position between the "end men," who are the only ones who may do the tagging. The last one caught wins. This game becomes very hilarious when a long line of players are running hand in hand.

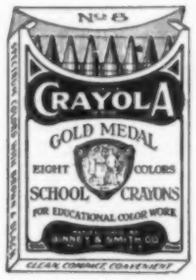
Whose Birthday

Comes in June?

What a glorious month for a birthday party . . . roses and lovely balmy afternoons . . . daylight till almost eight o'clock . . .

But who is going to plan the party . . . and who does all the extra work . . . invitations, place cards, decorations, and such? Mother? Well, yes, but Mother needs help. A CRAYOLA Party is the solution . . . for then even the youngest can help Mother plan the party and get ready for it . . . and love to do it! Besides, the party fun really starts a week in advance when you make CRAYOLA decorations and invitations.

The CRAYOLA party booklet . . . send 20¢ with the coupon below . . . *Seasonal Suggestions for Children's Parties* . . . offers plans for ten parties, including games, decorations, invitations, and place cards. Truly a wealth of information for a party-giving Mother. Send for your copy today.



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HEAT BABY'S FOOD QUICKLY . . . ANYWHERE!

ONLY 10¢ *for this special portable stove!*

HERE'S a new way to warm baby's bottle without even getting out of bed. No more chilly trips downstairs. Just set the little Sterno Stove, a warming pan and the bottle on a handy table ready for instant use at any time. No gas or electricity needed. Heat is supplied by Sterno Canned Heat—the safety fuel—burns solid—no smoke, sparks or cinders.

Sterno folding portable stove is just the thing for trips and picnics, too. It boils, broils, heats, fries. Cooks delicious dishes. Makes savory coffee—tempting toast. Heats curling irons, flat irons and has hundreds of other uses.

Local dealers sell Sterno Bottle Warmer and full line of Sterno Cooking Utensils. Send 10c today for special Sterno Cook Stove and new Sterno Cook Book. Sterno Corp. (Est. 1887) Dept. CH-6, 9 E. 37th Street, New York City.

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Gentlemen: I enclose 10¢ for Special Sterno Stove and new Cook Book.

STERNO CANNED HEAT

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Dhan Gopal Mukerji, winner of the Newbery Medal for 1928, has just finished a glorious book called HINDU FABLES FOR LITTLE CHILDREN. It is full of fascinating pictures by Kurt Wiese, who has made such a hit with his illustrations. The stories are ones he heard during his childhood in India, "sort of quaint and funny," as Winnie-the-Pooh might say. $2.50

Filled with picturesque adventure and action is Agnes B. Chowen's book, LIVING WILD. An adventurous story of the children of the pioneers who settled in Montana, it is made exciting by the dozens of dangers that they encountered. Indians — Sitting Bull — thousands and thousands of buffalo—gold—a thrilling book for any child. $2.50

Published by E. P. Dutton & Co., Inc., 286-302 Fourth Ave., N. Y. C. Publishers of the Milne Books. Two of the three Newbery Medals have been awarded Dutton Books in the past three years.

Pointers for Parents

Practical Suggestions Submitted by Readers

A BOWL OF GOLD FISH placed in a sick room always pleases the small patient when his head is just too heavy to raise for any other amusement.—*M. Z., Kansas City, Mo.*

Quick Trimming

I FIND THAT APPLIQUÉ designs cut from bright-colored chintzes and cretonnes are a very serviceable trimming for children's overalls, suits or dresses. Such decoration has two advantages. It is more quickly done than embroidery, and gives a better effect. For children you will find it is worth while to use a special chintz, and to silhouette a complete picture from it and appliqué it to the front of the dress or overall. Generally the picture is large enough to decorate the front, and the overall then needs no further trimming.—*B. E. P., Sydney, Australia.*

An Ounce of Prevention

OCCASIONALLY WE take our five-year-old girl with us when dining out. At such times I always carry along a small amount of modeling clay, and this has never failed to keep her entertained and quiet while the grown-ups are busy visiting with each other.—*Mrs. N. R. G., Prescott, Arizona.*

Cover Up the Picnic

ANYONE WHO HAS TRIED to keep a cloth or piece of paper over the top of a picnic basket will appreciate this tie-on cover. Use a piece of linen or unbleached muslin measured to fit your basket. Cut the corners rounding, the shape of basket with a half circle out of each side where the handles come. Stitch green bias binding around the half circles first, stitching it flat on the right side of cover. Then sew it around the remaining edges in the same way. Appliqué a design of fruit or flowers in the center, using bright ginghams, checked or plain. Finish around design and edge of binding with blanket stitch in black. Run white tape through the binding to draw and tie to handles of basket.—*R. E. S., Kansas City, Mo.*

Camouflage

A DIAPER BAG is not always an attractive piece of luggage. I solved this problem by making a plain baby pillow case of white muslin, opening it on one side instead of the end. On this side I left a good flap to be tucked in. This made it look like a large cloth envelope. Inside of this I slipped a rubber sheeting envelope made exactly as above but slightly smaller. Then I folded clean diapers and tucked these neatly between the rubber sheeting envelope and the muslin envelope. The soiled diapers were folded the best I could and laid inside the rubber sheeting envelope. Several dainty washable pillow covers, matching the baby's carriage-robe, were made for this. These snapped close on the side. This was very convenient and never suggested diapers.—*Mrs. J. W. N., Sidney, Nebraska.*

More Time to Read

A YOUNG MOTHER who likes to read finds that she has little or no time for books after the baby comes. The following plan has met this situation successfully for me. I have been fortunate, in that my babies have been breast-fed babies. Their feeding periods have come every three or four hours and the physicians advise the time limit from ten to twenty minutes. I always keep a magazine or book near the baby's play pen or near the chair in which I sit during the feeding time. While the baby nurses, I read. This gives me over an hour of reading each day which I would not otherwise get, that is, if the baby averages fifteen minutes for feeding. When I read during this time, I am relaxed and less apt to hasten or shorten the feeding period. This is good for mother and baby. This plan has allowed me sufficient time to keep up with current events and has added a book or two to my reading list.—*Mrs. R. W. B., Atlanta, Ga.*

A. B. C. Book

WHEN CHILDREN ARE confined indoors on account of bad weather or perhaps illness, making an "A. B. C. Book" will keep them amused.

The book may be made of wrapping paper, or cloth such as muslin or cambric. The pages should be large, about 18 x 12 inches, and there should be twenty-six of them, one for each letter of the alphabet. Tie the pages together with colored cord or ribbon. In old newspapers and magazines hunt for large letters, and paste one at the top of each page, going through the alphabet. For the title of the book, paste on the cover three very large letters, A, B and C.

Then begins a fascinating search through the advertisements for pictures of things which begin with each letter. An airplane, an alligator, an aster and an apple may be found, all of which are pasted on the A page. On the B page might be pasted a baby, a bus, a ball, etc. Each picture should be studied closely and its place determined before it is cut out, pasted in the book and labeled.—*Mrs. R. T., San Francisco.*

The Trailside Museum

(Continued from page 32)

where a considerable amount of information is obviously desired. It may be large or small, formal or rustic, as conditions may dictate, and its equipment consist only of what will aid in explaining the story or stories that can be told at a particular spot, or in a particular neighborhood. Although a building, it is to all intents and purposes a comprehensive label, an agency of instruction.

The new museum at Yosemite is a rather elaborate example of such a teaching agency. During the past season more than 270,000 visitors here received the information that would enable them to understand just how Yosemite Valley had been formed; the reason for the domes, the significance of the numerous waterfalls, the origin of the lakes, the distribution of animal life, the forest zones, the primitive inhabitants, and the story of the advent of and occupation by the white man. If the construction of this building had been delayed one year 270,000 people would have missed this profitable educational experience. At the present writing a small trailside museum is approaching completion at the rim of the Grand Canyon in Arizona. Telescopes rigidly fixed on the parapet carry the vision to points of geological interest in the Canyon miles away, and models, specimens, photographs and reading matter will enable the visitor to interpret the story of earth formation in a dramatic way more impressive than can be presented at any other known place.

At Bear Mountain, the playground of the people of New York City, and a place rich in scenic, scientific, and historic features, a trailside museum is so located in the woodland that it is actually pierced by a "nature trail." The trail winds through the woods, across fields, and near a multitude of natural objects, all attractively labeled, and giving to those who desire it an intimate first-hand acquaintance with the plants, shrubs, trees, animal life, geology, history, and even the literature of the country, that otherwise would have been impossible. Twenty-three thousand people received instruction on this trail during the late summer of 1927.

FUNDS are now available for outdoor instruction in Yellowstone National Park. The problem of adequately labeling the incomparable exhibits that are here displayed is one that will tax the combined skill of museum men, educators, and park officials. It is probable, however, that each outstanding feature of the park will have its own little trailside museum. Experience has shown that the visitor at Old Faithful is eager for information about geysers, and quite indifferent to big game. At Camp Roosevelt, on the other hand, his interests center around buffalo, bears, beaver and antelope. Places of particular scenic, geologic, or other special interest are to be provided with "shrines" where well-prepared descriptive material will invite the motorist to

(Turn to next page)

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Instead of having a relatively small analyzing and testing laboratory of our own, we use, whenever necessary, the facilities of Teachers' College, Columbia University, and what we believe to be the most reliable commercial laboratory in this city.

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Announcing the Program on Child Training for the Season of 1929-30

To groups who have been following the Program on Child Training in Children, The Parents Magazine, and to others who are interested in this constructive course of study, we will send copies of the new Program on Child Training, which forecasts the subjects for discussion for the next club year, beginning September, 1929 to June, 1930.

The Programs are attractively printed, and provide space on the back page where leaders may imprint the names of local officers and the time and place of the meetings.

Copies of the programs are available in any quantity and we will send them FREE to groups interested in child care and training.

Just mail the coupon below

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G629

The Trailside Museum

(*Continued from page 79*)

tarry and thus render profitable what might otherwise be an aimless excursion.

What has been said above is entirely misleading if it implies that a considerable expenditure of money is necessary for outdoor education. In a nearby village, attached to the overhanging branch of a white pine, is a common shipping tag. It is within easy reaching distance, and as soon as attached by the Department of Forestry was promptly examined and read by practically every passer-by. It said that the tree was infected with "Pine Tree Blister." It indicated the diseased part, it told how the disease was caused, its damaging effects, and how it might be prevented. The label and the tree constituted a miniature trailside museum. True, there was only one specimen in this museum, and only one label, but the basic idea was there: the giving of information at a time and at a place and on an occasion when something worth knowing could be told to a person worth instructing.

ONE intelligent person in a community, working practically without funds, can plan, construct, and operate an outdoor museum that will bring many visitors into intelligent contact with the objects and phenomena of the neighborhood, and will have a value far greater than an institution filled with unfamiliar objects from foreign lands. Where is the farmer who knows the name, much less the life history of the commonest weeds? What are the common trees, and what are they used for? How widely are they distributed? What is their method of propagation? How rapidly do they grow? What is the latitude and longitude of any particular locality, and how determined? What is the life history of various insect pests? Why not give instruction about molds, blights, mildews, and so forth, not stilted scientific stuff, but information clear and simple that any human being can understand.

Would it not be a good plan to post in some appropriate place a historical review of the founding of a town or village, and events in its history and the commendable deeds of its inhabitants? The story of a wood-chopper may be more entertaining than that of a woodpecker. Science is not necessarily confined to dumb animals, the lower forms of animal life, or dead things in general. It is concerned also with human activities.

The remark is often made that certain instruction is "good for children," but anything that is good for children by way of instruction is equally good for adults, and an adult will absorb information as eagerly as a child if it can be so planned that he is not likely to be caught in the act. A man generally *wants* to know, but he is often afraid to seek information because his wife, or his children, will thereby discover his ignorance. He has an inferiority complex, which the trailside museum can help him to overcome.

These up-to-date mothers of Collinsville, Okla., tell us that this magazine gives them constant help with the care and training of their children

For Your Next Meeting

A Program for Discussion by Your Parent-Teacher Association, Mothers' Club or Child Study Group

Prepared by the Child Study Association of America

THE following outline for study is based on the article, "The Common Sense of Sex Education," by Lawson G. Lowrey, in this issue.

How to Use This Program

Appoint a leader who will first read aloud the article on page 19. The leader should then present for discussion the various questions given below. She will next request various members of the group to take up, one by one, the Problems for Discussion. At the close of the meeting it will be found helpful for the leader to read the summary of the main points made in the article. In advance of the meeting, the various book and pamphlet references should be assigned to members of the group who will report on them at the meeting.

Ask your public library to co-operate with you in providing the books or pamphlets listed for your reading.

Questions

(1) Are there any children who are not naturally sex conscious?

(2) Is the fact that some children ask no sex questions proof that they have no interest in the subject?

(3) Ought the parent to arouse his child's interest in sex instruction if none seems to be present?

(4) Who should answer the child's questions?

(5) If a child's sex curiosity seems unreasonably great, does he need more instruction or has he had too much?

Points to Keep in Mind

(1) All children are entitled to sex education even though (a) they show no apparent interest in the subject; (b) their parents feel themselves inadequately prepared to give such instruction; (c) the parents are emotionally disturbed by the whole subject.

(2) In many neighborhoods, even though the children are carefully brought up, it sometimes happens that "sex play" occurs.

(3) Children often conceal their curiosity and their activity from their parents, sensing their disapproval.

(4) Some parents are too eager to find sex implications in whatever curiosity the child displays.

(5) One can give a child too much sex information at a given time.

(6) The parents' insistence (a) may arouse the child's resistance; (b) may stimulate the child's curiosity to a morbid degree.

(7) The parent's real attitude toward sex questions and problems will be conveyed to the child by the parent's manner even more surely than by his words.

Problems for Discussion

(1) What special types of preparation are needed for answering children's sex questions? Is it necessary to have a working knowledge of biology and similar subjects?

(2) Four-year-old Mary was playing in the garden with her two little next-door neighbors. The three children were discovered by their respective parents dancing about with all their clothing off. Mary's mother punished her severely and forbade her playing with the other children. The other mother did not punish her children. What would you have done and why?

(3) Six-year-old Joan has never asked any of the usual questions regarding babies which (*Turn to next page*)

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When you send in this coupon will you also send the ballot on page 79 of this issue?

For Your Next Meeting

(*Continued from page* 81)

her mother had been led to believe were asked by all children. The mother is puzzled as to whether she ought to take the initiative or to wait until the child broaches the subject.

(4) Mrs. Smith was the only child of rather strict, conventional parents who laid great emphasis on modesty and reticence. She has never been able to overcome her embarrassment in mentioning any sex topic to her children, though she is conscious of the need for this. Should she ask someone else to give this instruction for her?

(5) Whenever the Jones family is together the conversation seems to develop along sex lines. Can one overdo this? Is there not a likelihood that the children will become unnecessarily sex-conscious through the parents' excessive interest?

(6) Five-year-old Billy had been given sensible and adequate sex instruction at home. He is a very sociable and communicative child and shares his knowledge and experience with his playmates. The mothers of some of his playmates object to the sex instruction which Billy passes on to his friends. What should be their attitude and what should be the attitude of Billy's parents?

A list of recommended books and pamphlets on the subject of sex education appears on page 51 of this issue.

Statement of Ownership and Management of

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(*Signed*) George J. Hecht, *President*

Sworn to and subscribed before me this first day of October, 1928.

Arthur B. Kuehnow, Notary Public.

(Seal) (My commission expires March 30, 1930)

Ready for a Drink?

"You're welcome. And it's the finest water in the world. I've been drinking it for 50 years."

CLEAR, cold water from an old-fashioned well looks mighty tempting on a hot day. One might naturally think that if the owner of the well drinks the water it must be pure. But the fact that he has drunk the water without apparent harm does not prove that the water is pure. Science has discovered that a few individuals have been able to drink water more or less polluted with typhoid germs without contracting typhoid fever. But it is never safe for anyone to take immunity for granted.

Typhoid fever is a filth disease. It usually kills one out of every ten persons who have it. Until authorities responsible for the purity of drinking water, milk and other foods in cities and towns learned how to guard against typhoid, outbreaks of this disease scourged the country year after year.

There were no great typhoid scourges last year in the United States, yet approximately 65,000 persons were stricken needlessly with typhoid fever and 6,500 died.

Those who recover from typhoid fever are left in such physical condition that for about three years afterward the deathrate of such persons is twice the normal rate for the same ages.

Wherever cities protect their supply of drinking water from sewage or purify their water by chlorination the deathrate from typhoid drops. A marked reduction also takes place in communities where milk and food supplies are carefully protected and food handlers thoroughly inspected. But until this protection is general in cities, towns and villages and in country districts as well, typhoid inoculation is vitally necessary.

Why risk typhoid fever when it can be prevented?

The story of inoculation which prevents typhoid fever is a brilliant page in the history of the many triumphs of science over disease.

During the Spanish-American War 281,000 of our men went into service. *One out of every twelve contracted typhoid.* In the World War there were 4,000,000 American soldiers, nearly all inoculated against typhoid. Although many of them were sent to typhoid-infected areas, only *one out of every 3,700 had typhoid.*

While typhoid fever frequently comes from drinking polluted water, it also comes from infected milk and various other contaminated foods, and from unsuspected "typhoid-carriers"—a few individuals who have recovered from the disease but who continue to carry the germs. When typhoid-carriers are employed as helpers in households, hotels or restaurants there is great danger that they will cause infection among those they serve.

Inoculations against typhoid fever are simple and leave no scar. They protect from two to five years. Why take chances? Be prepared for your motor, camping and hiking trips this year. Go to your doctor for the protection he can give.

Inoculation against typhoid is not the same as inoculation which prevents diphtheria or vaccination against smallpox. All three are necessary health protections at home and especially when traveling. The Metropolitan will be glad to mail, without cost, its booklet, "The Conquest of Typhoid Fever," to anyone who requests it. Address Booklet Department, 69-Y, Metropolitan Life Insurance Company, New York.

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